

Page 1 of 13 ABIOMED Ex. 1048

CONTENTS

CAUTION

SCOPE 1

SECTION I

PHYSIOLOGY AND GENERATION OF BIOMEDICAL POTENTIALS WITHIN MAN $\quad \ \, 5$

- THE CELL AS A BIOBLECTRIC GENERATOR 7

 - The Source of Internal Cell Potentials 7
 Cell Stimulation and Stimulus Threshold 16
 Current from a Single Cell and the Resultant Externally
 Recorded Action Potential 16
 Externally Recorded Action Potential from a Group of
 Cells, the Travelling Wave of Depolarization 18
- THE HEART AND THE CIRCULATORY SYSTEM 23 2
 - The Cardiovascular Circulatory System 23
 - 2.2
 - The Heart 26
 Electrical Potentials Generated Within the Heart -Generation of the Electrocardiogram Waveform (ECG) 26
- MUSCLE ACTION AND THE SENSORY SYSTEM 31
 - The Motor Unit 31
 - 3.2
 - Muscle Action 32
 The Muscular Servo-mechanism 33
 - 3.4 3.5
 - The Muscular Servo-meaning 33
 Reflex Response 34
 The Potential Generated During Muscle Action 34
 The Sense Receptors 36
 The Potential Generated by Sense Receptor Stimulation 36
- THE BRAIN AND THE CENTRAL NERVOUS SYSTEM 39
 - Nerve Cells in the Central Nervous System and in the Brain 39
 The Brain 40
 Excitation and Inhibition Potentials 42 4.1
 - 4.2

 - 4.4 4.5 Evoked Potentials 45
 The Electroencephalogram (EEG) 45

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Page 2 of 13 ABIOMED Ex. 1048

BLOOD PRESSURE AND FLOW

Blood pressure measurements can be classified into three discrete groups: direct, indirect and relative. Direct blood pressure measurement involves gaining access to the circulatory system and measuring the pressure in the system directly with some form of pressure transducer. Indirect blood pressure measurement involves application of pressure external to the circulatory system and observation of the effect of this external pressure on the system. Relative blood pressure measurements are uncalibrated indirect measurements usually performed with simpler, and inherently more convenient, instrumentation. Blood flow is derived from the measurement of blood velocity which necessitates gaining access to one or more of the primary arteries within the body using surgical techniques. Information on blood pressure and blood flow is often adequate for analysis of the circulatory system, however a complete hydrodynamic analysis of the circulatory system can only be accomplished by also measuring blood volume.

8.1 DIRECT BLOOD PRESSURE MEASUREMENT

Direct blood pressure is measured by inserting a pressure transducer somewhere within the circulatory system: Figs. 2-1, 2-2 and 2-3 of Chapter 2 refer to this system. Some transducers are designed to be inserted directly into the circulatory system, however it is more common to connect to the circulatory system with either a catheter or a hypodermic needle and to record the pressure with a pressure transducer attached to the catheter or needle.

Page 3 of 13 ABIOMED Ex. 1048

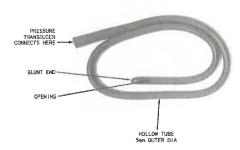


Fig. 8-1. A 5mm cardiac catheter.

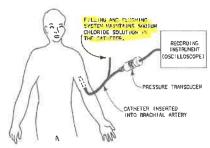


Fig. 8-2. Direct blood pressure measurement.

iac eter A cardiac catheter consists of a rubber, teflon or polyethylene tube with one end formed to a smooth bullet-like shape to allow its easy introduction into veins and arteries. A small opening is formed about 1 centimeter from this smooth end as shown in Fig. 8-1. The catheter shown in Fig. 8-1 is approximately 40 centimeters long and 5 millimeters in diameter. Catheters are generally available from 1 to 10 millimeters in diameter and in various lengths. Cardiac catheters are also often described by their circumference.

entry to circulatory system With the catheter/pressure-transducer configuration shown in Fig. 8-2, pressures can be measured in almost any portion of the circulatory system. By gaining entry to the circulatory system at either the arms or legs a catheter may be manipulated throughout the circulatory system. It should be noted that the pressure measured will be the pressure at the blunt end of the catheter and not the pressure at the point where the catheter enters the circulatory system.

cardiac catheterization It is possible, with careful manipulation, to actually introduce the smooth end of the catheter into the right atrium via the inferior vena cava. Cardiac defects, including holes in the heart, can then be explored. This procedure is referred to as cardiac catheterization. Investigation of the left ventricule by catheterization via the aorta, referred to as arterial catheterization, almost always causes trouble with arterial damage and leakage into the tissues.

arterial pressure The most common direct pressure measurement is arterial pressure which is usually measured by introducing the catheter into the brachial artery at the elbow of either arm.

transducer

A typical blood pressure transducer for use with a catheter is shown in Fig. 8-3. As little difference in pressure is encountered throughout the arterial system, it is unnecessary to introduce the catheter any great distance into this circulatory system.



STATHAM INSTRUMENTS INC. - MODEL P23De LENGTH - 2.5" OUTPUT WITH 7.5VRMS EXCITATION = 75µVRMS/mmHg FOR USE WITH CATHETERS.

Fig. 8-3. A conventional blood pressure transducer.



STATHAM INSTRUMENTS INC. - MODEL P37
TRANSDUCER LENGTH # 1.2"
OUTPUT WITH 7.59RMS EXCITATION = 37µVRMS/mmHg



TRANSDUCER CONNECTED AT BRACHIAL ARTERY PUNCTURE SITE.

Fig. 8-4. A needle blood pressure transducer.



STATHAM INSTRUMENTS INC. - MODEL SP25 OVERALL LENGTH ≈ 9 " OUTPUT WITH 7.5VRMS EXCITATION = $37\mu VRMS/mmHg$

Fig. 8-5. A syringe blood pressure transducer.

needle/ transducer The catheter/transducer combination may be replaced by a needle and transducer as shown in Fig. 8-4. The needle/transducer combination is also available in a syringe configuration as shown in Fig. 8-5. These combinations, using needles rather than flexible catheters, are obviously far easier to introduce into the subject's circulatory system and are thus preferable for direct blood pressure measurement. They are normally introduced into the femoral artery near the groin as this artery is close to the surface at this point. The syringe configuration allows administration of an arterial injection while recording arterial pressure.

drift catheters

catheter tip

For measurement of blood pressure within the heart, very small diameter (1 millimeter) catheters, known as drift catheters, are required so as not to interfere with the normal operation of the heart. These small catheters are inserted into the venous system and "drift" with the blood flow, eventually reaching the heart. They may actually be passed through the heart into the pulmonary circulatory system. The primary disadvantage of these small catheters is the damping effect they have on the pressure pulse waveform which limits the high frequency response of the system and gives erroneous readings. To avoid this problem, the catheter tip transducer shown in Fig. 8-6 incorporates a small pressure transducer built into the end of the catheter, the combination being less than 2 millimeter in diameter. This allows introduction of the actual transducer into the heart and thus avoids the damping problem inherent with small catheters.

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TPUT WITH 7.5VRMS EXCITATION = 5µVRMS/smile Fig. 8-6. A catheter tip pressure transducer.

Page 5 of 13

dge-type

Recording from transducers is covered in more detail in Chapter 18. The transducers shown in this chapter are all bridge-type transducers and, when excited at their maximum rated excitation voltage, they produce an output in the low millivolt or microvolt region, the smaller transducers in general producing less output. While it is possible to use DC excitation and record the output directly using a high sensitivity amplifier, superior results are obtained using a carrier amplifier system such as the Tektronix 3C66 plug-in.

Extremely small direct blood pressure "transducers" have recently been developed for research work. These transducers have an effective diameter of 10 microns. The transducer consists of a 10 micron microelectrode filled with an electrolyte having a different resistivity than that of blood or body fluids. A pressure system is connected to the microelectrode and the impedance between the center of this electrode and the body is monitored. A servo control system controls the pressure in the microelectrode driving pressure system to keep the impedance between the electrode and the body constant by exerting a pressure on the electrolyte in the microelectrode equal to the pressure external to the microelectrode tip. This pressure exerted on the electrolyte is therefore a measure of the blood pressure at the tip of the microelectrode.

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surement

Arterial pressures are normally measured as millimeters of mercury, mm/Hg, and venous pressures are usually measured as centimeters of water, cm/H $_2$ 0. These units are derived from older blood pressure measuring techniques using either mercury or water manometers. A typical arterial blood pressure waveform is shown in Fig. 8-7. The peak pressure is referred to as the systolic pressure and the minimum pressure is referred to as the diastolic pressure.

It is common terminology to refer to an arterial blood pressure of, say, 120 millimeter systolic and 80 millimeter diastolic as "120 over 80" or 120/80. As stated in Chapter 2, the pressure in the arteries is many times greater than the pressure in the veins, typical arterial pressure being 120/80 and typical venous pressure being 9/5 mm/Hg or, in the more common terminology, 12/7 cm/H₂0.

While direct blood pressure is relatively easy to measure, it does require an incision in an artery for introduction of a catheter or insertion of a hypodermic needle. Since this often results in the permanent loss of the artery used, it is regarded with some disfavor in most countries except the U.S.A. Results accurate enough for clinical use are usually obtainable by indirect methods.

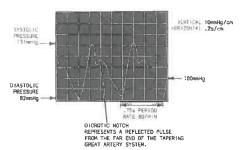
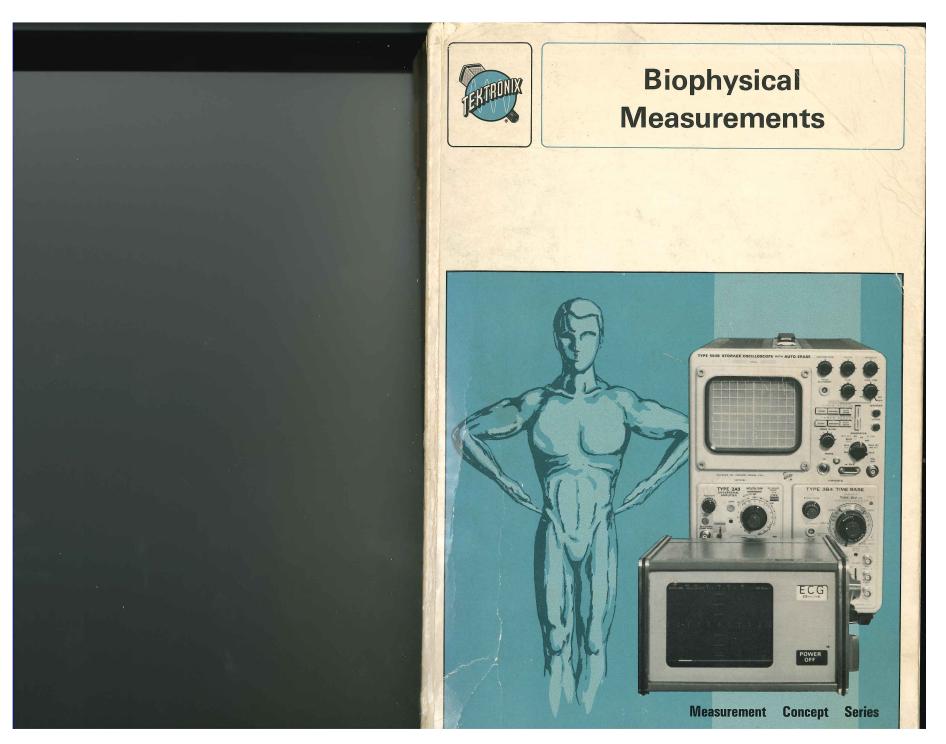


Fig. 8-7. Arterial blood pressure waveform.

Page 6 of 13 ABIOMED Ex. 1048

Landscape Version For Better Viewing

Page 7 of 13 ABIOMED Ex. 1048



Page 8 of 13 ABIOMED Ex. 1048

CAUTION SCOPE 1 SECTION I WITHIN MAN 5 1 The Source of Internal Cell Potentials 7 1.1 FIRST EDITION, FIRST PRINTING NOVEMBER 1970 062-1247-00 2 2.1 2.2 The Heart 26 3 3.1 The Motor Unit 31 3.2 Muscle Action 32 3.3 The Muscular Servo-mechanism 33 3.4 Reflex Response 34 3.5 3.6 The Sense Receptors 36 3.7 © 1970, TEKTRONIX, INC. BEAVERTON, OREGON 97005 4.1 ALL RIGHTS RESERVED in the Brain 39 The Brain 40 4.3 Evoked Potentials 45 4.4

CONTENTS

PHYSIOLOGY AND GENERATION OF BIOMEDICAL POTENTIALS

- THE CELL AS A BIOELECTRIC GENERATOR 7
 - - Cell Stimulation and Stimulus Threshold 16
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Page 9 of 13

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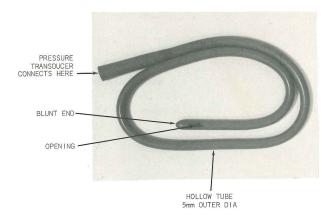


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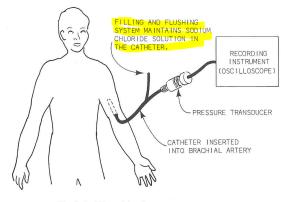


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Fig. 8-4. A needle blood pressure transducer.



STATHAM INSTRUMENTS INC. - MODEL SP25 OVERALL LENGTH ≈ 9" OUTPUT WITH 7.5VRMS EXCITATION = 37µVRMS/mmHq

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STATHAM INSTRUMENTS INC. - MODEL P866
TRANSDUCER TYP - .065" DIAMETER
OUTPUT WITH 7.5VRMS EXCITATION = 5µVRMS/mmHq

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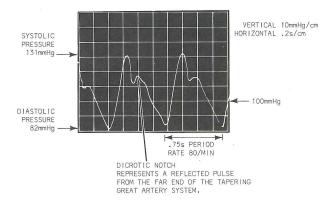


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