

*New Year,
New You!*

Reboot Your Health

Complete Holistic Wellness Package

Donated by Bay Area Lymphatic Massage, Foothill
Chiropractic and Wellness Center and Internal Spa

Value: \$5,000



Discover a holistic and integrative path to better your health. This amazing package will rejuvenate your spirit, enrich your mind, cleanse your body and awaken your soul!

Dr. Felch, DC at Foothill Chiropractic and Wellness Center uses a variety of techniques to evaluate your body and discover the root cause of your health complaints. Using nutritional, chiropractic and other interventions, Dr. Felch will help guide you become the best version of you.

- Full diagnostic review & nutritional work-up, including supplements for 3 months
- Full chiropractic work-up & 10 sessions

Maren Collins at Bay Area Lymphatic Massage uses Lymphatic Drainage Therapy to gently and rhythmically move the lymph through the body, especially areas of inflammation, relieving pressure and enhancing the functioning of your immune system.

- 3 one-hour treatments

Joyce and Mercedes Schlegel at Internal Spa will help you naturally detox to restore and rejuvenate your entire body. Colon Hydrotherapy offers an excellent opportunity to maintain optimum colon health, which makes your digestive system more effective, increases energy, improves liver function and boosts your overall immune system.

- 3 one-hour treatments

DONATED BY SLATE CONTEMPORARY GALLERY AND KL FOLGNER



KL Folgner

Janet Gets Honest with Sabine

Oil | 40" x 30"

Value \$5,500

Karen Folgner is a representational and abstract artist residing in both the Bay Area and Carmel-by-the-Sea. Much of her inspiration is drawn from the post WWII abstract expressionist painters of San Francisco, particularly the Sausalito Six.

When working with representation in mind, attention is paid to color, balance, texture, and form, just as any of her abstract paintings. Each piece is intended to evoke an essence of a moment, oftentimes a bookmark in her personal life. In more recent times, Karen has delved into the three-dimensional world of bronze sculpture. Her paintings have materialized through patient process into solid works of special art. Space, form, material, color, texture, light, scale, and context all deliver the content of each unique piece. Karen has won many accolades in worldwide juried competitions and actively participates in group and solo exhibitions in the United States.

DONATED BY ANDRA NORRIS GALLERY AND RYAN REYNOLDS



Ryan Reynolds

Freeway No. 9, 2019
Oil on Panel | 30" x 45"
Value \$8,000

Reynolds' paintings are a response to the world as experienced. His subject matter comes directly from his life. The places he inhabits and passes through, the objects and spaces both utilitarian and aesthetic, serve as a point of departure for his investigations in paint. Combining the worlds of realism and abstraction his work creates a place for reflection and renewal, where the familiar is reconstructed with new visual potency.

Reynolds is a tenured Associate Professor at Santa Clara University, where he teaches painting and drawing. He received an MFA from UC Berkeley with a full scholarship. His works are included in the permanent collection of Bakersfield Art Museum, Irish National Collection, St. Mary's College Museum of Art and Collection of the County of Alameda.

Recent solo exhibits include The Free Way at b. Sakata Garo and Ebb and Flow at the Napa Valley Museum. Recent invitational and juried group exhibits include Waterlines at New Museum Los Gatos and the Contemporary Landscape at the Marin Museum of Contemporary Art.

DONATED BY STUDIO SHOP GALLERY AND DANIEL PHILL



Daniel Phill

Rubato
Acrylic | 48" x 48"
Value \$8,500

Daniel Phill is drawn to the interplay of an optimistic color palette against a placid background which creates surreal, vibrant botanical environments. His work achieves spontaneity while playing with the boundaries of abstraction and representation. Extended drips of paint serve to imply stems while gestural paint-loaded brushstrokes suggest petals and blossoms.

Daniel Phill received a Bachelor of Fine Arts at San Francisco Art Institute and continued on to earn a Master of Fine Arts at Stanford University. He has shown many solo exhibitions across the United States.

Retreat for Two

A Magical Week of Renewal

Rancho La Puerta

Wellness Resort and Spa - Tecate, Mexico

Donated by Rancho La Puerta

Value: \$10,000



Enjoy a week for two at Rancho La Puerta, voted "World's Best Destination Spa" by Travel + Leisure Magazine in 2022. Just 45 miles outside San Diego, this 4,000 acre resort rests in the sacred Mt. Kuchumaa's foothills. Revitalize your spirit in this paradise for nature-lovers, walkers and adventurous hikers. Choose from 60 different fitness classes and dine on Mexican-Mediterranean cuisine from the spa's own organic farm. Evening programs feature noted speakers, authors, adventurers, physicians and other luminaries. A wellness retreat to cherish for a lifetime!

Includes accommodations for two, meals, snacks and beverages, fitness classes and activities, lectures, entertainment, use of all facilities and scheduled transportation to and from San Diego Airport.

Valid July - December through 3/31/2025.

Treasured Elegance

Heure H by Hermès

Iconic "H" Case Designed Watch

Donated by Kerns Fine Jewelry

Value: \$6,000



Raffle Price: Each ticket \$50 (100 tickets available)

The Heure H TGM, or Très Grand Modèle, is the largest size of the iconic "H" case design. Bold and striking, the 31mm stainless steel case is paired with a Mother of Pearl dial set with diamond hour markers. The soft, supple alligator strap is hand-stitched by Hermès' leather artisans. (Interchangeable straps are available.)

In 1837, Thierry Hermès opened shop in Paris creating the finest equestrian outfittings. In 1978, La Montre Hermès SA, Hermès watch division, opened in Biel Switzerland. Heure H was designed by Philippe Mouquet in 1996 and plays with the H for Hermès as a case shape with stylized lugs. Enjoy wearing a beautiful piece of art every day!