Small Group Discussion Questions

Watch the course together with your small group, either in person or virtually. Continue the learning and healing process by using these questions to incite meaningful conversation.

Treating Grief in the Veteran Population

Intended Facilitator: Anyone
Intended Audience: Anyone

- What factors may make suicide loss a uniquely challenging grief journey for suicide loss survivors?

- How can we help veteran survivors understand the value of approaching and expressing their grief to others who are emotionally safe?

- How can mentoring those who are at an earlier phase of their suicide loss grief journey offer a benefit to both a mentee and a mentor?