HEALTHY HERRIMAN
COMMITTEE MEETING AGENDA
Thursday, February 27, 2020

NOTICE IS HEREBY GIVEN that the Healthy Herriman Committee shall assemble for a meeting located at 5355 West Herriman Main Street, Herriman, Utah.

10:00 AM

1. Welcome and Introductions
2. Review and Approve Minutes from January 30, 2020 Meeting (attached for review)
3. Action Items from January 30th Meeting
   i. QPR Classes
   ii. Pedalpalooza 2020 at Tour of Utah
   iii. Emergency Prep/Safety/Health Fair 2020 (September 14) action items
      a. Grant/Sponsorship Funding
      b. Budget for 2020
   iv. Committee Meeting Dates and Times – Group Discussion
   v. Committee Member Information – Contact List Updates
4. New Items:
   i. Discuss Survey taken at the 2019 Health Fair
   ii. IHC Suicide Prevention Training
   iii. Working Minds Program
   iv. Healthy Herriman 2020 Suicide Prevention Promotions – Utah State Funded:
      a. Gun Safe Rebate Program
      b. Disposing of RX – Drop Box Promotion – Utah Take Back
      c. Gun Locks and Naloxone
   v. Healthy Herriman Webpage Updates
5. Open Discussion
   i. USU Well Being Survey
6. Adjourn
**Note:** The public is welcome to attend all Healthy Herriman Committee meetings. If you represent a scout or youth group interested in attending, you may wish to contact kschmidt@herriman.org or 801-446-5323 to make sure we plan for adequate space for our committee as well as your group and to verify the topics will fulfill any requirements you may wish to complete.

In accordance with the Americans with Disabilities Act, Herriman City will make reasonable accommodation for participation in the meeting. Request assistance by contacting Herriman City at (801) 446-5323 and provide at least 48 hours advance notice of the meeting.

I, Wendy Thorpe, certify the foregoing agenda was emailed to at least one newspaper of general circulation within the geographic jurisdiction of the public body, at the principal office of the public body, on the Utah State Public Notice website [www.utah.gov/pmn/index.html](http://www.utah.gov/pmn/index.html) and on Herriman City’s website at [www.herriman.org](http://www.herriman.org).

*Posted and Dated this 24th day of February, 2020*  
*Wendy Thorpe, Deputy City Recorder*
Health Herriman Meeting

Date and Time: January 30, 2020 at 10am

Attendees: Kelly Peterson, Julie Varner (IHC), Teddy Hodges, Jason Cloward (Salt Lake County Health Department), Karen Nukaya (Herriman City), Kevin Schmidt (Herriman City), Catherine Voutaz

**Agenda Item: Healthy Herriman Chairperson**

Discussion: Catherine Voutaz will be the chairperson for the calendar year 2020.

**Agenda Item: QPR Schedule**

Discussion: Healthy Herriman will leverage Healthy Riverton’s monthly QPR classes held monthly (except in December) at the Unified Fire Station 124 (12662 S 1300 W). Melinda Mack is willing to do some QPR trainings for Herriman, but she is not available monthly. Catherine is willing to provide SafeTalk from AFSP.

Action Item(s): Catherine will get ahold of Healthy Riverton to let them know Healthy Herriman will support their monthly QPR community training. Catherine will also let Melinda know about Healthy Riverton’s monthly training and provide her with information on Healthy Riverton’s 2020 schedule. Healthy Herriman will have a sign up at the Health Fair for 1 community QPR event to be held during September 2020. Kevin will research and see if Herriman has a list of businesses with the number of employees and we will then start reaching out to businesses in the area to provide QP and Safetalk.

**Agenda Item: Pedalpalooza 2020**

Discussion: Pedalpalooza will be held in connection with the Tour of Utah at the Real Academy in Herriman on **August 1 Noon until 2pm**. Because the anticipation is expected to increase from prior years, more bike helmets are needed. The committee discussed where funding/donations could come from for bike helmets. IHC is willing to participate, but would like Healthy Herriman to submit a request for all funds for the entire year in one request.

Action Item(s): Catherine put together more information on the entire year budget for Healthy Herriman including the Pedalpalooza and the Health Fair for 2020. This will be submitted to the city. Julie will send over information regarding how to submit for funds and deadlines.

**Agenda Item: Health Fair 2020**

Discussion: The Health Fair will be combined with Emergency Preparedness and Safety this year. The city set aside Monday evening **September 14 6pm and 8pm** for this event. Kevin provided a list of all the events. The committee also discussed fees for booths and/or raffle donations. Because the Health Fair is now combined, the committee needs input from Emergency Preparedness and Safety committee members before costs and vendor participation are finalized. The city will coordinate setup, 3rd party activities (like a rock wall), sign up information on the Herriman City events page, Police and Fire department participation and Food Trucks. The date in September also supports the annual September AFSP Salt Lake Suicide Walk and doesn’t interfere with conference dates. Julie provided some information on IHC’s health initiatives on Mental Health, Air Quality, Immunizations, etc. the Health Fair could focus on.
Action Items: Kevin and Karen will provide more information as from the Emergency Preparedness and Safety committees. Catherine will put together a budget for the Health Fair using information from prior years. Julie will provide more information to the committee in email on IHC’s initiatives.

Open Discussion

Discussion: The committee would like to increase community participation. The meeting time (the last Thursday of every month at 10am) might need to be changed to increase participation including High School students, but the committee needs input from the community.

Action Items: Catherine will post on the Healthy Herriman page and in Herriman Happenings to see if the community provides any input. She will also send an email to the current list provided by Karen.

Discussion: Karen requested committee members verify our full names and addresses to ensure a complete distribution list of committee members.

Action Item(s): Karen will setup a Google.Doc so committee members can update their information.

Next Meeting

February 27, 10am, Herriman City Hall

Agenda for next meeting:

1. Welcome and Introductions
   a. IHC Representative transition – Julie Varner and Karyn Gingras
2. Review and Approve Minutes from January 30, 2020 Meeting
3. Action Items from January 30th meeting
   i. QPR Action Items
   ii. Pedalpalooza 2020 at Tour of Utah (August 1) action items
   iii. Emergency Prep/Safety/Health Fair 2020 (September 14) action Items
      a. Funding Grant Link from IHC
      b. Budget for 2020
   iv. Graphic from IHC on their 2020 Health Initiatives - Julie
   v. Committee Meeting Dates and Times – changing day and time? – Group Discussion
   vi. Committee Member Information – Contact list updates - Karen
4. New Items:
   i. Discuss Survey taken a the 2019 Health Fair - Jason
   ii. Suicide Prevention – 10 minute training developed by IHC will be available online
   iii. Working Minds: This program is directed toward businesses and management level staff. Trainers are able to give participants the tools to identify people at risk and respond to a crisis. Two hours required. More info: https://www.sprc.org/resources-programs/working-minds-suicide-prevention-workplace
   iv. Healthy Herriman 2020 Suicide Prevention Promotions – Utah State Funded:
      a. Gun Safe Rebate Program – Expecting funding to continue through June 30
      b. Disposing of RX – Drop Box Promotion
      c. Gun Locks and Naloxone - Given out at Healthy Herriman Events. Gun Locks availability at Library.
   v. Health Herriman Webpage Updates
   vi. Open Discussion