

daily cleaning schedule

MONDAY	TUESDAY	WEDNESDAY
<p><i>morning</i></p> <input type="checkbox"/> Make the bed <input type="checkbox"/> Breakfast <input type="checkbox"/> Load in the washer <input type="checkbox"/> Unload the dishwasher <input type="checkbox"/> Set out any dinner prep	<p><i>morning</i></p> <input type="checkbox"/> Make the bed <input type="checkbox"/> Breakfast <input type="checkbox"/> Load in the washer <input type="checkbox"/> Unload the dishwasher <input type="checkbox"/> Set out any dinner prep	<p><i>morning</i></p> <input type="checkbox"/> Make the bed <input type="checkbox"/> Breakfast <input type="checkbox"/> Load in the washer <input type="checkbox"/> Unload the dishwasher <input type="checkbox"/> Set out any dinner prep
<p><i>afternoon</i></p> <input type="checkbox"/> Switch laundry + fold <input type="checkbox"/> Lunch <input type="checkbox"/> Dust	<p><i>afternoon</i></p> <input type="checkbox"/> Switch laundry + fold <input type="checkbox"/> Lunch <input type="checkbox"/> Vacuum	<p><i>afternoon</i></p> <input type="checkbox"/> Switch laundry + fold <input type="checkbox"/> Lunch <input type="checkbox"/> Mop
<p><i>evening</i></p> <input type="checkbox"/> Dinner <input type="checkbox"/> De-clutter <input type="checkbox"/> Load dishwasher <input type="checkbox"/> Wipe counters <input type="checkbox"/> Take out trash	<p><i>evening</i></p> <input type="checkbox"/> Dinner <input type="checkbox"/> De-clutter <input type="checkbox"/> Load dishwasher <input type="checkbox"/> Wipe counters <input type="checkbox"/> Take out trash	<p><i>evening</i></p> <input type="checkbox"/> Dinner <input type="checkbox"/> De-clutter <input type="checkbox"/> Load dishwasher <input type="checkbox"/> Wipe counters <input type="checkbox"/> Take out trash
THURSDAY	FRIDAY	DEEP CLEANING
<p><i>morning</i></p> <input type="checkbox"/> Make the bed <input type="checkbox"/> Breakfast <input type="checkbox"/> Load in the washer <input type="checkbox"/> Unload the dishwasher <input type="checkbox"/> Set out any dinner prep	<p><i>morning</i></p> <input type="checkbox"/> Make the bed <input type="checkbox"/> Breakfast <input type="checkbox"/> Load in the washer <input type="checkbox"/> Unload the dishwasher <input type="checkbox"/> Set out any dinner prep	<ul style="list-style-type: none"> ☆ Window sills/windows ☆ Vents/fans/light fixtures ☆ Doors ☆ Front porch ☆ Blinds/curtains ☆ Fridge + microwave ☆ Pantry ☆ Kitchen cabinets ☆ Sofas ☆ Linen/hall closets ☆ Laundry room ☆ Kids' closet + drawers ☆ Bathrooms ☆ Baseboards ☆ Playroom/office ☆ Master closet ☆ Master drawers ☆ Flowers + plants ☆ Vehicles
<p><i>afternoon</i></p> <input type="checkbox"/> Switch laundry + fold <input type="checkbox"/> Lunch <input type="checkbox"/> Bathrooms	<p><i>afternoon</i></p> <input type="checkbox"/> Switch laundry + fold <input type="checkbox"/> Lunch <input type="checkbox"/> One deep cleaning item	
<p><i>evening</i></p> <input type="checkbox"/> Dinner <input type="checkbox"/> De-clutter <input type="checkbox"/> Load dishwasher <input type="checkbox"/> Wipe counters <input type="checkbox"/> Take out trash	<p><i>evening</i></p> <input type="checkbox"/> Dinner <input type="checkbox"/> De-clutter <input type="checkbox"/> Load dishwasher <input type="checkbox"/> Wipe counters <input type="checkbox"/> Take out trash	

house detox

declutter

- declutter linen closets
- declutter pantry
- declutter kitchen cabinets
- clean out fridge
- declutter living/dining room
- declutter kids' closet
- clean out 1st bathroom
- declutter toy room/office
- declutter master closet
- declutter drawers
- declutter master bath
- declutter laundry room
- declutter laptops/computers



detox

- clean blinds
- clean vents/ceiling fans/light fixtures
- vacuum behind furniture
- clean windows/curtains
- deep clean bathrooms
- clean stove/oven/microwave
- clean above cabinets/fridge
- run vinegar solution through washer
- ★ make a list of any new items to buy