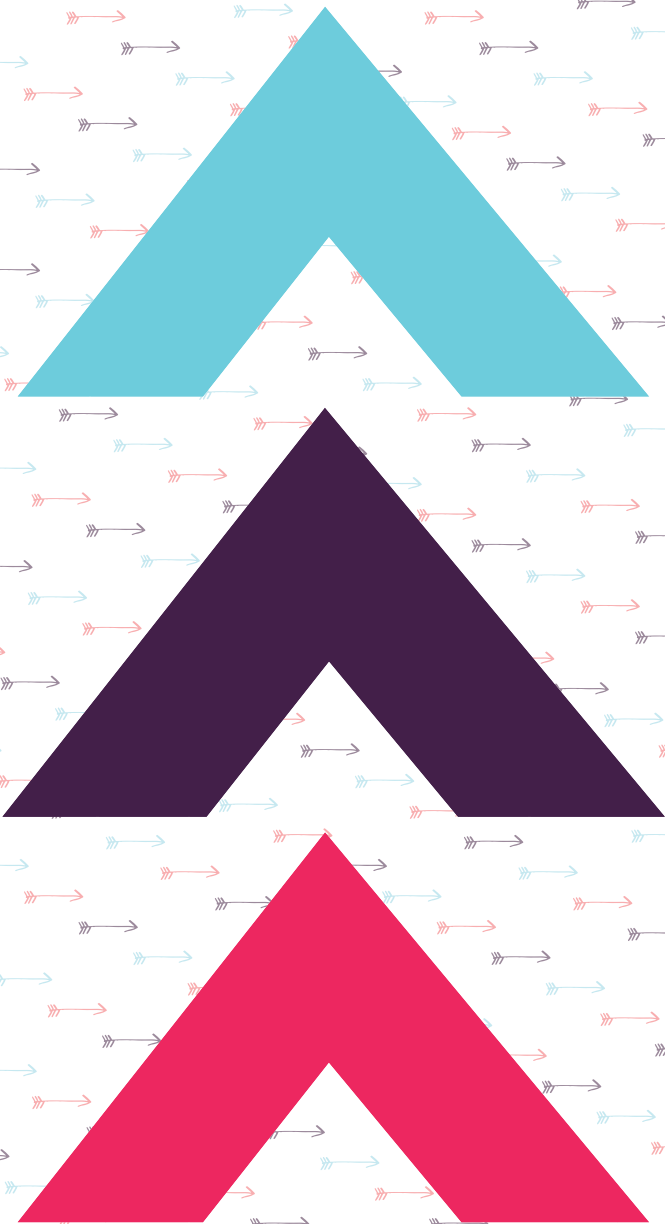


HOW TO CREATE A BLUEPRINT *for your family*



**GREAT**  
*mom*  
for moms who just want more



## HOW TO CREATE A BLUEPRINT *for your family*

Every family is different. We have different needs, priorities and limitations.

That's why you need a customized blueprint that considers the values that your family holds dear.

A blueprint is a set of guidelines governing the principles your family values most. It's not a set of rules with punitive consequences. It's a framework for making decisions that align with your family's values, beliefs and reality.

When I created my first family blueprint in 2017, here's what my competing priorities looked like:

- Wife to Brian
- Mom to Lily, 5, and Abby, 2
- Full-time employee
- Graduate student
- Parent/Teach Club President
- Committee board member
- Ministry volunteer
- Part-time entrepreneur

Is it any surprise I was overwhelmed? I needed a way to rank my obligations, but it wasn't as easy as 1-2-3. Everything was a must-do so how could I figure out what must go? I tried creating a personal blueprint but struggled because just as I had a variety of competing priorities, so did each member of my family. We needed a plan that took into consideration our connection. That's when the family blueprint was born.

Created in collaboration with my family, it's a set of guiding principles upon which we all agree to use in achieving consensus on family decisions.

You can use this guide to create your own.

 **BLUEPRINT BRAINSTORM**

Use this area to jot down priority values for your family related to how you treat each other, what you think about money, faith, the environment, friends, relationships, health, fitness, quality time, work, rest, honesty, ethics, etc. Be creative. For maximum effect, do this exercise as a family.

Here are some conversation starters to guide the process for you:

- What do we want to be known for?
- What is non-negotiable in our home?
- How do we want to be treated?
- What are our values?
- What makes us proud?

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## KEY PRIORITIES

In this area, write down the top 5-10 values from the preceding page.

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## VALUE STATEMENTS

Now that you've narrowed down your family priorities, it's time to turn those into value statements. Remember, you don't want more than 10. You might be able to combine a couple of values into a single statement. Again, this is best done in collaboration with your whole family, kids included.

Value statements can begin with the words "We are," "We believe," "We will." See page 5 for examples of my family value statements.

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# HOW TO USE YOUR FAMILY BLUEPRINT <<<

When you're ready to finalize your initial blueprint, write your value statements on the next page and hang it in a prominent area of your home. You need to live with it for a few weeks to make sure it still fits your family. We read through our blueprint each morning to remind us of our priorities for the day and, when I remember, I use our blueprint values as talking points during dinner at night (assuming we're all in the same place at the same time). It's a living-breathing document that can grow and mature as your family does. I recommend reviewing and revising as needed twice a year. Ours is below as a sample.

Once you have a Family Blueprint you're ready to live with, share it! You can email yours to me at [info@tonyakubo.com](mailto:info@tonyakubo.com) and share it on social media with [#FamilyBlueprint](https://www.instagram.com/great.moms). Tag [@great.moms](https://www.instagram.com/great.moms) on Instagram and [@GreatMomsOnline](https://www.facebook.com/GreatMomsOnline) on Facebook.

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# FAMILY BLUEPRINT