

**Wednesday, July 26, 2023**  
**Wednesday of the Sixteenth**  
**Week in Ordinary Time**



*Good morning!*

We celebrate Saint Joachim and Saint Anne. We read Exodus 16:1-5, 9-15, Psalm 78, and Matthew 13:1-9. It is hard to imagine what the Israelites were experiencing, the vast number of them, and what they were carrying with them. Did they know how long it would take to get to the promised land? We are impatient when there is traffic, delays, and hunger on our journeys. The Lord heard the grumbling of the children of Israel. The Lord provided, but for how long will they be happy? Jesus spoke to the people at length in parables. Jesus spoke the parable of the sower. How is the word of God sowed in your life? How much do you take in? How much fruit is produced in your life? No matter how impatient we get with God, with others, or with ourselves, God is always near to provide. God's word is in our lives and when we take the time to sit quietly with the Lord, we find the word has taken hold of us and we see the fruit that is produced by words and actions that come from us and from others. May we remain with fertile soil that soaks in what God provides and not become hardened or shallow allowing the gift to escape us.

*Peace,*

*RevKev*

*"The Lord gave them bread from heaven."*

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