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| **Junior Blue Belt** | |
| Position & Movement | * Hapkido Pattern #3 * Ground stand * Slipping * Clinch |
| Rolls, Falls & Throws | * Standby * No hands roll * Inside reaps * Inside leg hooks |
| Striking | * Kicks   + Turning back side kick   + Windmill kick * Boxing   + Helmet crushers * Blocks   + Ou7tside forearm block   + Body cover |
| Joint Manipulation  (Intermediate & teen only) | * Collar   + Reverse wrist flex   + Rotational wrist lock * Back Collar / Hair   + Chicken wing   + Wrist flex   + Arm bar |