



Quiet Time Daily Journal

DATE:

RELAX

READ:

REFLECT - *What did God say to me?*

RESPOND - *What am I going to do about it?*

Give God S.P.A.C.E to
work in your life

S - Is there a sin to forsake?

P - Is there a promise to claim?

A - Is there an attitude to change?

C - Is there a command to obey?

E - Is there an example to follow?

REQUEST - *What am I going to pray about it?*
