

Less Aggressive Progressive Ride #5 Portola Loop & More - 41 Miles, 1850 feet Start: Don Edwards		
L = left, R = right, X = cross, > = becomes C=continue		
MILE	GO	STREET/LANDMARK
0	R	Marshlands X Dumbarton Bridge
		<b>REGROUP at benches</b>
	C	Bayfront Expwy bike trail
	L	Willow
6.2	R	Hamilton Ave
7.1	R	Market Place
		U-turn at end of median
7.2	R	2nd street at traffic circle (Market Pl)
	X	Pierce Rd
	X	Bike bridge over 101
	X	Van Buren Rd
	>	Ringwood Ave
9.9	L	Middlefield Rd
9.1	R	Willow
9.7	R	Alma St
10		<b>Burgess Park REGROUP</b>
9.9	L	Alma St
	C	Bike trail through El Palo Alto Park
	R	Palo Alto Ave
	L	to cross El Camino Real at light
	>	Sand Hill Rd
	L	Santa Cruz Ave > Alpine
13.3	X	I-280
	X	Roberts Market & Portola Rd
		<b>REGROUP in corner parking lot after crossing Portola Rd</b>
16.4	C	Alpine Rd
19	X	Joaquin Rd
		U-turn at Ciervos Rd & old masonry gate at end of Alpine Rd
20.12	X	Portola Rd
23.5	L	Roberts Market, 4420 Alpine Rd
		<b>Lunch BREAK</b>
	R	Portola Rd
	X	Westbridge & Old La Honda
27	>	Sand Hill Rd
	X	I-280 & Santa Cruz Ave
32.7	X	El Camino Real
	>	Palo Alto Ave
	L	Onto trail through El Palo Alto Park
	>	Exit park to Alma St
33	R	Willow Rd
33.5	L	Middlefield Rd
34.1	R	Ringwood Ave
	X	Bike bridge over 101
	L	Market Pl
	R	Traffic Circle
	R	Market Pl
	R	Hamilton Ave
	L	Willow Rd
	R	Bike trail on Bayfront Expressway
	X	University & Dumbarton Bridge
	L	Marshlands
41	L	Parking lot
Cindy 408-506-6860 Vicki 510-813-2844		
Lori 510-693-8624		

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