

South Bay Family Roundup



2026

We wish to dedicate this year's event in memory of our friend Jerry McD who was one of the original founders of the South Bay Family Roundup. For over 40 years Jerry's love, service and devotion to the Roundup was an example to all of us and we will be forever grateful to him. We miss you "Jeep".

A Message from Our Chairs

Welcome to our 42nd South Bay Family Roundup!

Since the beginning of my sobriety, the South Bay Roundup has been a place where I could connect with others, hear stories of recovery and be reminded that none of us has to walk this journey alone. I hope you reach out to others this weekend to find the hope, fellowship and unity that I received every year.

I want to express my gratitude to the executive committee, volunteers, speakers and committee members who have dedicated their time and energy in contributing to the success of this roundup.

Thank you for allowing me the privilege of being your AA Chair. I hope you leave feeling inspired, encouraged and reminded that we are on this journey together. You are never alone!

Let's Celebrate the Miracles together!

In love and service,

Dianne K
2026 AA Chair

South Bay Roundup Past Chairs:

1st 1985	Dave B. Rachelle R.	12th 1996	James D. Les W.	23rd 2007	Vince Z. Cheryl S.	34th 2018	Roxanne P. Danny B.
2nd 1986	Dave B. Rachelle R.	13th 1997	Don A. Margaret C.	24th 2008	Becky A. Linda C.	35th 2019	Ricardo Q. Stephanie O.
3rd 1987	Franny S. Chris C.	14th 1998	Curt S. Sandy L.	25th 2009	Jeff P. Sandra D.	36th 2020	Jackie P. Chris E.
4th 1988	Dave B. Judy G.	15th 1999	Susan B. Gayle K.	26th 2010	Donna McC. Jean K.	37th 2021	Maricela G. Margie C.
5th 1989	Dave B. Rachelle R.	16th 2000	Jerry R. Carol T.	27th 2011	Dale W. Stella V.	38th 2022	Jack P. Melanie P.
6th 1990	Dave B. Rebecca C.	17th 2001	Butch G. Dinah D.	28th 2012	Tim T. Kim H.	39th 2023	Johnny B. Carolyn G.
7th 1991	Roger D. Dee D.	18th 2002	Rich M. Lynne D.	29th 2013	Tim L. Frances G.	40th 2024	Christy R. MaryBeth M.
8th 1992	Roger D. Dee D.	19th 2003	Ron S. Karen P.	30th 2014	Beverlie M. Bruce G.	41st 2025	Mark H. Lupe V.
9th 1993	Chris R. Gloria C.	20th 2004	Cathy W. Eloise S.	31st 2015	Dale W. Melody K.		
10th 1994	Mike C. Cathy S.	21st 2005	Jon McC. Mickey W.	32nd 2016	Mary Mc. Thomas B.		
11th 1995	Bert M. Larcine G.	22nd 2006	Chris R. Dick B.	33rd 2017	Michael R. Carol G.		

Thank you for your Service

As your most humble Al-Anon Chair, I would like to welcome you ALL to our "Celebration of Miracles."

By the time I found Al-Anon, I had survived an alcoholic home and was married to a 'very' active alcoholic. I no longer believed in 'miracles'.

But I came to believe. I found the miracles by sharing my fears; by keeping an open mind; by watching you all recover. I found my voice. I found a family and balance. I even realized that I still loved my husband. I found my path to recovery.

Thanks to my sponsor, the SBRU Steering Committee and a wonderful band of committee chairs and co-chairs, I found fun in service. My miracles happened!! But my Higher Power required me to be available. Well, here I am.

So, I invite you ALL to have fun this weekend. Share miracles in laughter and hugs.

Look around!!! We are all miracles!!!

CELEBRATE!!!

A Miracle in Service,

Linda McBlu

2026 Al-Anon Chair

2026 South Bay Roundup Committee Chairs and Co-Chairs:

AA Co-Chair Chris M. Al-Anon Co-Chair Tommy R. AA Literature - Central Office Jerry R. & Rob D. & Alex Al-Anon Literature Laurie C. & Gretchen O. AA Oldtimers' Meeting Donna & Jon Mc. Al-Anon Longtimers' Tea Adriana K. & Claudia B. AA Marathon Meetings Don R. & Joe R. Al-Anon Marathon Meetings Stephanie O. & Ricardo Q. Carry the Message Jackie P. & Alya L. Coffee House Steve G.	Decorations Gina T., Zoie C. & Liz A. Entertainment Steve G., Michael S., Risa M. & Allison K. Finance Crystal J., Susan B. & Jim B. Gift Baskets Danielle W. & Cynthia L. Golf Richie S. Graphics/Program Maricela G. Greeters Daniel C. & Wendy S. Hotel Room Liaison Melanie P. Hotline Dee D. Hosts/Hostesses Barbara M. & Jim H. Meditation Kelli P. & Monique H. Meeting Set Up	Melissa C. & Apollo C. On-Site Information Cruz N. & Chris B. Outside Activities Kristin W., Tim B. & JJ S. Parking MaryBeth M. & Christy R. Pick Up & Delivery Jack P. & Steve F. Purchasing Donna McC. & Jon McC. Registration Outreach Beverlie M. Registration Teams Melissa S. & Kelsie S. Safety & Security Erik S. & Robert S. Signs Kent K. & Michael R. Souvenirs Denise M. & Ray S.	Speaker Host Jacquie P. Speaker Liaison Cathy S. Treasurer Chris R. Ushers Robert C. & Keira O. VIP Raffle Mary F., Emily T., Bobby R., & Julie L. Website Michael R. Young People AA Alex W. & Lani Mc. 50/50 Raffle Maria B., Chris E., & Bruce G.
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South Bay Family Roundup Highlights

FRIDAY, SEPTEMBER 4

- 3 PM** REGISTRATION OPENS
Seascape Ballroom
- 4 PM** MEDITATION ROOM OPENS
Ocean Room
- 4 PM** AA MARATHON OPENS
Bay Room
- 4 PM** AL-ANON MARATHON OPENS
Catalina Room
- 6:30 PM** OPENING CEREMONIES
- 8 PM** OPENING MEETING
Coral Ballroom
- 9:30 PM** LIVE MUSIC
Coral Ballroom

SATURDAY, SEPTEMBER 5

- 8 AM** REGISTRATION OPENS
Seascape Ballroom
- 8 AM** BEACH WALK
(Free Event)
Hotel Lobby
- 9 AM** HERB K. WORKSHOP
Celebrate the Miracles
Promenade Room - 2ND Floor

SATURDAY, SEPTEMBER 5 Cont'd

- 11 AM** AL-ANON LUNCHEON
[Ticketed Event](#)
Coral Ballroom
- 12 PM** YOUNG PEOPLES PANEL
Rule 62
Promenade Room - 2ND Floor
- 12:30 PM** LIVE MUSIC
Poolside
- 2 PM** VETERANS MEETING
Bay Room
- 2:30 PM** JAY S. & BILL C.
WORKSHOP
Has AA Lost its Edge?
Promenade Room - 2ND Floor
- 6 PM** BANQUET DINNER,
MEETING, SHOW &
DANCE
[Ticketed Event](#)
Coral Ballroom
- 6:30 - 10 PM** YOUNG PEOPLES
SPEAKER MEETING
Promenade Room - 2ND Floor
- 10 PM** LIVE MUSIC
Coral Ballroom

SUNDAY, SEPTEMBER 6

9 AM YOUNG PEOPLES
Motorcycle Poker Run
[Ticketed Event](#)

10 - 11:30 AM SUP MEETING
GROUP ONE
[Ticketed Event](#)
Public Dock

9 AM FAMILY BREAKFAST
[Ticketed Event](#)
Coral Ballroom

1 - 2:30 PM SUP MEETING
GROUP TWO
[Ticketed Event](#)
Public Dock

11:30 AM AA WOMEN'S
SPEAKER MEETING
Promenade Room
2ND Floor

12:15 - 2 PM AA OLDTIMERS
MEETING
[\(All Welcome\)](#)
Coral Ballroom

12:30 - 5 PM LIVE MUSIC
Poolside

2 PM H & I MEETING
Bay Room

SUNDAY, SEPTEMBER 6 Cont'd

2:30 - 4 PM INTERVIEW WITH A
DRUNK
Promenade Room - 2ND Floor

3 PM AL-ANON
LONGTIMERS TEA
[\(All Welcome\)](#)
Coral Ballroom

4:30 PM YOUNG PEOPLE MEETING
Family in Recovery
Promenade Room - 2ND Floor

5 PM BBQ
Poolside

6:30 PM MUSICIANS MEETING
Coral Ballroom

9 PM LIVE MUSIC
Coral Ballroom

9 PM YOUNG PEOPLE
Game Night & Show
Promenade Room - 2ND Floor

MONDAY, SEPTEMBER 7

8 AM BIRTHDAY MEETING
Bay & Catalina Rooms

10 AM - 1 PM CLOSING CEREMONIES
AND SPEAKER MEETING
Coral Ballroom

FRIDAY SEPTEMBER 4

Opening Ceremony

Emcee: Michael R., Palm Desert

Opening: Redondo Union HS Marine Corps
Jr. ROTC Color Guard

National Anthem: Joy C., Redondo Beach

Chair: Risa M., Manhattan Beach

Co Chair: Allison K., Redonda Beach

Opening Meeting

Leader: Shannon H., Palos Verdes

Anonymity Statement: Shannon H., PV

AA Preamble: Melissa C., Redondo Beach

Chapter 3: Cruz N., Redondo Beach

Chapter 5: Francesca B., Redondo Beach

A Vision For You: Kim B., Lomita

Speaker Intro: Bill C., Torrance

Speaker: Mike P., Las Vegas, NV

Closing Prayer: Mary Mc., San Pedro

SATURDAY SEPTEMBER 5

AI-Anon Luncheon

Leader: Linda McBlu., El Segundo

Invocation: MaryBeth M., Torrance

12 Steps: Stephanie K., Cleveland

12 Traditions: Adriana K., Westchester

Do's and Don'ts: Glenda L., Las Vegas

Understanding Ourselves: Deborah H.
Manhattan Beach

Speaker Intro: Karen H., Hawthorne

Speaker: David E., Chicago, IL

Closing Prayer: Jean K., Torrance

SATURDAY SEPTEMBER 5 Cont'd

Veterans Meeting

Leader: Bob J., Rancho Palos Verdes

Chapter 3: Melissa C., Redondo Beach

Chapter 5: Mo E., Gardena

12 Traditions: Clayton B., Manhattan Beach

A Vision for You: Jim C., Torrance

Veteran Chips: Jim G., Hawthorne

Timer: Everett K., Torrance

Banquet Dinner, Meeting & Show

Leader: Dianne K., Harbor City

Anonymity Statement: Dianne K., Harbor
City

AA Preamble: Kellie M., Torrance

Chapter 3: Roxanne P., Colorado Springs

Chapter 5: Jeff P., Colorado Springs

A Vision For You: Risa M., Manhattan
Beach

Speaker Intro: Kelli H., Claremont

Speaker: Amy D., Louisville, KY

Closing Prayer: Dan B., Hermosa Beach

Banquet Show: Natalie Ford Brown Band &
Friends

Young Peoples Meeting

Leader: Alex W., Redondo Beach & Lani
Mc., Redondo Beach

Sobriety Countdown

Chapter 5: Kadin B., Redondo Beach

Speaker: Danny T., Pacoima

Closing Prayer: James P., Redondo Beach

SUNDAY SEPTEMBER 6

Family Breakfast

Leader: Tommy R., Torrance

Invocation: Bruce G., Torrance

Al-Anon - Understanding Ourselves:

Susan R., Torrance

AA - Chapter 5: Bert M., Lomita

Speaker Intro: Curt S., La Quinta

AA Speaker: Tom U., Santa Fe, NM

Speaker Intro: Cathy S., La Quinta

Al-Anon Speaker: Juanita U., Santa Fe, NM

Closing Prayer: Margaret M., Lomita

AA Women's Meeting

Leader: Karen H., Hawthorne

Anonymity Statement: Roxane G., Torrance

AA Preamble: Jean P., Gardena

Chapter 5: Christi L., Lomita

A Vision For You: Arlene G., Torrance

Closing Prayer: Crystal J., Torrance

Speaker: Glynis F., Westwood

AA Oldtimers Meeting

Leader: Donna McC., El Camino Village

Anonymity Statement: Donna McC., El Camino Village

AA Preamble: John P., Torrance

Twelve Steps: Monique P., Torrance

Twelve Traditions: Bob T., Redondo Beach

Closing Prayer: Kelly G., Redondo Beach

H & I Meeting

Leader: Naomi, Redondo Beach and John H., Las Vegas

Guest Speaker: David V., Santa Barbara

Interview with a Drunk Meeting

Leader: John B.

Guest Speaker: Sharon F., El Segundo (51 years sober)

SUNDAY SEPTEMBER 6 Cont'd

Al-Anon Longtimers Tea

Welcome Statement: Adriana K., Westchester

Serenity Prayer: Kelly O., Santa Monica

Preamble: Jeff Y., Westchester

The Forum: Claudia B., Palos Verdes

Hope for Today: Julie A., Westchester

How Al-Anon Works: Tom W., Westchester

Emcee: Eric H., Redondo Beach

Changed Attitudes: Adriana K., Westchester

Closing with "Al-Anon Declaration": Linda McB., El Segundo

Musicians Meeting

Leader: Michael S., Gardena

Speaker Intro: Michael S., Gardena

Speaker: Jack G., Long Beach

MONDAY SEPTEMBER 7

Birthday Meeting

Leader: Wayne'O C., Redondo Beach

Closing Meeting and Countdown

Countdown: Jim H., Rancho Santa Margarita

Leader: Chris M., Torrance

Preamble: Melissa S., Hermosa Beach

Chapter 5: Patrick V., Torrance

Speaker Intro: Sheri L., Redondo Beach

Speaker: Hilda F., Studio City

Vision For You: Beverlie M., Torrance

Closing Prayer: Bret S., Torrance

AA Marathon Meetings

BAY ROOM

Friday

Time	Topic	Leader / Group
4 PM	Acceptance	Katy A.
5 PM	Daily Reprieve	Mike M, District 1 & 3
6 PM	Service Committees: What They Do for the Alcoholic Who is Still Suffering	
7 PM	Step 10 Practice	Heather H.
8 PM	The Promises	Wayne O
9 PM	Rigorous Honesty	Richard W.
10 PM	Young People in AA: Young at Heart Welcome!	Young Peoples
11 PM	Young People in AA: Young at Heart Welcome!	Young Peoples

Saturday

Time	Topic	Leader / Group
7 AM	Willingness	AJ
8 AM	Third Step Prayer	Dan B.
9 AM	Third Step	Brian G.
10 AM	Acceptance	Bree W.
11 AM	The Family Afterwords	Mike W.
12 PM	Powerlessness	Brian L.
1 PM	Faith & fear	Ken M.
2 PM	Veteran's Meeting	Bob J.
3 PM	Veteran's Meeting	
4 PM	The 5th Step	Jamie B.
5 PM	Outside Help	George C.
6 PM	Willingness	Patrick J.
7 PM	Recovery Lifestyle	Mark N.
8 PM	Carrying the Message	Richard B & Paul C.
9 PM	Lack of Power	TBA
10 PM	No Matter What	Jason M
11 PM	Acceptance	Jason A.

Sunday

Time	Topic	Leader / Group
7 AM	Spiritual Experience	Curt P.
8 AM	Steps 6 & 7	Don R.
9 AM	Emotional Sobriety	Sara A.
10 AM	God of My Understanding	Dan B.
11 AM	Gratitude	Mike W.
12 PM	Carrying the Message	Kyle L.
1 PM	Willingness	Angelo R.
2 PM	Guest speaker David V., Santa Barbara	H & I, Naomi, Redondo Beach
3 PM	Guest speaker Continued	H & I, John H., Las Vegas
4 PM	Young People in AA: Young at Heart Welcome!	MCSC09 Young People Committee
5 PM	Daily Reprieve	Christopher B.
6 PM	4th Step	Justin B.
7 PM	"The No Matter What Club"	Monique H. & Bill P.
8 PM	Forgiveness	Monique H. & Bill P.
9 PM	Carrying the Message	Jonathan S
10 PM	Honesty	Doug R.
11 PM	The Promises	Jason M.

Al-Anon Marathon Meetings

CATALINA ROOM

Friday

Time	Topic	Leader	City/Group
4 PM	Just for Today	David C	Lomita
5 PM	Keep Coming Back	Ray S	Torrance Monday Podium
6 PM	**OPENING MEETING**		
7 PM	**OPENING MEETING**		
8 PM	**OPENING MEETING**		
9 PM	Living in the Solution	Ron G	Thursday Parent Focus
10 PM	Reacting or Responding	Nina C	Torrance Monday Podium
11 PM	Courage to Change	Scott H	Torrance Monday Podium

Saturday

Time	Topic	Leader	City/Group
7 AM	Live and Let Live	Allegra D	Torrance Monday Podium
8 AM	TBA		
9 AM	Guidance and Direction	Rick A	Saturday Morning Walteria
10 AM	Sponsorship	Sandra D	Torrance Monday Podium
11 AM	To Thine Own Self Be True	Deborah H	Conscious Contact El Segundo
12 PM	TBA		
1 PM	Detachment	Mark N	
2 PM	First Things First	Keira O	Gardena 12 12 12
3 PM	Outside Issues - Leave Them Outside Tradition 10	Thomas B	Serenity in the Park
4 PM	Happiness is an Inside Job	Margie R	Torrance Monday Podium
5 PM	Control	Vicki V	Torrance Monday Podium
6 PM	The Dilemma of the Alcoholic Marriage	Tiffany C	Thursday Parent Focus
7 PM	Reason Things Out with Someone Else	Valerie M	Torrance Monday Podium
8 PM	TBA		
9 PM	Al-Anon's Loving Interchange	Mary Beth	Torrance Monday Podium
10 PM	Alcoholism - The Family Disease	Stephanie O	Torrance Monday Podium
11 PM	TBA		

Sunday

Time	Topic	Leader	City/Group
7 AM	TBA		
8 AM	Fear vs Faith	Diana A	Thursday Parent Focus
9 AM	TBA		
10 AM	TBA		
11 AM	Participation is the Key to Harmony	Glenda K Stephanie L	Las Vegas
12 PM	Giving Your Power Away	Denise M	Thursday Parent Focus
1 PM	Survival to Recovery	Julia M	Torrance Monday Podium
2 PM	Trust	David C	Lomita
3 PM	Awareness Acceptance Action	Jennifer M	Saturday Morning Walteria
4 PM	Anonymity - The Spiritual Foundation	Lupe	Torrance Monday Podium
5 PM	Taking Care of Ourself	Carmen	Torrance Monday Podium
6 PM	Becoming Your Own Best Friend	Susan R	Saturday Morning Walteria
7 PM	TBA		
8 PM	Tools of Al-Anon	Carole G	Torrance Monday Podium
9 PM	Principles Above Personalities	Helen L	Torrance Monday Podium

Meditation Meetings Palos Verdes

Friday

Time	Session Type	Topic	Leader
4 PM	Silent	Open Meditation	Megan K.
5 PM	Guided	Let Go or Be Dragged	Kelli
6 PM	Silent	Open Meditation	Kelli

Saturday

Time	Session Type	Topic	Leader
7 AM	Silent	Open Meditation	Monique
9 AM	Guided	Acceptance	Kelli
10 AM	Guided	Stillness in Motion Workshop	Allison H. & Carissa R.
11:30 AM	Guided	Sound Healing Soundbath	Jessica from Soho Yoga
1 PM	Guided	The Dream Lab Meditation	Tammy
2 PM	Silent	Open Meditation	Whitney
4 PM	Guided	Mindfulness/Loving Kindness Meditation	Kelli
5 PM	Silent	Open Meditation	Kasandra & Dan
7 PM	Silent	Open Meditation	Lynn

Sunday

Time	Session Type	Topic	Leader
7 AM	Guided	Grounding Meditation	Melissa C
8 AM	Silent	Open Meditation	Marie
10 AM	Guided	Breathe.Release. Awaken. Chris Breathwork Meditation	
11 AM	Silent	Open Meditation	Allison
1 PM	Guided	Self Compassion Meditation	Kelli
2 PM	Guided	Guided Meditation	Kathleen
3 PM	Guided	Guided Meditation	Tim O
5 PM	Guided	Soundbath/Meditation	Kimchi
7 PM	Guided	Body Scan Meditation	Melissa C
8 PM	Silent	Open Meditation	Marta

Live Music Late Evening Coral Ballroom

Friday

9:30 - 10:30 PM, Live Music - Cash Only
10:30 PM - Karaoke

Saturday

6:00 - 7:00 PM, Banquet
7:00 - 8:00 PM, Live Entertainment,
Natalie Ford Brown Band & Friends
8:00 - 9:30 PM, Sat Night Banquet Speaker
10:00 PM - 12:00 AM, Live Dance Band, Detour

Sunday

6:30 PM - 8:00 PM, Musicians Meeting
9:00 PM - 12:00 AM, Coffee House Live Music

Live Music Poolside

Saturday

12:30 PM Yeah Right
2:00 PM For Crying Out Loud
3:30 PM Detour
5:00 PM Jen and The Black Knights

Sunday

12:30 PM Garage Doors
2:00 PM Probable Cause
3:30 PM Ginger Merkin
5:00 PM The Resentments

Young People AA Activities

Saturday

- 12 PM Young People Panel
Rule 62
Promenade Room - 2ND Floor
- 6:30 - 10 PM Young People Speaker Meeting
Promenade Room - 2ND Floor

Sunday

- 9 AM Young People Motorcycle Poker Run
Ticketed Event - Across the Street From the Hotel
- 4 PM Young People Meeting Family in Recovery
Promenade Room - 2ND Floor
- 9 PM Young People Game Night
Promenade Room - 2ND Floor

Outside Activities

WALKING - SATURDAY 8 AM

Check in at the front of the hotel

Join us on the South Bay Roundup Fellowship Walk! This walk takes about 45 minutes for the average walker. We will have South Bay Roundup greeters stationed at check points on the path on Saturday, to help guide you, rally you, and fellowship with you!

STANDUP PADDLEBOARD MEETINGS

Sunday, September 6
(ticketed event)

10:00-11:30 am

1:00-2:30 pm



Tips:

**Arrive at public dock
30 minutes early.**
See red dots on map.
The public dock is behind
Seaside Lagoon.

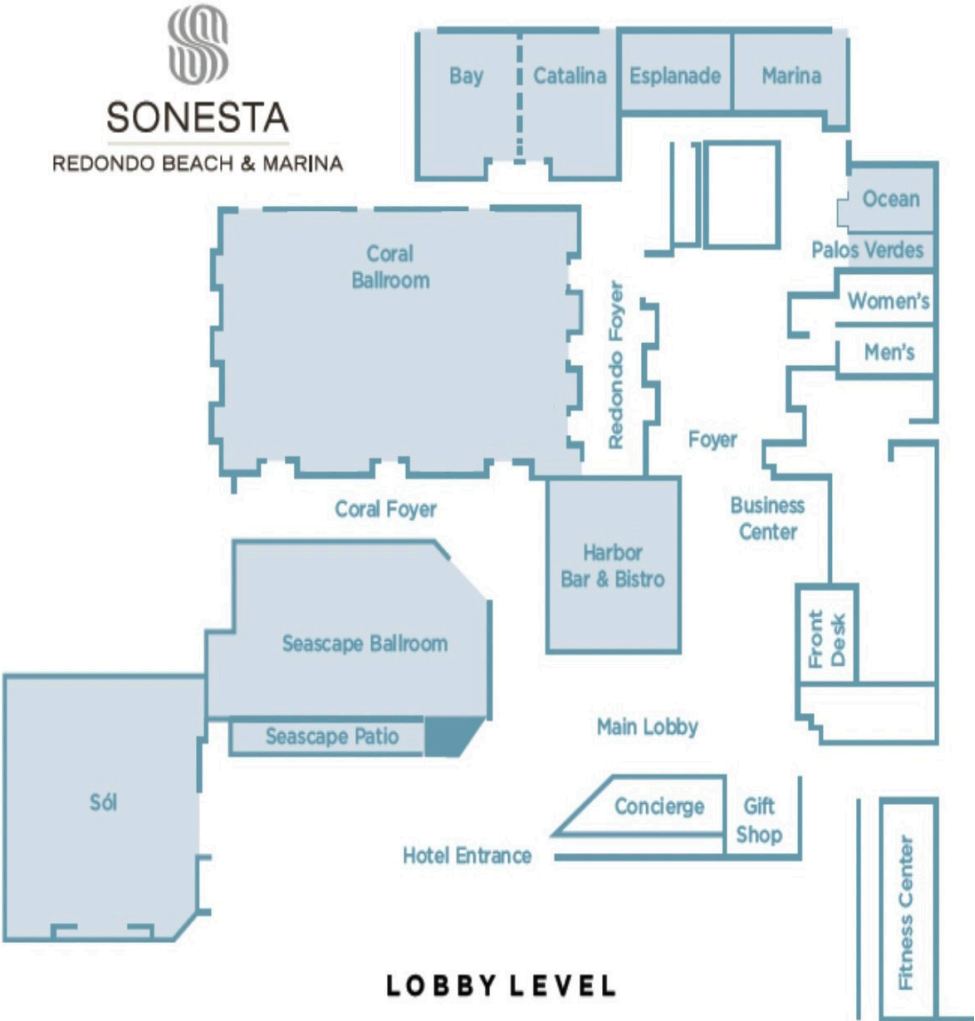
Bring your ticket
provided at registration

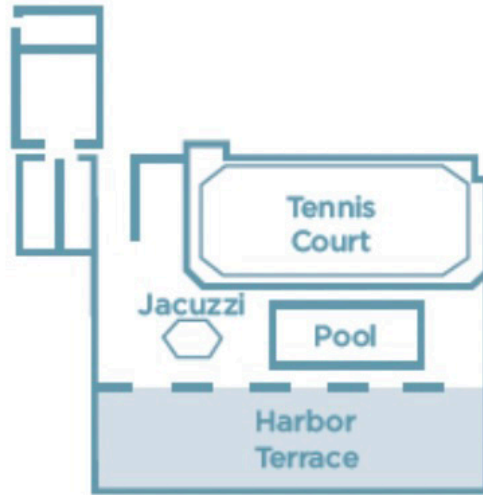
Sign your waiver

Text (310) 897-2821 if
you have not returned
your liability waiver,
or scan the QR code
below and complete it
before your event time.

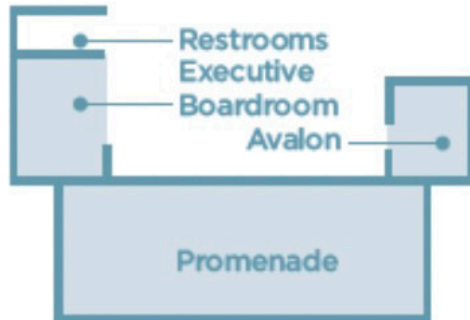


Hotel Map





SECOND LEVEL



PROMENADE LEVEL



IN CLOSING

Thank you for joining our annual South Bay Family Roundup. Each person who comes adds to the power and magic of our program, that it works — it really works!

Putting together this event requires the efforts of South Bay AA's and Al-Anons, who have contributed their love, talents, and time to making this party happen.

We know they have received the internal rewards of spiritual growth, greater self-esteem and increased connection to others, but we would also like to take this opportunity to thank them all publicly.

This year's theme "Celebrate the Miracles", reminds us that our recovery is indeed a miracle and that we should take the time we have this weekend to celebrate this most amazing gift we have been given. The South Bay Family Roundup is an annual celebration of our recovery journey together. Your support has been crucial in making this event a reality for 42 years - One Day At A Time.

With love,
Your Sites & Policies and Steering Committee,

Larcine G., Hawthorne; Chris R., Redondo Beach; Michael R., Palm Desert; Melanie P., Redondo Beach; Dee D., Hawthorne; Maricela G., Arizona; Michael S., Gardena; Steve G., Hermosa Beach; Dianne K., Harbor City; Linda McB., El Segundo; Chris M., Torrance; and Tommy R., Torrance

Understanding Anonymity



"Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

When we use digital media, we are responsible for our own anonymity and that of others. When we post, text, or blog, we should assume that we are publishing at the public level. When we break our anonymity in these forums, we may inadvertently break the anonymity of others.

Source:

Understanding Anonymity from AA General Service Office

All speaker meetings and workshops will be recorded by:

SOUND SOLUTIONS
(877) 893-2777

dave@soundsolutionsrecording.com
www.soundsolutionsrecording.com

CDs will be available before, during and after the Roundup.