



**Monday, June 8, 2020:  
Monday of the Tenth Week  
in Ordinary Time**



Catholic Church

215 South 8th Street  
Minneapolis, MN 55402

Good Morning!

Today we read from **1 Kings 17:1-6**, **Psalm 121** and **Matthew 5:1-12**. Our psalm today reads, "I lift my eyes towards the mountains; whence shall help come to me? My help is from the Lord, who made heaven and earth." When we look to God for help we realize how blessed we are. When we follow where God leads, we realize how taken care of we are. When we live the beatitudes or at least a few of them, we realize how grace-filled our world can be. Ponder on **Psalm 121** today and know how blessed and protected you are.

Peace,

RevKev

<http://www.usccb.org/>"Our help is from the Lord, who made heaven and earth."