

# Wesok

## Celebration of the Buddha's Birth, Enlightenment and Passing

Namo Tassa Bhagavato Arahato Samma-Sambuddhassa  
Namo Tassa Bhagavato Arahato Samma-Sambuddhassa  
Namo Tassa Bhagavato Arahato Samma-Sambuddhassa

### **Refuge:**

*Buddham saranam gacchami*  
*Dhammam saranam gacchami*  
*Sangham saranam gacchami*

*Dutiyampi Buddham saranam gacchami*  
*Dutiyampi Dhammam saranam gacchami*  
*Dutiyampi Sangham saranam gacchami*

*Tatiyampi Buddham saranam gacchami*  
*Tatiyampi Dhammam saranam gacchami*  
*Tatiyampi Sangham saranam gacchami*

To the Buddha I go for refuge  
To the Dharma I go for refuge  
To the Sangha I go for refuge

For the second time to the Buddha I go for refuge  
For the second time to the Dharma I go for refuge  
For the second time to the Sangha I go for refuge

For the third time to the Buddha I go for refuge  
For the third time to the Dharma I go for refuge  
For the third time to the Sangha I go for refuge

### **The Five Precepts:**

**1. *Panatipata veramani sikkhapadam samadiyami***

I undertake the precept to refrain from killing living creatures.

**2. *Adinnadana veramani sikkhapadam samadiyami***

I undertake the precept to refrain from taking that which is not freely given.

**3. *Kamesu micchacara veramani sikkhapadam samadiyami***

I undertake the precept to refrain from sexual misconduct.

**4. *Musavada veramani sikkhapadam samadiyami***

I undertake the precept to refrain from incorrect speech.

**5. *Suramerayamajja pamadatthana veramani sikkhapadam samadiyami***

I undertake the precept to refrain from intoxicating substances.