LymeLight Foundation provides medical grants up to $10,000 to Lyme-infected children and young adults who cannot pay for necessary medications and therapies.

Why Is This Important?
- Early intervention enhances recovery.
- Children are the most susceptible to contracting Lyme disease and will suffer the longest if left untreated.
- Through medical treatment grants, LymeLight helps ill youth, who may otherwise lead lives of unfulfilled potential and dependency, to create a path to health and self-reliance.
- We believe in the hope and promise of the next generation.

Donations
Your gift will directly (100%) fund treatment grants for children and young adults struggling with Lyme disease. Make your tax-deductible donation today on our website or by mail.

Online: LymeLightFoundation.org/donate

By mail:
LymeLight Foundation
1229 Burlingame Avenue, Suite 205
Burlingame, CA 94010

Visit us at LymeLightFoundation.org to learn more.

Since 2011, LymeLight Foundation has awarded over $9.5M in treatment grants to over 1,300 individuals in 49 states.
Lyme disease is a bacterial infection primarily transmitted by a tick bite. Ticks are small insects, often the size of a poppy seed.

Did You Know?
• Lyme disease is 1.5x more common than breast cancer and 6x more common than HIV and is the fastest growing infectious disease.
• Untreated Lyme disease during pregnancy can lead to infection of the placenta. Spread from mother to fetus is possible.
• The CDC acknowledges at least 476,000 new infections per year.
• The tell-tale “bull’s-eye rash” after a bite occurs in less than half of all Lyme infections.
• Current testing often provides a false negative result.
• Most insurance companies do not cover treatment for Lyme disease.

Symptoms of Lyme Disease
• Severe fatigue and exhaustion
• Joint pain, swelling and stiffness
• Neurological impairment, unable to concentrate, memory loss, vision changes
• Difficulty with speech or writing, ear pain, buzzing or ringing
• Seizures, light-headedness, poor balance, difficulty walking and Bell’s palsy
• Cardiac issues, irregular heartbeat, murmurs, heart block

What is Lyme Disease?

Preventing Lyme Disease

Prepare Before Going into Nature
• Wear light-colored clothing: long pants and a long sleeve shirt. Tuck your pant legs into socks. Wear a hat.
• Always apply tick repellent. Lemon eucalyptus and rose geranium oils repel ticks. There are several all-natural sprays available. Products with DEET are also effective.
• Products containing Permethrin may be used on clothing, gear and your property.
• Stay in the middle of the trail and away from foliage.
• Don’t sit on logs, lean against trees, or walk through tall grass.

After Being in Nature
• Perform tick checks (yourself, children & pets).
• Focus on hard to reach areas (scalp, folds & creases).
• If bitten, remove the tick using a tick key or tweezers. If you do not have tweezers, use protective gloves (or bag). Pull straight up and away from skin. Do not twist.

IMPORTANT! Save the tick in a plastic bag & contact IGeneX or Tick Report for tick testing.

Found a Tick? After the Bite

Watch for Lyme disease symptoms: Flu-like ailments or chills, lack of energy or extreme fatigue. A circular bull’s-eye rash or a small bump or redness at the tick bite may develop.

If the tick tests positive or you suspect Lyme disease, contact a doctor familiar with Lyme; preferably a LLMD (Lyme Literate Medical Doctor). Consult the International Lyme and Associated Diseases Society (ilads.org) for a physician referral, if needed.

Stay Vigilant: With an early Lyme infection, antibodies may not have had time to develop in your body. Therefore, a blood test at this time may appear negative. You may have Lyme disease even with a negative test result. Monitor your symptoms, learn about Lyme disease and trust your body and your gut instinct.