



Catholic Church

215 South 8th Street  
Minneapolis, MN 55402

**Thursday, July 20, 2023**  
**Thursday of the Fifteenth**  
**Week in Ordinary Time**



*Good morning!*

We celebrate Saint Apollinaris. We read Exodus 3:13-20, Psalm 105, and Matthew 11:28-30. We get a view of God today who is compassionate and gentle. Moses talks to God in the burning bush and feels so secure with him that he even asks, "What is your name?" God answers, "I am who am." Moses is really trying to know which god he is speaking with and if God has the strength to do what is being said. God's compassionate ear has heard the cry of the people. Jesus comes to us to show us God's compassion and gentleness. Today's gospel passage is a great one, "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light." In God's compassion and gentleness, we find Jesus helping us by yoking with us and helping us carry our loads. In Jesus we find rest. It does not mean that Jesus tells us to sit and he will do the rest, no, we keep living and Jesus helps carry our load which gives us more time to relax and not stress so much. Jesus has our needs in mind. Find rest today for yourself! What a great gift!

*Peace,*

*RevKev*

*"The Lord remembers his covenant forever."*

**<http://www.bible.usccb.org/>**