

Dear Gopher State Participant,

Gopher State Roundup presents A.A. and Al-Anon speakers from all parts of North America. We conduct the Roundup according to the Twelve Traditions of Alcoholics Anonymous and the **A.A. Guidelines on Conferences and Conventions**. Help us to observe the spirit of the Twelve Steps and the Twelve Traditions. In addition:

1. All Roundup Hospitality Suites are open to all participants to come in, share food and beverages, and meet new friends in the Fellowships of A.A., Al-Anon, and Alateen.
2. The pool will close at 11 PM. Poolside remains open until 2 AM. Activities will be restricted to quiet camaraderie. Please note that hotel rules require an adult to accompany any children under 14 years of age. Only registered hotel guests may use the pool.
3. Musical instruments and amplified music are not permitted in the common areas, including hospitality suites.
4. Gambling is not permitted in public areas.
5. Irresponsible conduct in any area of the hotel will lead to eviction. Incidents resulting in a security response may result in eviction without any warning given.
6. Hotel enforces quiet time on sleeping floors from midnight to 8 AM.
7. In accordance with Minnesota State Law, please do not smoke within 25 feet of any entrance, exit, windows or ventilation unit. **Use of e-cigarettes or similar devices is strictly prohibited inside the hotel.**
8. **Parking restrictions will be enforced.**

We are the only copy of the Big Book that some people may see. Consider this responsibility in your language and conduct.

Registration badges are required for all participants and volunteers, and must be worn in the hotel and Hospitality Suites at all times during the Roundup

Thank you for your cooperation! Enjoy the Roundup!

Yours in Fellowship,

Gopher State Roundup Board of Directors



Gopher State Roundup LI

We Are Not A Glum Lot!

MAY 22-24, 2026

DOUBLETREE BY HILTON HOTEL

HIGHWAY 100 & 494 • BLOOMINGTON, MN

www.gopherstateroundup.org



**Please turn off all cell phones
during the meetings**

WELCOME!

The Gopher State Roundup Board of Directors and Executive Committee thank you for joining us at this year's Roundup. This is an occasion to share Fellowship and to carry the message of A.A.

We have a full schedule of meetings. Attend those of interest to you and make time to visit the many Hospitality Suites.

All speaker meetings are held in the Grand Ballroom, and are open to all registrants.

The Grand Ballroom has a few sections of Reserved Seating. Please be respectful by not occupying these seats. Please be especially mindful of ASL and Accessible seating. Thank you.

GENERAL INFORMATION

- **ROUNDUP HOSPITALITY SUITES:** Poolside and 4th Floor of the South Tower
- **LIVE STREAM of all speaker meetings** will be available at the link sent to your registration email, and may be available on Channel 22 in your hotel room.
- **OVERFLOW SEATING**
 - Friday at 7:30 PM, Saturday at 9:30 AM, 11:30 AM & 7:30 PM in the Veranda, Edina and Bloomington rooms and in Atrium 6
 - Friday and Saturday at 10:00 PM in the Veranda, Edina and Bloomington rooms
- **A.A., AL-ANON and ALATEEN CONFERENCE-APPROVED LITERATURE** is available for sale in the Grand Ballroom Foyer
- **ON-SITE VOLUNTEER SIGN-UP:** See the volunteer table located outside Plaza 5 & 6
- **A.A. ARCHIVES DISPLAY:** Plaza 1
- **REGISTRATION:** Cash, check, and credit card accepted

SPEAKER MEETINGS

FRIDAY, May 22nd, 2026

- | | |
|----------|---|
| 12:00 PM | Registration opens
Plaza 5 & 6 |
| 7:30 PM | Hilda F., A.A.
Las Vegas, NV |
| 10:00 PM | Josh S., A.A.
Hattiesburg, MS |

SATURDAY, May 23rd, 2026

- | | |
|----------|---|
| 7:00 AM | Registration opens
Plaza 5 & 6 |
| 9:30 AM | Kelly P., Al-Anon
Helena, MT |
| 11:30 AM | Marita R., A.A.
Mesquite, NV |
| 2:00 PM | Jack C., Al-Anon
Sylmar, CA |
| 4:00 PM | Dennis B., A.A.
Farmington, MN |
| 7:30 PM | Bill C., A.A.
Torrance, CA |
| 10:00 PM | Sarah I, A.A.
Philadelphia, PA |

SUNDAY, May 24th, 2026

- | | |
|----------|---|
| 8:00 AM | Registration opens
Plaza 5 & 6 |
| 10:00 AM | Dave D., A.A.
Annapolis, MD |

For the meetings listed above:

- *ASL interpretation is provided*
- *Recordings are available in the Grand Ballroom Foyer*

ROOM TO GROW
CALL-UP MEETINGS

	BLOOMINGTON ROOM	EDINA ROOM
FRIDAY AFTERNOON		
4:00 PM	Slips	Carrying the Message
5:00 PM	Desire to Stop Drinking	Prayer & Meditation
6:00 PM	Restore Us to Sanity	Sex

FRIDAY LATE NIGHT/ SATURDAY AM		
Midnight	Came to Believe	Sponsorship
1:00 AM	Program of Action	The Promises
2:00 AM	Don't Take Yourself Too Seriously	-
3:00 AM	Spiritual Awakening	-

SATURDAY AFTERNOON		
1:00 PM	Powerlessness	Honesty, Open-Mindedness & Willingness
3:00 PM	Honesty, Open-Mindedness & Willingness	Powerlessness
5:00 PM	Responsibility	Don't Take Yourself Too Seriously
6:00 PM	The Promises	Program of Action

SATURDAY LATE NIGHT/ SUNDAY AM		
Midnight	Sponsorship	Came to Believe
1:00 AM	Sex	Restore Us to Sanity
2:00 AM	-	Desire to Stop Drinking
3:00 AM	-	Carrying the Message

LIVESTREAM OF
AA FILMS

FRIDAY	
5:15-5:30 PM	<i>Hope</i>
5:30-6:00 PM	<i>A New Freedom</i>
6:15-6:45 PM	<i>Young People in A.A.</i>
9:15-9:30 PM	<i>Carrying the Message Behind These Walls</i>

12:00-12:20 AM	<i>Your A.A. G.S.O.</i>
12:30-1:10AM	<i>Markings on the Journey</i>

SATURDAY	
9:00-9:20 AM	<i>It Sure Beats Sitting in a Cell</i>
12:45-1:45 PM	<i>Bill's Own Story</i>
3:30-3:45 PM	<i>Hope</i>
5:30-6:30 PM	<i>Bill's Own Story</i>
9:00-9:25 PM	<i>Gopher State XL History Presentation</i>

12:00-12:45 AM	<i>Bill Discusses the 12 Traditions</i>
12:45-1:15 AM	<i>A New Freedom</i>

ALTERNATIVE LANGUAGE
MEETINGS

ATRIUM 8
*Meeting times will be posted outside the room
and on www.gopherstateroundup.org*

AL-ANON MEETINGS

	ATRIUM 7
FRIDAY	
6:00-6:45 PM	When Hope is Gone, Give it One More Day -Beginner's Meeting
9:15-10:00 PM	Tools of the Program

SATURDAY	
1:00-1:45 PM	Just for Today
3:15-4:00 PM	Working Together in Sponsorship
6:00-6:45 PM	Just for Tonight - Beginner's Meeting

SUNDAY	
9:00-9:45 AM	Meditation: Quiet the Mind, Open the Heart

ALATEEN MEETINGS

ATRIUM 1
*All meetings closed unless noted
(open to participants under 21)*

FRIDAY	
6:00-6:45 PM	Healing Through Sharing
9:15-10:00 PM	WELCOME: Newcomers Meeting & Pizza Party (open)

SATURDAY	
1:00-1:45 PM	Am I Responsible for Only Me?
3:15-4:00 PM	The Dilemma of Living in an Alcoholic Home.

6:00-6:45 PM	Hope and Being Heard! Pizza Party (open)
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9:15-10:00 PM	Candlelight & Gratitude
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SUNDAY	
9:00-9:45 AM	My Higher Power, The God of My Understanding

WORKSHOP

PLAZA 3
2026 Conference Report - Area 36
Saturday 1:05 – 2:00 PM
General Service
Conference Report Back

KARAOKE

VERANDA ROOM
Saturday following 10pm speaker

HOSPITALITY SUITES

All Roundup Hospitality Suites are open to all participants to come in, share food and beverages, and meet new friends in the Fellowships of A.A., Al-Anon, and Alateen.

Name	Room
156 Club Forest Lake	203
AA Riverside	115
Alano Club of Rosemount	125
Alano Society of Mpls	103
Anoka Today Alano	212
Bad Moms Club	222
Belle Plaine, Jordan and New Prague AA Group	410
Bloomington Alano AA Groups	130
Cavalier Club West	110
Central Pacific AA	213
Chaska/Chanhassen AA Groups	230
CRC AA Groups, CRC Alumni AA	132
Dakota Alano Society, Inc.	205
Defogged Men's Group	224
Downtown Alano Society of St Paul	204
Fellowship Club	102
Fridley Alano Society Groups	118
Friends In Recovery	126
Grace Uptown AA Groups	214
Gratitude Group	115
Greater Minneapolis Intergroup	215
Hastings AA	229
Highland AA	131

HOSPITALITY SUITES

Room	Name
Lakers Alano	108
Main Idea Groups	217
Mendota AA	104
Midway Club AA	105
Midwestern Groups/Waconia AA Group	220
New Beginnings Minnesota Alumni Association	208
New Brighton Alano	129
New Hope Alano	219
North Road AA Circle, Lex AA, Centennial AA	201
Northeast Recovery Room	226
Northwestern Alano Society	127
On the Red Road AA	207/223
Our Friends Place AA	128
Richfield Bloomington Alano Society	216
Ridgerunners AA	109
Robbinsdale Alano	114
Rojo Mens Group	202
Sahara Club	123
Sinking Ship AA	117
South St Paul 301 Alano	206
St Paul Intergroup	225
St. Croix Valley AA	209
Summit Hill AA	227
SW Metro Groups	210
The Hole In The Doughnut / Primary Purpose Group	107
Thunderbird AA Groups	116
Twin Cities LGBTQIA+ & Friends AA	124
Twin Lake Alano	106
Uptown Group	218
West End AA	228
West Suburban Alano	231
Woodbury AA/Alanon Groups	232

Founder's Day
Celebrating 86 Years of AA
in the Upper Midwest
Saturday, November 28th, 2026
Doubletree Minneapolis
South Bloomington, MN
www.foundersdaymn.org