David J. Getoff has been helping patients and students improve their health for over 25 years — by rejecting therapies recommended by those who practice traditional medicine. He’s shown over and over again that detoxification and improvements in diet work far better than drugs or surgery to provide long-term health.

Known as The Detox Professor®, Getoff is a full-time practitioner in San Diego. He also attends and lectures at scientific conferences around the U.S. to keep up-to-date with cutting-edge information that often takes decades to reach the medical profession and the public.

Getoff is licensed as a naturopath in North Carolina and is licensed as a nutritionist in New York. California does not license these occupations. He has taught his “Attaining Optimal Health” course though the Grossmont/Cuyamaca College’s adult education department three times per year, from 1993-2016. It was always one of their most highly attended courses and often filled up weeks before the 1st class began. It was then moved to the Price-Pottenger Nutrition Foundation in Lemon Grove, California where it continues to be taught as a 10-week course during the Spring and Fall semesters.

Getoff is Vice President of the Price-Pottenger Nutrition Foundation, which has been educating the public on improving its health since 1952. He is also an elected member of the American Society for Nutrition and the American College of Nutrition, and a member of the International Academy of Oral Medicine and Toxicology, the International and American Associations of Clinical Nutritionists, the American Association for Health Freedom and the American Holistic Health Association.

An engaging speaker who has presented to countless organizations — including the American College for Advancement in Medicine, Cancer Control Society, Southwest College of Naturopathic Medicine, and Texas Organic Farmers and Gardeners Association — Getoff loves sharing his knowledge with anyone interested in improving their health. His audiences learn a lot, have a great time and never get bored. He asks everyone to bring an open mind, a wish to be healthier, and all their questions so they can finally be answered.

Proper use of detoxification, nutritional supplementation, organic food, the elimination of GMO foods, and education about the published facts about a healthy diet will go a long way toward improving the health of most people.
TODAY’S MOST IMPORTANT HEALTH TOPICS

- Why may your low-fat diet be killing you?
- Is organic really better?
- The truth about vaccinations — do they immunize?
- Are cancer and other degenerative diseases preventable?
- Why an aspirin a day may do more harm than good.
- Should we eat beef, poultry, eggs & fish, or be vegetarian, and why?
- Why coconut oil & butter are good, but margarines, corn oil and soybean oils are bad.
- The truth about soy products.
- The top three causes of death are all related to diet — so how do we prevent them or reduce our risks?
- Do headaches, dandruff, eczema, asthma, ADD, and other conditions respond to nutritional interventions?
- Why vitamins and other supplements have become necessary for good health.
- Is salt good or bad? How about eggs?
- Why the media’s reports on nutrition always contradict each other and why most doctors will never learn the facts about nutrition.

Content That Can Change Lives

**Obesity and overweight (1.5 to 4 hours)**
- The link between obesity and low-fat diets
- The link between obesity and grain-based foods
- Obesity, why exercise is NOT the answer
- Carbohydrates: good, bad, or both and why
- Healthy weight loss without exercise

**Fats, oils, and cholesterol (1.5 to 4 hours)**
- Is your low-fat diet killing you?
- The truth about cholesterol and statin drugs
- Is your emotional problem really a fatty acid deficiency?
- Cholesterol: your friend and ally
- Is there really a good and bad cholesterol?
Reducing the body’s toxic load of poisonous chemicals to reduce numerous risk factors (2 to 16 hours)

- The truth about toxic metals in your mouth
- Silver amalgams — mostly mercury — can be very dangerous
- What do we know about toxins and Alzheimer’s disease
- Can the risk of neurological diseases be reduced with whole body detoxification?
- What is chelation therapy and must drugs be used?
- Does oral chelation work and what substances work best?
- The inaccuracy of liver and kidney blood tests
- How do we know detoxification is helpful?
- Reducing multiple risk factors with whole body detoxification
- Why all heavy metal testing is misleading and inaccurate and what to do
- What do DDT, lindane, benzene, chlorine, mercury, lead, PCBs etc. have in common?

Other Compelling Topics

- The problems with vegetarian diets
- The truth about dairy products
- Why you need minerals and why they should not be colloidal
- Learn about products like flaxseed oil, cod liver oil, aloe vera, Pycnogenol, DHEA, CMO, OPCs, melatonin, “green foods,” and more
- What are the best forms of exercise?
- What is homeopathy and does it work?
- What are the problems with our current cancer research and treatments?
- A brief look at non-traditional cancer treatments and other types of alternative therapies and practitioners

Call to book me for a lecture  619-441-8700 (phone preferred)  DavidGetoffCCN@Gmail.com