

## Small Group Discussion Questions

Watch the course together with your small group, either in person or virtually. Continue the learning and healing process by using these questions to incite meaningful conversation.

### Grief and Trauma

Intended Facilitator: Healthcare provider

Intended Audience: Healthcare providers

- How can we differentiate between grief and trauma in our practice? What is one question we can ask our patients to help us understand the nature of their challenges?
- What are some ways we can encourage Veterans and military family members to talk about their grief?
- How are the long-term goals of supporting trauma and grief fundamentally different? How can we apply this insight in our practice?

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