What is a Retreat?

When things were hectic for the apostles and they needed to reflect on their lives, Jesus invited them to:

“Come by yourselves to an out of the way place and rest awhile.”

A silent Ignatian retreat gives us the opportunity to do just that.

The Spiritual Exercises of Saint Ignatius help us to focus on how much God loves us and on our need to accept that love. By looking at the life of Christ, we gain insight into how to live our lives.

Christ not only died but also rose that we might have life to a fuller extent. By reflecting on this in silence, we can see more clearly who we are and how we need to grow in order to really live in this modern world.

Location

The retreat will be at Christ the King Retreat Center (621 1st Ave. S.) in Buffalo, MN, which is run by the Missionary Oblates of Mary Immaculate. The retreat house opened in 1952 and is located 40 miles west of Minneapolis on a bluff overlooking Buffalo Lake. Its tree-covered grounds provide a sacred place of meditation and quiet time. All retreatants will have private rooms so that they will have the solitude needed to make their retreat. We are only able to accommodate 68 individuals, so space is limited.

QUESTIONS ABOUT REGISTRATION:
Contact Carol Arend at carend@morecommunity.org or (651) 227-7669

QUESTIONS ABOUT RETREAT:
Contact Dianne Schlichting at dmschlicht@charter.net or (320) 253-7744

Ignatian Silent Retreat for Women
SPRING 2020
SPONSORED BY

1079 Summit Avenue
Saint Paul, MN 55105-3004
TEL 651.227.7669 FAX 651.227.0847
www.morecommunity.org
Weekend Retreat

April 23-26 (4 days, 3 nights)

ARRIVAL: Thursday, April 23, 4-6 pm
DEPARTURE: Sunday, April 26, 1 pm
DIRECTOR: Sr. Catherine Michaud, CSJ

Catherine Michaud, CSJ, has an M.A. in Spirituality from Gonzaga University where she trained with the Jesuit community and at Immaculate Heart Retreat Center in Spokane in spiritual direction and retreat work. She was administrator of her congregation’s retreat house before taking the assignment as chair of the theology department at Marymount College of Kansas. She has been a professor of theology and Christian Spirituality for over 25 years—the majority of those years at St. Catherine University where she was director of the MA Program in Theology and the Certificate Programs in Pastoral and Catechetical Ministry; she also taught courses in the MA level Spiritual Direction Certificate Program. She is a systematic theologian whose doctoral specialty focuses on the work of the Holy Spirit in the Church. Sr. Catherine earned the Licentiate in Sacred Theology (STL) from Regis College (Toronto, Ontario, 1993) followed by her PhD from the Toronto School of Theology. She is now engaged in spiritual direction and leading retreats, as well as theological research, writing, and giving public lectures in her areas of specialty, Vatican Council II and the Holy Spirit.

Format of the Retreat

The retreats are conference style, with several thirty minute conferences each day. The silent time between the conferences should be used for prayer and reflection on the material presented. The leader will be available during these times for short, individual conferences.

This is a silent retreat because it is in the silence that we come to know ourselves and our God. When we are silent we are able to get beyond the noise, the distractions, and the facades of everyday life. In the solitude we come to grips with ourselves and with our God.

God spoke to Elijah not in the storm, nor the earthquake, nor in the fire, but rather in the quiet whisper which could only be heard in silence.

Midweek Retreat

May 12-14 (3 days, 2 nights)

ARRIVAL: Tuesday, May 12, 4-6 pm
DEPARTURE: Thursday, May 14, 1 pm
DIRECTOR: Fr. Christopher Johnson, SJ

Fr. Christopher P. Johnson, S.J. currently serves as the vice president for mission and identity at Brebeuf Jesuit Preparatory School in Indianapolis.

He studied politics and economics at American University, earning a B.A. in 1986. Following a 13-year career in business, he entered the Society of Jesus in August 2004 and pronounced vows in August 2006. He was missioned to Fordham University for first studies, earning a M.A. in philosophy and an advanced graduate certificate in spiritual direction. During regency, Fr. Johnson taught at Creighton Preparatory School in Omaha and at Red Cloud High School on the Pine Ridge Indian Reservation. He completed his theology studies at Boston College in 2014 and was ordained a priest. Following priestly ordination, Fr. Johnson served in pastoral ministries on the Rosebud and Pine Ridge Indian reservations. From January to June 2018, he completed the final formal segment of his Jesuit formation, tertianship, in Nairobi. Also, in Northeast India, he provided spiritual and retreat direction, and ministered to the incarcerated and those experiencing homelessness.