



Resources

CONNECTING WITH THE VA

The VA in Three Parts

The [Department of Veterans Affairs](#) has three main subdivisions, known as administrations:

- [Veterans Health Administration](#) (VHA): Responsible for providing health care in all its forms, as well as for biomedical research (under the [Office of Research and Development](#)), Community Based Outpatient Clinics, and Regional Medical Centers.
- [Veterans Benefits Administration](#) (VBA): Responsible for initial Veteran registration, eligibility determination, and five key lines of business (benefits and entitlements): VA-guaranteed home loan, insurance, vocational rehabilitation and employment, education (GI Bill), and compensation and pension.
- [National Cemetery Administration](#): Responsible for providing burial and memorial benefits, as well as for maintenance of VA cemeteries.

VA Websites and Hotlines

[VA.gov](#): Offering a myriad of information for you and the Veteran who is in your care, visit the VA's website to learn how Veterans can obtain their eligibility requirements and apply for VA benefits. You may also contact an enrollment specialist by calling 877-222-8387.

[VA Facility Locator Tool](#)

[VA Form 10-5345](#): If you'd like to speak directly to a person in the VA who provides care for your client, you and the Veteran you're working with can complete this third-party release of information form.

[Virtual Lifetime Electronic Record Health Program](#)

[My HealtheVet](#)

"[Blue Button](#)" in My HealtheVet allows Veterans to view, print, or download and store information from their personal health record.

[Suicide Risk Management Consultation Program](#) or email them at SRMconsult@va.gov.

Homeless/Housing: Veterans and care providers can call 800-4AID-VET.

Family Member Support: [Family Member Benefits](#) or call 844-698-2311.

[Coaching into Care](#)

[Make the Connection](#)

[Community Provider Toolkit](#)

National Center for PTSD: [The PTSD Consultation Program](#) is for any provider treating Veterans with PTSD. You can speak directly with an expert from the National Center for PTSD about evidence-based treatment, clinical management, resources, assessments, referrals for Veterans, education and training opportunities, ways to improve care, or even transitioning Veterans from community into VA care. Contact them directly at PTSDconsult@va.gov or 866-948-7880.

Veterans Crisis Line: The Veterans Crisis Line connects service members and Veterans in crisis, as well as their family members and friends, with qualified, caring responders through a confidential toll-free hotline, online chat, or text messaging service. Dial 1-800-273-8255 and press 1 to talk to someone.



Free VA Apps

Self-Management Apps include: PTSD Coach; PTSD Family Coach; Concussion Coach; Mindfulness Coach; [Moving Forward](#); and [Parenting2Go](#).

The National Center for PTSD, VA, and Department of Defense have developed treatment companion apps: ACT Coach for Acceptance and Commitment Therapy, is used for major depressive disorder; CBT-I Coach is used for insomnia; Stay Quit Coach is a smoking cessation app; and Cognitive Processing Therapy and Prolonged Exposure apps supplement those protocols, which specifically target the symptoms of PTSD.

Install the apps on your iPhone or Android smart phone by visiting <https://mobile.va.gov/appstore/>.

Related Websites

[The Center for Deployment Psychology](#)

[The Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)

[The Military Families Learning Network](#)

[The National Resource Directory](#)

Online Education

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