

Kenya Moses

Entrepreneur, Speaker, Author



Kenya Moses is an illuminating, motivational well-being & business professional and speaker. For over a decade she has helped thousands of women renew their sense of passion, confidence, and purpose in their lives – providing tools to achieve transformation in mind, body and spirit.

Kenya is the founder of Be A Fit Mama, Inc. & Propel Marketing Agency; dedicated to the empowerment of women. Her wisdom as a Women's Wellness Expert & Entrepreneur has proven to be an asset to numerous media publications, including, eHow, Livestrong, SF Examiner, Essence Magazine and more.

AS SEEN IN
OR QUOTED ON:

ESSENCE



eHow™ LIVESTRONG™.COM



SPEAKING TOPICS:

Inspired Well-Being: 5 Steps to Mindfully Transform Your Body

Every woman desires to be their absolute best self; inside and out. With a renewed sense of passion, purpose and confidence, life-long dreams and goals can be accomplished; achieving the desired transformation in mind, body and spirit.

If You Can Dream It You Can Build It

If you have dreamed about starting your own business, but have absolutely no idea where to begin; this is the workshop for you. In this 90-minute workshop (can be extended depending on participant needs), participants will gain clarity on their business idea and leave with concrete steps for them to put into motion immediately.

PRAISE FOR KENYA:

“It was a pleasure having Kenya speak at our Women's Day Health event. She has an amazing ability to connect and inspire on a deep and heartfelt level.”

*- Sandra Taylor, Event Planner,
Women's Community Health*

“Kenya is a warm and motivating wellness professional. Our girls received a tremendous amount of information and are excited to begin implementing them into their lives.”

*- Katherine Ebrahimi, Health &
Wellness Director, RYSE Center*

BOOK KENYA TODAY!:

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be inspired, be confident, be fit

PROPELMARKETING
CONSCIOUSLY INSPIRED

