

## Thursday, February 23, 2023 Thursday After Ash Wednesday



## Good morning!

We celebrate Saint Polycarp. Our readings come from Deuteronomy 30:15-20, Psalm 1, and Luke 9:22-25. "Choose life." The Lord said, "I have set before you life and death, the blessing and the curse." Jesus reminds us, "If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me." When we make choices, do we stop and think of the consequences our choices will have? Does it bring life or death to a situation? Do we choose to leave behind the cross because it is too much of a challenge? Our Lenten journey opens for us many opportunities. Pray for discernment to make the choice that brings life.

Peace,

RevKev

"Blessed are they who hope in the Lord."

http://www.bible.usccb.org/