

L-Methylfolate Calcium 7.5 mg Tablets

Rx

Prescription Dietary Supplement

Product code¹ 44183-075-31 (30ct bottle / 30 tablets)

Product code¹ 44183-075-90 (90ct bottle / 90 tablets)

DESCRIPTION: L-Methylfolate Calcium 7.5 mg is an orally administered prescription dietary supplement specifically formulated for the dietary management of patients with unique nutritional needs requiring increased folate levels. L-Methylfolate Calcium 7.5 mg should be administered under the supervision of a licensed medical practitioner.

Each coated, round, blue tablet contains the following dietary ingredient:

Supplement Facts		
Serving Size 1 Tablet Servings Per Container 30		
	Amount Per Serving	% Daily Value
L-Methylfolate Calcium*, or 6(S)-5-MTHF-Ca	7.5 mg	**

Supplement Facts		
Serving Size 1 Tablet Servings Per Container 90		
	Amount Per Serving	% Daily Value
L-Methylfolate Calcium*, or 6(S)-5-MTHF-Ca	7.5 mg	**

* Contains less than 1% d-methylfolate.

** Daily values not established for patients with unique nutritional needs who are in need of supplementation as directed by a licensed medical practitioner.

Other Ingredients: Citric Acid, Dicalcium Phosphate, FD&C Blue #2 Lake, Hypromellose, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Polyvinyl Alcohol, Silicified Microcrystalline Cellulose, Talc, Titanium Dioxide and TriPotassium Citrate.

FOLATE REGULATION: The term "folate" are B vitamins that include folic acid and any forms of active pteroylglutamates regardless of the reduction state of the molecule. Foliates, or vitamin B₉, are primarily hydrolyzed in the intestinal jejunum and the liver to the active circulating form of folate, L-methylfolate, with an intermediate stable form, 5,10-methylenetetrahydrofolate.

Individuals with genetic polymorphisms for the genes coding methylenetetrahydrofolate reductase (MTHFR) may not be capable of utilizing or metabolizing folic acid adequately for the vitamin B₁₂ dependent methylation cycle.

Folic acid, including reduced forms¹ such as folinic acid, may obscure pernicious anemia above 0.1 mg doses, and must be administered under the supervision of a licensed medical practitioner.

The 1971, 1972, 1973, 1980, 1984, 2000, and 2010 Federal Register Notices addressed this concern while establishing that increased folate was proper therapy in megaloblastic anemias - specifically where homocysteine levels were elevated or risk of neural tube defects (NTDs) was at issue. The Federal Register Notice of August 2, 1973 (38 FR 20750) specifically states that:

Dietary supplement preparations are available without a prescription (21 CFR 121.1134). Levels higher than dietary supplement amounts are available only with a prescription.

¹ It is not known whether or not L-methylfolate can obscure pernicious anemia above 0.1 mg doses, so caution is advised also with this form of folate.

Folic acid - including reduced forms, may be added to medical foods as defined in section 5(b)(3) of the Orphan Drug Act (21 USC 360ee(b)(3)), or to food (21 CFR 172.345).

INDICATIONS AND USAGE: L-Methylfolate Calcium 7.5 mg is indicated for the distinct nutritional requirements of patients in need of dietary supplementation as determined by a licensed medical practitioner.

L-Methylfolate Calcium 7.5 mg should be administered under the supervision of a licensed medical practitioner.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNINGS: Caution is recommended in patients with a history of bipolar illness.

PRECAUTIONS: General: Folate, when administered as a single agent in doses about 0.1 mg daily, may obscure the detection of vitamin B₁₂ deficiency (specifically, the administration of folic acid may reverse the hematological manifestations of B₁₂ deficiency, including pernicious anemia, while not addressing the neurological manifestations).

Folate therapy alone is inadequate for treatment of a vitamin B₁₂ deficiency.

A major depressive episode may be the initial presentation of bipolar disorder. It is generally believed, (although not established in controlled trials) that treating such an episode with an antidepressant alone may increase the likelihood of a precipitation of a mixed/manic episode in patients at risk for bipolar disorder. L-Methylfolate Calcium 7.5 mg is not an antidepressant; however, folate has been shown to enhance antidepressant effects of known antidepressants. Caution is recommended in patients with a history of bipolar illness. Patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder since mood elevation in this population is possible.

PATIENT INFORMATION: L-Methylfolate Calcium 7.5 mg is a prescription dietary supplement to be used only under licensed medical supervision.

MAAOVEN

Product Code 44183-075-31
(30ct bottle)

L-Methylfolate Calcium
7.5 mg

MAAOVEN

Product Code 44183-075-90
(90ct bottle)

L-Methylfolate Calcium
7.5 mg

DRUG INTERACTIONS: Drugs which may interact with folate include:

- Antiepileptic drugs (AED): The AED class including, but not limited to, phenytoin, carbamazepine, primidone, valproic acid, fosphenytoin, valproate, phenobarbital and lamotrigine have been shown to impair folate absorption and increase the metabolism of circulating folate.
- Additionally, concurrent use of folic acid has been associated with enhanced phenytoin metabolism, lowering the level of the AED in the blood and allowing breakthrough seizures to occur. Caution should be used when prescribing this product among patients who are receiving treatment with phenytoin and other anticonvulsants.
- Capecitabine: Folic acid (5-formyltetrahydrofolate) may increase the toxicity of Capecitabine.
- Cholestyramine: Reduces folic acid absorption and reduces serum folate levels.
- Colestipol: Reduces folic acid absorption and reduces serum folate levels.
- Cycloserine: Reduces folic acid absorption and reduces serum folate levels.
- Dihydrofolate Reductase Inhibitors (DHFRi): DHFRi block the conversion of folic acid to its active forms, and lower plasma and red blood cell folate levels. DHFRi include aminopterin, methotrexate, pyrimethamine, triamterene, and trimethoprim.
- Fluoxetine: Fluoxetine exerts a noncompetitive inhibition of the 5-methyltetrahydrofolate active transport in the intestine.
- Isotretinoin: Reduced folate levels have occurred in some patients taking isotretinoin.
- L-dopa, triamterene, colchicine, and trimethoprim may decrease plasma folate levels.
- Nonsteroidal Anti-inflammatory Drugs (NSAIDs): NSAIDs have been shown to inhibit some folate dependent enzymes in laboratory experiments.
- NSAIDs include ibuprofen, naproxen, indomethacin and sulindac.
- Oral Contraceptives: Serum folate levels may be depressed by oral contraceptive therapy.
- Methylprednisolone: Reduced serum folate levels have been noted after treatment with methylprednisolone.
- Pancreatic Enzymes: Reduced folate levels have occurred in some patients taking pancreatic extracts, such as pancreatin and pancrelipase.
- Pentamidine: Reduced folate levels have been seen with prolonged intravenous pentamidine.
- Pyrimethamine: High levels of folic acid may result in decreased serum levels of pyrimethamine.
- Smoking and Alcohol: Reduced serum folate levels have been noted.
- Sulfasalazine: Inhibits the absorption and metabolism of folic acid.
- Metformin treatment in patients with type 2 diabetes decreases serum folate.
- Warfarin can produce significant impairment in folate status after a 6-month therapy.

PREGNANCY and NURSING MOTHERS: L-Methylfolate Calcium 7.5 mg is not intended for use as a prenatal/postnatal multivitamin for lactating and nonlactating mothers. This product contains a B vitamin in reduced form. Talk with your medical practitioner before using if pregnant or lactating.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parental administration of folic acid, and may possibly occur with other forms of folate.

DOSE AND ADMINISTRATION: The usual adult dose is 7.5 to 15 mg daily with or without food or as directed by a licensed medical practitioner.

HOW SUPPLIED: L-Methylfolate Calcium 7.5 mg tablets are coated, round, blue tablets debossed on one side with "MP 7.5" ("7.5" underneath "MP"), and are supplied in bottles of 30 tablets and 90 tablets.

STORAGE: Store at controlled room temperature 15°-30°C (59°-86°F). (See USP). Protect from light and moisture. Dispense in a tight, light-resistant container.

KEEP THIS OUT OF REACH OF CHILDREN.

All prescriptions using this product shall be pursuant to state statutes as applicable. This is not an Orange Book product.

Call your medical practitioner about side effects. You may report side effects by calling 877-622-6836.

Product code: 44183-075-31 (30ct bottle / 30 tablets)

Product code: 44183-075-90 (90ct bottle / 90 tablets)

Macoven Pharmaceuticals does not represent this product code to be National Drug Code (NDC) number. Instead, Macoven has assigned a product code formatted according to standard industry practice to meet the formatting requirements of pharmacy and health insurance computer systems.

Rx
Prescription Dietary Supplement

Manufactured for:
Macoven Pharmaceuticals
Magnolia, TX 77354
MADE IN CANADA

MACOVEN
PHARMACEUTICALS

Rev. 11/11

MACOVEN

MACOVEN

Product Code 44183-150-90

Product Code 44183-150-90

L-Methylfolate Calcium
15 mg

L-Methylfolate Calcium
15 mg

L-Methylfolate Calcium 15 mg

Tablets

Rx

Prescription Dietary Supplement

90ct Bottle

DESCRIPTION: L-Methylfolate Calcium 15 mg is an orally administered prescription dietary supplement specifically formulated for the dietary management of patients with unique nutritional needs requiring increased folate levels. L-Methylfolate Calcium 15 mg should be administered under the supervision of a licensed medical practitioner.

Each coated, oval, orange tablet contains the following dietary ingredient:

Supplement Facts		
Serving Size 1 Tablet		
Servings Per Container 90		
	Amount Per Serving	% Daily Value
L-Methylfolate Calcium*, or 6(S)-5-MTHF-Ca	15 mg	**

* Contains less than 1% D-methylfolate

** Daily values not established for patients with unique nutritional needs who are in need of supplementation as directed by a licensed medical practitioner.

Other Ingredients: Citric Acid, Dicalcium Phosphate, FD&C Yellow #5 Lake***, FD&C Yellow #6 Lake***, FD&C Red #40 Lake, Hypromellose, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Polyvinyl Alcohol, Silicified Microcrystalline Cellulose, Talc, Titanium Dioxide, and TriPotassium Citrate.

*** This product contains FD&C Yellow #5 Lake (tartrazine) and FD&C Yellow #6 Lake.

FOLATE REGULATION: The term "folate" are B vitamins that include folic acid and any forms of active pteroylglutamates regardless of the reduction state of the molecule. Foliates, or vitamin B₉, are primarily hydrolyzed in the intestinal jejunum and the liver to the active circulating form of folate, L-methylfolate, with an intermediate stable form, 5,10-methylenetetrahydrofolate.

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Patients with depressive symptoms should be adequately screened to determine if they are at risk for bipolar disorder since mood elevation in this population is possible.

This product contains FD&C Yellow #5 Lake (tartrazine) which may cause allergic-type reactions (including bronchial asthma) in certain susceptible persons. Although the overall incidence of FD&C Yellow #5 Lake (tartrazine) sensitivity in the general population is low, it is frequently seen in patients who also have aspirin hypersensitivity.

This product also contains FD&C Yellow #6 Lake.

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DRUG INTERACTIONS: Drugs which may interact with folate include:

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STORAGE: Store at controlled room temperature 15°-30°C (59°-86°F). (See USP). Protect from light and moisture. Dispense in a light, light-resistant container.

HOW SUPPLIED: L-Methylfolate Calcium 15 mg tablets are coated, oval, orange tablets debossed on one side with "MP 15", and are supplied in bottles of 90 tablets.

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