

https://www.technogym.com/en-US/product/skillmill_DJK0.html

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The HIIT treadmill

More speed than ever. Increased metabolic rate. Maximum activation of glutes and hamstrings. All thanks to Multidrive Technology™ with magnetic resistance in 11 levels combined with the dual handlebar design.



Designed for workout variety



Non-motorized belt

Dual handlebar

Performance monitoring

Skillmill goes as fast as you do: speed up by moving to the front and slow down by moving to the back

The different positions enable high and low pushes with proper posture, maximizing muscle activation and

The intuitive on-board cons Connect and Console version

Multi-skill training

Skillmill® enables you to perform fundamental movements and exercises to reinforce all the skills that determine your physical fitness level and athletic performance: Power, Speed, Stamina and Agility.







Power Speed Stamina





Data always at hand

The on-board console shows all the data you need to monitor your performance, regardless of body position. It displays wattage, resistance level, speed, and distance and can also show heart rate through Bluetooth-connected devices.







Workout tracking

Log in via Bluetooth®, QR code or NFC to track your performance, save workout data and monitor progress over time.

Only available on Skillmill Connect.







Ready-made and customized workouts

Scan the QR code to access virtual training programs. Log into your mywellness account to access both ready-made and personalized workouts developed by your trainer.

Skillmill versions





Skillmill Console

The Console version adds a self-powered display to show your metrics, and can be connected to your Bluetooth HR device.



Skillmill Connect

This version offers a Wi-Fi enabled console with backlit display and can connect to the mywellness cloud to track workouts.



Skillmill

Curved treadmill

\$12,050

CONFIGURE

Inclusive of delivery within 10 weeks from order confirmation



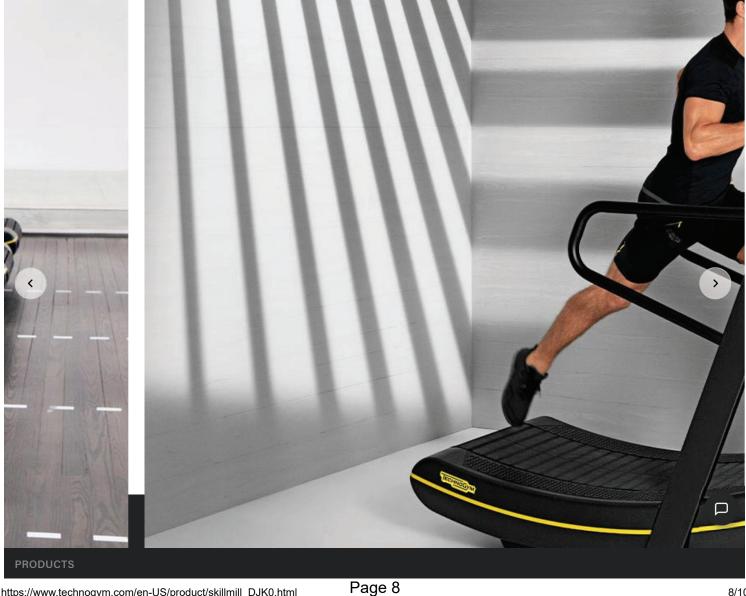
Inclusive of delivery and installation.



CONTACT OUR SPECIALIST

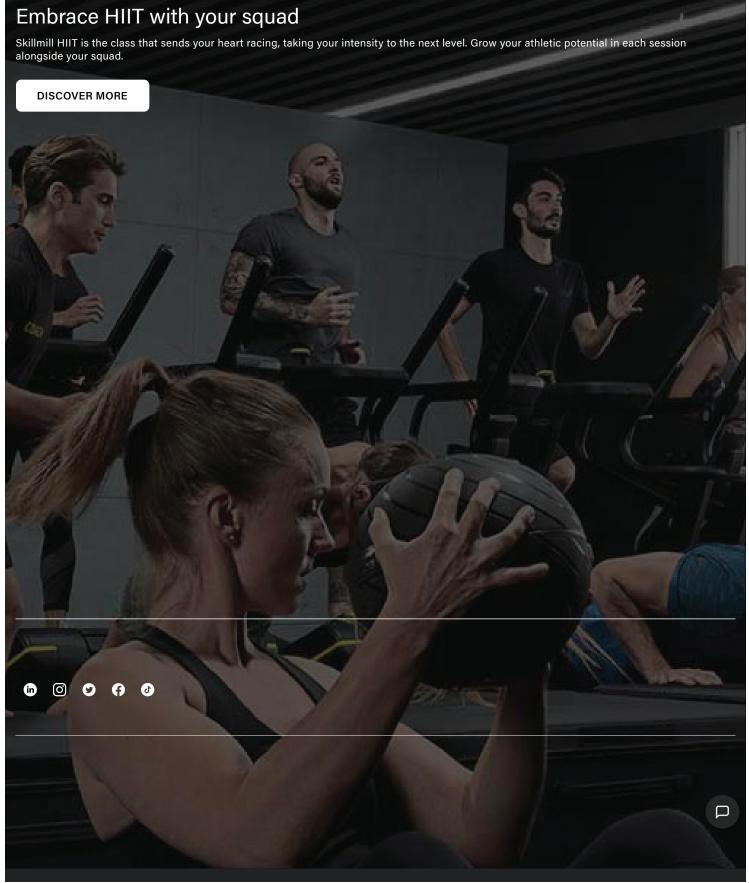
Description

Increase your speed, metabolic rate and glute and hamstring muscle activation, by alternating between resistance-free running and sled pushing against resistance.



Treadmills

Bikes



Fiscal code and VAT: 06250230965 Certified Electronic Mail (PEC): technogym.amministrazione@legalmail.it Company registration number at the Forli-Cesent Register RFA 315187 Fully paid up capital Euro 10.066.375,00 Sia

