



New Life For Youth Application

Thank you for your interest in New Life For Youth. Our program is designed to help those who are struggling with life-controlling issues and desire a Christian, faith-based approach to recovery.

To complete the admissions process you must:

Carefully review all of the information in this packet to determine if our program is right for you. If not, please contact our admissions office to request a referral list of other programs.

Complete the attached application (please print legibly) and fax or mail it to the appropriate location. If you receive assistance in completing this application, or want us to communicate with someone else regarding your application, be sure to complete the attached "Release of Confidential Information" form.

New Life For Youth – Men’s Ranch

Attention: Admissions Department
1500 Log Cabin Road
Beaverdam, VA 23015
Phone: (804) 448-2750
Fax: (804) 448-2771
Email: mensintake@newlifeforyouth.com

The Mercy House - Home for Women

Attention: Admissions Department
2320 Broad Rock Blvd.
Richmond, VA 23224
Phone: (804) 230-4485
Fax: (804) 230-6320
Email: womensintake@newlifeforyouth.com

Upon receipt of your application, an admissions representative will contact you and begin processing your application. The length of the application process can range from a couple of days to two weeks. In processing applications a number of things are taken into consideration, including: mental health, medical conditions, past and present legal status, funding eligibility, and level of care required.

NLFY is a voluntary program. It is important that your contact information is current. If you submit an application and relocate, please be sure to provide our Admissions Department with your current contact information.

Important Applicant Information:

Applicants will not be admitted without photo identification and social security card. If you do not possess these items at the time of application, please begin the process to receive them before admittance.

If needed, applicants must go through detoxification prior to entry.

Applicants are strongly encouraged to enter the program with at least a 30-day supply of all current prescribed medications (with the exclusion of prescribed narcotics, which are prohibited in the program).



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Out-of-state applicants will need to provide a \$200 return-travel deposit upon intake.

A physical examination is required prior to admissions. The student will be responsible for the cost of the physical exam. Test for HIV, STD's, Tuberculosis, Hepatitis and pregnancy (for female students) are required as part of the physical exam.

Thank you again for your interest in our program. We look forward to the opportunity to help you in your recovery from drug and alcohol addiction.

****Upon Returning This Application****

Application must be submitted with a \$25.00 non-refundable application fee. **Application will not be processed without this fee**

Are You A Candidate?

Due to the family nature of our program we do not take students who are registered sexual offenders, have been convicted of violent crimes or have pending sexual or violent crime cases.

Intake Process Checklist:

- Read Program Policies and General Information
- Complete and Sign Application for Entry
- Complete Sponsorship form
- Complete background check application
- Mail or fax completed Application and all accompanying documents to Intake Facility
- Call to set up intake interview
- Have physician complete medical examination form
- Return medical examination form and call Intake Facility
- Provide documentation of pending court cases
- Provide documentation of current medication
Please note: If you are taking any psychotropic medications at this time, please indicate how long you have been taking them and, prior to coming into the program, provide a note from your doctor approving your discontinuation of them. You cannot take psychotropic medication in this program.
- Provide documentation from your Probation, Parole or Pre-Trial officer approving of your entry into the New Life For Youth program including permission to leave state if applicable.
- Provide \$25 non-refundable application fee



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Program Policies & General Information

(Please keep for your records)

The New Life For Youth Program is a Christian residential recovery program. It consists of at least 12 months of instruction using a spiritual education model. The program assists individuals in permanently recovering from drug and alcohol abuse and the life-controlling problems associated with it.

NLFY does not discriminate on the basis of race, color, creed, religion, sex, national and ethnic origin, marital status, public assistance, sexual orientation, family status, or disability in the administration of its educational, admission, or program policies procedures.

Applicants must be committed to complete the entire program to be eligible for admission. Program participants (students) are required to participate in daily devotions, chapel, individual mentoring, choir and classes. Daily assignments are a program requirement. Students who do not keep up with their daily assignments and those who fail to demonstrate satisfactory growth may be required to remain in the program beyond the 12 month period in order to graduate.

Each Student will have access to our "Student Manual" which covers the policies of the program. NLFY reserves the right to make changes in policy whenever necessary. When a change in policy occurs, students and staff will be notified and the "Student Manual" will be updated to reflect the change. The following are a few basic requirements/guidelines all NLFY students are expected to adhere to while in the program. This guide is not a complete list of rules, but will serve as a general example of what will be expected.



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Appearance & Dress Code

Good personal hygiene and a neat appearance must be maintained.

Students may not wear jewelry in any body piercing, with the exception of earrings for female students only.

Hairstyles that bring unusual attention are not allowed. Hair color must be of a normal color.

Dress requirements for students include, but are not limited to, three main categories:

- **Classdress:**

- Males: collared shirts (no t-shirts), casual slacks, dress jeans or shorts.

- Females: shirts, blouses, casual slacks, skirts, dresses, dress jeans or knee length shorts (tank tops may be worn with a shirt over it.) No tight, unstructured or torn clothing. Skirts and dresses must be knee length.

- **Church dress:**

- Males: collared shirts, neckties, dress slacks

- Females: dresses, skirts-must be knee length and not tight, revealing or torn

- **Casual/Work dress:**

- Males: t-shirts, sweatshirts, jeans, khaki pants, shorts in appropriate season

- Females: t-shirts, sweatshirts, sweaters, loose fitting jeans or khaki pants, knee length shorts in appropriate season.

- (Dress requirements and appropriateness are at the discretion of NLFY staff and should reflect a positive and professional manner at all times)

Approved Personal Belongings

The following is a list of items students should bring. If they don't have them and don't have the means to purchase them, many items may be provided at no cost. **Due to space limitations students may only bring two suitcases worth of belongings.*

- Clothing: *See dress code.* Winter/rain/light jacket, gloves, underwear, socks, etc.
- Toiletries: soap, comb, toothbrush/toothpaste, shampoo, deodorant, razor/shaving cream, blow dryer.
- Females: makeup, sanitary items, etc.
- Linens: blanket, pillow/cases, twin sheets, towel/washcloth.
- Medications: 30 day supply of all prescription medications (excluding prescribed narcotics), non-prescription medications
- Stamps, envelopes
- School supplies: pens, pencils, notebooks, paper
- Bible, Bible dictionary, Bible almanac, daily devotionals
- Up to two under bed storage bins no more than 10 in. tall and 2 ft. wide
- Clothing hamper with lid
- Hard candy (no other food items are permitted)



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Prohibited Personal Belongings

Below is a list of items students may not bring. If these items are found in their belongings, they will be immediately disposed of or mailed home at the student's expense.

- Expensive jewelry/clothing or other valuable items
- Musical instruments
- Items of sentimental value
- Drugs/Paraphernalia, Alcohol, or Tobacco
- Electronics: Television, Laptops, IPOD, MP3, Boom Box, Clock Radio, and Cell Phones
- Weapons of any kind
- Cut-off Shorts or Mini Skirts
- Personal vehicles
- Literature including Books, Magazines, and Newspapers that are not of a Christian nature

Employment/Work Study

Due to the nature and schedule of our program, students may not be actively employed at any time during their recovery.

- Students are required to participate in work-study assignments. All students will be required to participate in general housekeeping and clean-up assignments.
- Students voluntarily participate in other work-study assignments that will allow them to learn or refine skills.

Daily Schedule

Students are required to participate in all daily scheduled programming and activities, with the exception of optional recreational activities. Typical weekday at NLFY would include devotions, chapel, classroom education, and group/individual mentoring. Church attendance is mandatory during the program and internship.



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Mail/Visitation

- At various phases in the program you may apply to the Program Director for on-site visits, as well as passes off the New Life For Youth property.
- Length of passes: 8-hours in the 3rd month; 72-hours at 6 and 9 months.
- The Program Director has the final say on your requests. These privileges are dependent upon what phase you are in, your general progress and attitude in the program.
- Upon returning from off-site passes, you may be required to take a urinalysis test if deemed necessary by the Program Director.
- Correspondence will be limited to those who have been approved. Mail from those who have not been approved will be returned to the sender.
- At the discretion of NLFY directors, students may temporarily lose phone, mail, or visitor privileges as disciplinary action for rule infractions.

Medical/Dental Care & Prescription Medications

- Students are responsible for all of their health care expenses.
- Students are required to obtain a summary of each medical and dental visit prior to leaving the place of treatment and must provide the information to their staff immediately upon return to NLFY.
- Students should bring enough prescription medication to last at least **30 days**, and bring it in their original containers bearing appropriate labels.
- Students are strongly encouraged to take prescription medication exactly the way their doctor prescribes it. If subsequent medical treatment or behavioral issues arise as a result of a refusal to take prescribed medications, the student may be discharged from the program.
- Resident students are not permitted to take narcotics and certain other medications. Please see the Prohibited Medications document in this packet.

Possession/Use of Drugs, Alcohol, & Tobacco

- Possession and/or use of drugs, alcohol, and tobacco are prohibited while enrolled in our program.
- Drug and/or alcohol tests may be administered to students at any time without prior notice. Students who test positive for drugs and/or alcohol use while in our program will face disciplinary action and possible discharge from NLFY.
- Students, their rooms, and their personal property may be searched at any time without prior notice or approval.



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Program Outline

1.0 - INTRODUCTION AND OVERVIEW

New Life For Youth is a successful program, with an excellent track record of over four decades. We provide Bible-based training and instruction, structure, and discipleship, along with 24-hour supervision. At New Life For Youth, you will encounter the power of God dynamically as your life is being changed.

In the forty years that NLFY has been operating, we have learned some principles that may seem “challenging” at first, but in time will be seen as essential for your growth and change. You will experience an atmosphere charged with prayer and exposed to some of the finest Christian teaching available. But it will be YOU who will make the choices. Remember... we are interested in the development of character and change so you will walk away strong and free.

You will be encouraged to do your best in all things. You need to know that no matter what you have done in the past, God loves you and is able to change you and start you on the road to a new life!

This manual will introduce you to the New Life For Youth Program. Although this organization is called New Life For Youth, we accept individuals 18 years and older.

This program is not a jail, an institution, or a government agency. We are a Biblical mentorship and discipleship program. Though we may be strict, we know from experience that if you are going to succeed in life, you need structure and discipline. Therefore, remember that the rules are set up to help you concentrate on getting your life together, with the help of God.

1.1 - HISTORY OF NEW LIFE FOR YOUTH

Victor and Carmen Torres founded New Life For Youth in their own home over forty years ago.

It has since developed into a total family ministry including residential facilities for men and women, re-entry homes, and community outreaches of all types.

The Torres' now serve as Senior Pastors at our church, New Life Outreach International in Richmond, Virginia.



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1.2 - MISSION STATEMENT

- Provide community-based drug education, prevention, and restoration programs.
- Create a framework that challenges people to reach their fullest potential, spiritually, socially, educationally, and occupationally.
- Develop and nurture the transformation of restored individuals into useful, productive, law-abiding citizens; committed to Christian faith, values, and living.

1.3 - COSTS

There is a non-refundable induction fee of \$750.00 to be paid by the student before entering into the program; however, this organization is largely dependent on the free-will offerings of concerned individuals in the community to meet daily costs. Your financial responsibility is determined by a sliding scale based on income. Scholarships may be available to those who are deemed indigent and have absolutely no other means of financial support.

Monthly sponsors also help to contribute to the costs of the program. The sponsors can be parents, relatives, churches, or friends. We strongly encourage all students to raise monthly support to help cover the costs of the daily living expenses incurred while in the program.

Other daily operational expenses are raised through newsletters, church meetings, and a variety of other projects, such as community outreaches or yard sales. These help to pay for your stay here.

New Life for Youth is a registered charity. The ministry subscribes to strict fiscal standards of operation. A Board of Directors and the Executive Director govern New Life For Youth's overall operations and the Program Director and support staff manage the daily operations.

1.4 - WHO THE PROGRAM IS FOR

The program is available to individuals 18 years of age and older who have a sincere desire to seek answers to the difficulties that they are experiencing in dealing with life's problems, including, but not limited to, drug and alcohol abuse.

Applicants must be genuinely serious about changing their lives, and willing to voluntarily submit themselves to a disciplined 12-month residential program. You must be willing to consider biblical solutions, be teachable, and have no severe disabilities that would prevent you from participating in this active and challenging program.



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1.5 - HOW TO APPLY TO THE PROGRAM

There are three types of interview options in the application process:

A. ON-SITE INTERVIEW

If you live within a 2-hour driving radius of the center, you may make an appointment to apply in person. Interviews are held on Mondays between 1pm and 4pm. When you come in for an interview, you will be required to read our manual and fill out the application, if you haven't done so already. You will then need to submit the completed Medical Examination form and verify that all blood work has been done. Once all these steps are completed you will then be up for consideration into the program.

B. BY MAIL, E-MAIL, OR FAX

If you live outside a 2-hour driving radius of the center, read this manual thoroughly, fill out the application and send it back to us. Once we receive your application and review it, we will then call you to arrange a time for a telephone interview. After that you will need to submit the completed Medical Examination form and verify that all blood work has been done. Once all these steps are completed you will then be up for consideration into the program.

C. CURRENTLY INCARCERATED

If you are currently incarcerated, read this manual thoroughly, fill out the application, and send it back to us. Once we receive your application and review it, we will then arrange a time to contact you for a telephone interview. This can usually be done through your legal counsel or chaplain. If a telephone interview is not possible, we will try to arrange a visit to your location or send you a written interview, which you will complete and send back to us. After that you will need to submit the completed Medical Examination form and verify that all blood work has been done. Once all these steps are completed you will then be up for consideration into the program.

Please Note: If you have received a medical examination and blood work within six months prior to applying to this program, a new medical examination and blood work may be waived, as long as the past information can be submitted to us for review.



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1.6 - WAITING LIST

If it is determined that you are eligible for the program, but there are no beds available, you will then be placed on the waiting list. While on the waiting list you will be required to call the center every Monday between 9am and 5pm in order to maintain your position on the list until a bed becomes available. If you fail to call on a Monday, your name will be moved to the bottom of the list. If you fail to call two weeks in a row, your name will be removed from the waiting list.

1.7 - ADMISSION TO THE PROGRAM

The Intake Coordinator will arrange the intake day and time. Upon arrival you will be checked into the dorm and meet with a staff member to complete the necessary entrance forms and pay all required fees.

All belongings will be thoroughly checked to make sure you have only what is allowed, as indicated on the Admission Requirements page, which you received with your application. At this time you will also be checked to make sure that you are not carrying any contraband on your person or in your belongings. If any contraband is found it will be confiscated by the staff to be destroyed or put in storage until you leave this program. If you came by bus or train or plane, a brief phone call will then be permitted to your family to let them know that you have arrived safely.

1.8 - YOUR DECISION

There may be many reasons why you came to New Life For Youth for help. You might have been in rehabilitation programs before or other hospitals and it just did not work. However, New Life For Youth is not like these other facilities. We are different because we are a Christ-centered program. We believe that God, through His Son, Jesus Christ, is the answer to every problem that you are facing, or will face in the months to come. God will do His part, but you must do your part. Your part is to be willing to seek God, accept direction from the staff, and to put 100% effort into everything that you do.

This means you must be serious about wanting to change your life. It also involves giving up street games and jailhouse mentalities and being open to learning the principles in the Bible. It is important that no one comes into the program thinking that they are going to change the program or the staff. Remember that you are only responsible to change what is in your life.

At New Life For Youth you will no longer be able to just push your problems aside. You must confront each problem and, with God's help, overcome them. As you overcome your problems you will be a step closer toward maturity and complete freedom from the difficulties you were facing when you entered the program.



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2.0 - THE PROGRAM

New Life For Youth operates a four phase Christian program with an optional fifth phase for those going into ministry training. We have found that our current training program has been the most effective way to help the students meet their needs.

Though these four phases are all mandatory within the program, it is our hope that they will continue to be a way of life for you after you complete the program. The activities are not simply things “to do”, but are designed so that you can develop a deep personal relationship with God, through His Son, Jesus Christ. New Life For Youth cannot set you free from drugs and alcohol; only a living God can permanently and completely change you! John 17:3 says, “This is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.” The only way to get to know someone is by spending time with him, and it’s our prayer that you will develop a real hunger to seek God and get to know God intimately. He is the source of not only eternal life, but abundant life as well!

INDUCTION

PHASE 1 - ORIENTATION

The Orientation Phase involves a minimum of 3 months. This includes a probationary period of one month for the student to adjust to the residential and structured nature of this program. This is a trial period and at the end of these 30 days, there will be an evaluation by the Program Director as to your progress. A decision will be made at this time whether you will proceed to the next phase.

PHASE 2 - INDUCTION

The Induction Phase involves a minimum of 3 months with discipleship, counseling, teaching (individual and group), vocational training, Bible Studies, chapel services, recreation, etc.

To complete this phase, you will be expected to follow instruction, have a teachable attitude and have respect for people around you.



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TRAINING

PHASE 3 - TRAINING

The purpose of this 3 month phase is to prepare the student for a successful return to society by helping students learn to face everyday stresses and problems appropriately, and to show continued growth and stability. Each individual receives vocational training in life skills and community involvement.

To complete this phase you will be showing that you can:

- Accept personal responsibility
- Make wise choices
- Be self- motivated
- Show initiative
- Have tangible goals for the future
- Complete the academic goals for this phase
- Demonstrate the ability to apply and live out the principles that have been learned in the program
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PHASE 4 - RE-ENTRY

During the last month prior to the completion of phase 3, the student is assessed and plans are made for the type of Re-entry Program most beneficial for the student. Each re-entry program is unique and is designed to fit the student's specific needs. The Staff will assist you in your re-entry plans.

Some examples of re-entry may be:

- Employment
- School
- Possible internship at a New Life for Youth or New Life Outreach International



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2.1 - SPIRITUAL LIFE

Within the program, emphasis is placed on your personal walk with God, through His Son, Jesus Christ. We help you to develop your spiritual life through morning and evening devotions, weekly chapels and prayer, along with church on Sundays and Wednesdays. Your active participation in these activities will significantly affect your progress in life. Learn and apply all you can from the teaching presented to you in chapels, classes, and church and you will find your life becoming richer and more meaningful as the days go by. Your personal relationship with Jesus Christ will be the most important aspect of your time in the program. Without this, nothing will change, so we encourage you to use your time wisely and apply what you are being taught while you are still in the program. This will make it easier for you to take what you have learned here and apply it to your life after the program.

2.2 - WORK DETAIL

During each work detail time, you will be assigned a job, which you are responsible to carry out thoroughly and completely. You may be on the same job for a period of days or even weeks, but you will learn to have a positive attitude no matter what the work assignment is. We are here to teach you not only the spiritual aspects of living, but responsibility, dependability, and accountability, which are important to living an effective and satisfying Christian life. Also, you will learn good work habits and a mature work ethic that you can use in your future employment.

Your job may consist of working in our thrift store, in the kitchen, doing maintenance or housekeeping, in the greenhouse, or working in one of our contract departments. The tasks you complete during work detail help you grow and develop Christian character.

You will not be paid for any work you do in the program. You are not allowed to apply for or receive any social assistance, such as unemployment or welfare, while in the program.

Work detail is an opportunity to give an offering back to the Lord for what He is doing for you in the program.



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2.3 - CLASSES

We have different types of classes at New Life For Youth, which include Personal Studies for new Christians, Vocational Training, and a state-recognized Parenting course.

The lessons you do in the Personal Studies class are all biblically based. Each lesson will have its own manual, so read it carefully before you complete the related workbook. An instructor is available, if you have any questions. You will be able to take the workbooks out of class to finish in your free time. It is very important that you do all assigned work and hand it in when it is due. You will grow and advance in the program as you study and complete your work assignments and tests.

Vocational Training consists of many different courses. Each student will take this class once a week for the duration of their time in the program.

The Parenting class is offered only to those with children or desiring to have children. This class is recognized by the state as an official course that some may need to take as a consequence of their life-controlling problems. A certificate will be given to all who complete the course.

Prompt attendance is required for all classes. Periodically, guest teachers will be invited for special seminars.

2.4 - RECREATION

Recreation is part of the program and a privilege for all students for the purpose of regular exercise. You will be expected to fully participate in all activities organized by the staff for that time period. Recreation may include walks along the river, sports, or other activities determined by the staff.

2.5 - MINISTRY OUTREACH TEAM

The ministry teams are part of the program and a privilege for the students to be involved in. You will be expected to fully participate in all aspects of any outreach team you are assigned to.

2.6 - MENTORSHIP PROGRAM

When you arrive at the program, you will be assigned a mentor. We encourage you to discuss your problems with your mentor at your appointed time. They are available to answer your questions and are trained to help with your problems.



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2.7 - PASSES AND VISITS

At various phases in the program you may submit a Visit/Pass request. Visits are held on the property on Sunday for 4 hours only. Passes consist of Day passes and Weekend Passes. A Day Pass is on Saturday for 8 hours only. A Weekend Pass Begins on Friday morning and ends on Sunday night. Weekend Passes are only for those who complete the 6th and 9th months.

The Program Director has the final say on your requests. These privileges are dependent upon your general progress and attitude in the program.

Please note: A drug test may be conducted upon the return of any Pass or Weekend Pass, if deemed necessary by the Program Director or Senior Staff.

2.8 - STUDENT HANDBOOK

New Life For Youth has a thorough Student Handbook, which you will receive during your induction into the program. It contains rules for all areas of the program, including doctor or dental appointments, finances, work detail, church outings, house guidelines, etc. It is your responsibility to familiarize yourself with the rules.

Some of the most significant rules that will affect you are:

- No glorifying your past
- No use of cigarettes, alcohol, drugs, or other substances
- No relationships with the opposite sex (unless you are married). If you have a fiancé before you come to New Life For Youth, it will be reviewed in the third phase of the program.
- No giving your last name or address out to anyone while in the program. This is to protect you from well-meaning people who want to befriend you but may end up causing problems. We have found that these relationships can become detrimental to what God wants to do in your life.
- No being off the New Life For Youth property at any time unless you are with staff or have an approved pass.

Please note: Breaking certain rules can result in immediate expulsion from the program, for example, bringing drugs into the house or communicating with the opposite sex. Discipline will be given for all students not adhering to the general rules. See Section "2.9 Discipline" for more details.



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2.9 - DISCIPLINE

Your behavior may be recorded by staff on a “write-up” slip, which is given to the Program Director and placed in your file. Your mentor will meet with you regularly to discuss these matters. If you receive a demerit, the staff may correct you on the spot, by encouraging you or reprimanding you.

Please know that there are two sides to love: affection and discipline. God disciplines those He loves and so do we. The main purpose for discipline is for you to learn. Don't be discouraged if you are put on discipline. Many precious students have been on discipline at one time or another. The important thing to note is that they learned from their mistakes and moved forward. You can too!

2.10 - DISMISSAL

Activities, actions, and/or infractions that may result in the dismissal of a student from the program are:

- Smoking cigarettes, using drugs, alcohol, or other substances
- Physical violence toward self or others, or threatening physical harm
- Theft of New Life For Youth property or the property of others
- Willful damage of New Life For Youth property or the property of others
- Siding and abetting others in violating rules, policies or procedures
- Absent without leave (off the property without an approved pass)
- Sexual misconduct
- Not willingly responding to teaching
- Persistently demonstrating an attitude of disregard for the rules
- Having an un-teachable attitude
- Providing false, misleading or incomplete information on application

If you confess your needs in one of these areas, we will do all that can be done to help you, however, if you continually deny any fault, when the facts are present, or continue to breach the rules and guidelines of New Life For Youth, we will be forced to dismiss you. Your actions and attitudes will help determine your progress in the program.

IN CASE OF DISMISSAL YOU WILL BE GIVEN A RIDE TO THE NEAREST BUS STATION AT YOUR EXPENSE.



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2.11 - IF YOU WISH TO LEAVE

If you want to leave, please sit down and talk to your mentor or the Director about why you wish to leave. We will not try to force you to stay, however, it is important for us to help you see all the aspects of the decision you are making. If at some time you decide to leave the program, we will not stop you from leaving, so please do not sneak out! Also, do not continuously say, "I'm leaving" or something similar to this or you may be asked to leave. Talk of leaving could put the thought in someone else's mind, and you could be responsible for that person leaving the program.

2.12 - RE-ENTERING THE PROGRAM

When students leave the program of their own choice, they may apply to re-enter after 30 days from the date of departure. You may be required to come in for an interview again. If accepted, you would then restart the program at the beginning of Phase One.

When a student is dismissed from the program, the student cannot reapply for at least three months after the date of dismissal. However, it is at the discretion of the Program Director as to how long you will have to wait to re-enter the program and whether or not you will be permitted to return to this center or referred to another center.

2.13 - GRADUATION

After completing the training at New Life For Youth, you are eligible to graduate. If the student has met all the necessary requirements, a recommendation will be given by the Program Director and you will graduate at the next celebration.



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PROHIBITED MEDICATIONS

The following medications are prohibited at New Life For Youth due to their interference with the recovery process. Prospective students that are currently taking any of the listed medications need to check with their health care provider prior to admission to determine if an appropriate alternate medication is available. In the rare circumstance that an alternate is not available, New Life For Youth is not an appropriate recovery option and a referral list of treatment programs in the area will be provided. Current students are responsible to see a health care provider and transition to a non-prohibited medication as soon as possible. If an appropriate alternate medication is not available, the student will be discharged for medical reasons and a referral to another program will be provided.

Examples of addictive medications include, but are not limited to, the following:

ALL Narcotic pain relievers and pain relievers with potential for dependence and abuse

- Vicodin (hydrocodone with acetaminophen)
- OxyContin (oxycodone)
- Percocet (oxycodone with acetaminophen)
- Dilaudid
- Morphine
- Tramadol-Ultram
- Darvocet-Darvocet N (propoxyphene)
- Tylenol with Codeine (acetaminophen with codeine)
- Cough medicine containing codeine
- Demerol (meperidine)
- Morphine
- Imitrex
- Topomax

ALL medications used for the treatment of opiate dependence, e.g. Methadone, Suboxone, Subutex, Naltrexone

ALL Benzodiazepines

- Xanax (Alprazolam) Dalamine (Flurazepam)
- Klonopin (Clonazepam) Halcion (Triazolam)
- Valium (Diazepam) Tranxene (Chorazepate)
- Ativan (Lorazepam) Serax (Oxazepam)
- Restoril (Temazepam)
- Librium

ALL Stimulant medications used to treat ADD/ADHD

- Adderall (amphetamine mixed salts) Methylin (Methylphenidate HCL)
- Adderall XR Daytrana (Methylphenidate HCL)
- Concentra (Methylphenidate HCL) Metadate (Methylphenidate HCL)
- Ritalin (Methylphenidate HCL) Desedrine
- Ritalin SR Focalin (Dexmethylphenidate HCL)
- Vyvanse/Lisdexamfetamine

Sleep Agents Ambien and Ambien CR (zolpidem)

Muscle Relaxants Soma (Carisoprodol)

Smoking Cessation Medication Chantix (Vareniclin), patches, gum, etc.

ALL psychotropic medications including, but not limited to:

- Abilify
- Celexa
- Cymbalta
- Depakote
- Effexor
- Fluoxetine (Prozac)
- Geodon
- Lithium
- Paxil