

# **Global Health 150**

## **Migration and Health**

### **Syllabus**

#### **Instructors:**

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#### **Course Description**

This 'Migration and Health' course provides an introduction to the history, current status, and future of migration and health using the social determinants of health model to foster a multidisciplinary analysis of the status of migrant health around the world. The course is designed for undergraduate students with an interest in health, social sciences, population health, global health and/or international development. The social determinants of health include gender, race, ethnicity, socioeconomic status, poverty, religion, politics, governance, environment, and many others.

#### **Course Objectives**

1. Describe the historical context of migration and health while analyzing current migrant health disparities around the world through the social determinants of health model
2. Identify priority health issues among migrants, barriers to achieving health equity, and intervention strategies to address health disparities including programs and policies
3. Demonstrate research and technical writing skills through the development of a 10-15 page research paper
4. Apply intervention strategies discussed in class to promote health in migrant populations

#### **Regions**

In this course, we will contextualize migration as a global phenomenon. Migration happens all over the world, looks differently, and has different outcomes and responses depending on where it occurs. Thus, a large component of this course will involve exploring a particular region in the world and investigating how migration occurs, the different responses to

different migrant populations, and the health outcomes for migrants. In Week 1, students will choose their group of regions and will explore the weekly topics in these regions as we proceed through the course.

**Regions:**

- Mexico → USA
- Bangladesh → India
- Venezuela → Colombia
- Zimbabwe → South Africa
- Afghanistan → Pakistan
- Syria → Turkey
- Algeria → France

**Final Paper 30%**

The final paper will consist of a 10-15 page paper dedicated to a specific health disparity in migrant populations. The final exam research paper will be due in the 11<sup>th</sup> week and will be submitted online through CANVAS, the online platform for the course.

**Weekly Assignments 20%**

Weekly response papers will be an essential component of the course as it will help to articulate and conceptualize an understanding of the material and will help prepare you for the final paper. Response papers will be 300-500 words in length and will be due at the end of each week. These papers will be based on your response to weekly research assignment questions after completing the research in your regions and should incorporate both the lectures and readings of each week.

**Piazza Posts 10%**

The Piazza questions will be assigned at the start of each week to help students begin thinking about the weekly topic and to encourage discussion and collaboration with peers on course topics as they relate to migration and health. Students will be expected to upload either an image, article, video, or a written response to each weekly question in the Piazza discussion board.

**Participation in Discussion Section and Region Work 25%**

Discussion sections will be held with the TA weekly for 50 minutes through Zoom. Zoom is an online video conferencing platform in which a microphone, headphones, and a webcam is needed. In these online sections, students will be able to engage with the TA and their peers to discuss materials and information presented throughout the course. Participation in discussion sections is essential in doing well in the course. Students are expected to have completed the readings, lecture videos, and assigned research before section. Students in each section will present their region research. The TA will grade your attendance, participation in the discussion section, and contribution to the weekly assignments.

**Quizzes 15%**

There will be quizzes to assess student progress with lecture and reading material periodically throughout the course.

### **Material fees**

There is a film you will need to watch *Fire at Sea*, that you will need to rent from a video streaming service such as Netflix, googleplay or itunes for about \$3-4. You may get together with classmates to do this and lower your cost.

There will also be a proctored exam with a fee of approximately \$20.

### **Grading Scale**

A+	95-100
A	90-94
B+	85-89
B	75-79
B-	70-74
C+	65-69
C	60-64
C-	55-59
D	50-54
F	0-49

### **Course Organization**

Students will be asked to read the assigned readings for that week. They will then watch lecture videos regarding the given topic. After watching the pre-recorded lecture videos, the student will be required to do a given assignment for the module such as research a given topic through literature and articles to bring back for discussion and collaboration with their peers. After discussion and collaboration, they will have an assessment at the end of the week to assess their understanding of the material.

### **Course Schedule**

#### **Week 1: An Overview of Migration and Health**

##### *Objectives*

- Define health and how it is measured.
- Understand course expectations and significance in studying regions.
- Identify the relations between migration and health outcomes.

#### **Week 2: Push & Pull Factors/Transnationalism and circular migration**

##### *Objectives*

- Define and distinguish transnational movement from internal movement.
- Identify movement patterns and historical flows.

- Define push and pull factors and explore how these factors influence migration.

### **Week 3: Determinants of Health**

#### *Objectives*

- Define the social determinants of health model.
- Understand the determinants that affect migrant communities and how migration is a determinant in itself.
- Identify specific health disparities and the social determinants that contributed to these disparities.

### **Week 4: Occupational Health/Discrimination in Workplace**

#### *Objectives*

- Define occupations commonly held by migrants.
- Identify policy relevant research and advocacy efforts to address workplace hazards impacting migrant groups.
- Understand implications of occupational exposures for health outcomes.

### **Week 5: Disparities in Women and Children Migrants**

#### *Objectives*

- Define migration related to women and children.
- Understand health risks related to migration for women and children.
- Identify policy and practice responses to health needs of women and child migrants.

### **Week 6: Health Care Access and Delivery to Migrant Populations**

#### *Objectives*

- Define access challenges faced by immigrants.
- Identify individual provider and programmatic initiatives in place to address.
- Understand implications of access barriers for health outcomes.

### **Week 7: Infectious Disease among Migrants**

#### *Objectives*

- Identify major infectious diseases migrants are most susceptible to.
- Identify strategies and solutions to combating these illnesses.

- Understand the interrelatedness and correlation between social determinants of health and infectious diseases.

### **Week 8: Acculturation, Behavior, Chronic Disease**

#### *Objectives*

- Define acculturation and the healthy immigrant effect.
- Understand the role that acculturation has on migrant health.
- Identify health outcomes associated with acculturation and behavior change.

### **Week 9: Mental Health & Substance Use among Migrants**

#### *Objectives*

- Identify the determinants of mental health for migrants.
- Understand how migration influences mental health outcomes.
- Explore mental health outcomes of different migrant populations.

### **Week 10: Policy, Programs and Intervention Strategies for Migrants**

#### *Objectives*

- Understand how policy and intervention strategies determine migrant health outcomes.
- Identify different responses to migration and understand how these responses have affected migrants' health outcomes.
- Identify solutions to addressing health disparities in migrant communities.