



## Continuing Education Information: *Military Sexual Trauma*

### Course Description

Intended for healthcare providers of all types who treat military service members and Veteran-connected patients. “Military Sexual Trauma” is narrated by Dr. Margret Bell, Deputy Director for Military Sexual Trauma at the Department of Veterans Affairs. This course provides critical clinical information about military sexual trauma (MST), which is defined as sexual assault or sexual harassment during military service. Dr. Bell will define MST and describe the health and general impact of MST on Veteran’s lives for healthcare learners. Providers will understand the screening process they should use to assess Veterans for MST, and be able to describe the MST-related services available from the Department of Veterans Affairs. Finally, strategies for effective clinical engagement with Veterans who have experienced MST are discovered.

### Subject Areas

Military Cultural Competency, Mental Health, Military Sexual Trauma, Inner Conflict, Sexual Assault, Advocacy

### Format

Web-Based Training, Self-Study (Online)

### Credit

1 Continuing Education Credit/ 1 Clock Hour

### Course Cost

The course is free to take; however, there will be an administrative certificate processing fee.

## Program Release Date

October 20, 2015

## Instructor Biography

Professional experience and education for each of our trainers is located on the PsychArmor Learning Management System online. Please visit <https://psycharmor.org/trainers/> for more information.

## Place

PsychArmor Learning Management System Online

## Target Audience

This module is designed for healthcare professionals who treat military service members and Veteran-connected patients. This includes primary care physicians, nurse practitioners, physician assistants, nurses, pharmacists, psychologists, and other healthcare providers wishing to work more effectively with their Veteran patients to promote better patient understanding and culturally-informed care.

## Course Level

Intermediate

## Outcomes/Objectives

Following completion of this educational activity, learners should be able to:

1. Define Military Sexual Trauma (MST)
2. Describe the health and general impact of MST on Veteran's lives
3. Screen Veteran clients for military sexual trauma
4. Describe the MST-related services available through the VA.

## Registration/Participation in Activity Procedures

1. Length of course: 1 hour
2. Review program schedule
3. Register for course on PsychArmor's learning management system
4. Attend and participate in 100% of program activity and evaluation

## Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at PsychArmor. In order to receive a certificate of completion from PsychArmor, you must register in PsychArmor's learning management system, attend 100% of the program, complete the quiz, and the evaluation. To inquire about CEs contact [support@psycharmor.org](mailto:support@psycharmor.org) and provide your name, email, and license number.

## Report Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to their locally prescribed process.

## Program Schedule

- Military Sexual Trauma
- Quiz
- Feedback

## Instructor Credentials

**Margret Bell, Ph.D.**  
VA National Deputy Director  
Military Sexual Trauma  
National Center for PTSD

## Accommodations/Grievance

View PsychArmor's Disclosure Statement, Grievance Policy & Accommodations [here](#) or contact [support@psycharmor.org](mailto:support@psycharmor.org)

## Accreditations



PsychArmor is approved by the California Association of Marriage and Family Therapists to sponsor continuing education hours for LMFTs, LCSWs, and/or LEPs. PsychArmor maintains responsibility for the program/course and its content. Courses meet the qualifications for 1 hour of continuing education credit (please not some courses offer 1.25 CE hours) for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.



PsychArmor is approved by the American Psychological Association to sponsor continual education for psychologists. PsychArmor maintains responsibility for this program and its content.



PsychArmor has been approved by the NBCC as an Approved Continuing Education Provider ACEP No. 6772. Programs that do not qualify for NBCC credit are clearly identified. PsychArmor is solely responsible for all aspects of the programs.