LAS VEGAS ROUNDUP 2026
Celebrating
60 *Years*

JOIN OUR

FREE YOGA & MEDITATION



YOGA

FRIDAY 10:45 AM TO 12 PM

SATURDAY 11:30 AM TO 12:45 PM

MEDITATION

7:00 a.m. Sunlight of the Spirit

10:00 p.m. 10 Step

FIND YOUR INNER PEACE
WITH A GENTLE FLOW

MATS & BLOCKS AVAILABLE

No experience needed