

K U P A

THUMBNAILS:



YOUR QUICK GUIDE
TO NAIL CARE

CHAPTER 3



CHAPTER 3:

Proper Prep and Application of Gel-Polish

For a perfect gel-polish manicure, here's how to prepare the nail bed correctly and apply products for a beautiful finish.

If you want to perform successful gel-polish manicures that will keep clients coming back for more, you need to know how to perfect proper prep and application techniques for a beautiful and long-lasting result. Here's how to proceed using your favorite Kupa gel products.

Prior to gel-polish application, you must properly prep the nail bed to ensure adhesion of the product and to prevent premature chipping or peeling of the gel-polish. First, file the nails into the desired shape and perform cuticle care with your MANIPro pusher. It's preferable

to perform a dry manicure if possible, as gel-polish adheres best to a dehydrated nail bed. (No worries – you will re-hydrate after the gel-polish application.)

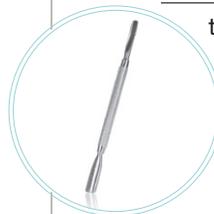
TIP: *Make sure cuticles are adequately pushed back from the nail. If polish is applied over cuticles, it can cause lifting around the edges of the nail.*

Next, remove shine from the entirety of each nail plate with a fine-grit buffer. Be sure to buff from edge to edge and from the base to the tip, using light pressure. Remove the debris from the nails using a lint-free wipe and an alcohol-based cleanser to remove any remaining oils and dehydrate the nail plate so the gel-polish will adhere.

Apply one coat of GelFinity Gel Base Coat for a superior adhesive bond between the nail plate and the gel-polish that won't damage the natural nail. Cure for 30 seconds in a GelFinity UV/LED Hybrid Light or one minute in a standard UV light.

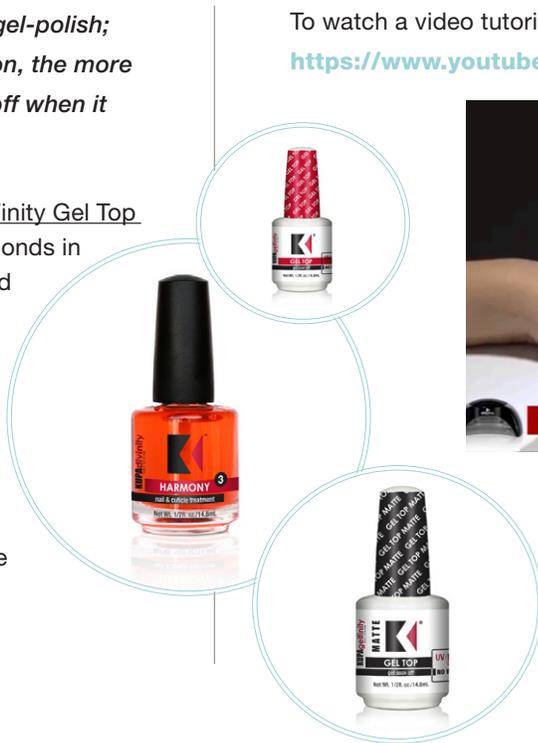
Next, apply two coats of your favorite gel-polish, curing between each coat.

Be sure to cap the free edge to further prevent premature chipping.



TIP: Apply thin coats of gel-polish; the thicker the application, the more time it will take to soak off when it comes time for removal.

Finish with a coat of GelFinity Gel Top Coat, and cure for 90 seconds in a GelFinity UV/LED Hybrid Light or two minutes in a standard UV Light. This will seal your gel-polish to a high-gloss shine that will not fade, chip, or peel, plus it cures to a no-wipe finish. Apply cuticle oil to rehydrate the skin around the nail bed.



To watch a video tutorial with Kupa Educator Ann Chang click here:
<https://www.youtube.com/watch?v=bydoqvKUBjY&spfreload=10>



TEST YOURSELF!

1

Gel-polish adheres best to a dehydrated nail bed.

True or False?

2

Applying gel-polish over the cuticle will not cause any problems.

True or False?

3

Too much buffing causes lifting of gel-polish around the edges of the nail.

True or False?

4

The GelFinity UV/LED Hybrid Light cures more quickly than a standard UV light.

True or False?

5

With gel-polish, there's no need to cap the free edge.

True or False?

Answers: T, F, F, T, F, T