



**Thursday, July 16, 2020:
Thursday of the Fifteenth Week
in Ordinary Time**



Catholic Church

215 South 8th Street
Minneapolis, MN 55402

Good Morning!

Today we celebrate Our Lady of Mount Carmel.. Our readings come from Isaiah 26:7-9, 12, 16-19, Psalm 102 and Matthew 11:28-30. "Come to me, all you who labor and are burdened, and I will give you rest." Today we have a direct invitation from Jesus to rest in him. We are invited to lay aside our burdens, pains, difficulties and worries for the moment and find rest in Jesus. You have permission today to do so. Isaiah speaks of how hard the inhabitants of the world have tried to bring forth salvation but have been unable to achieve it. We know salvation comes from God and with God we learn justice. May we give ourselves permission today to relax and find the rest we need in Jesus. "Take my yoke upon you and learn from me, for I am meek and humble of heart and you will find rest for yourselves."

Peace,

RevKev

<http://www.usccb.org/>"From heaven the Lord looks down on the earth.."