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# SPIRIT – FILLED

Ephesians 5:15-20

## TODAY'S VERSES:

*... Understand what the Lord's will is. Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit. . .*

## THE HOLY SPIRIT: A Basic Primer

### ❶ Who is the Holy Spirit and what does He do?

- He's **God** – the source of **ALL** our spiritual **knowledge** & **power**.  
Acts 5:3-4 & Deuteronomy 29:29/ Acts 1:8/ John 14:12, 15-18 & 16:5-15/ Philippians 2:13
- It's always **been this way!**  
Matthew 3:16 & 12:24-32/ 1 Kings 17- 2 Kings 13:20

### ❷ How do we get the Holy Spirit? And what does it mean to be “filled” by the Holy Spirit?

- We receive the Spirit when we **choose to follow Jesus**.  
Ephesians 1:13-14/ Romans 8:9/ John 1:12
- Filled simply means “**controlled by**.”  
Ephesians 5:18/ Galatians 2:20; 5:16 & 22-25
- The sad truth: We all have some **static on the line**.  
Romans 7:14-25/ Acts 16:6-10/ 1 Thessalonians 5:19-22

## BEYOND THE HYPE:

*How the Spirit actually guides & changes us from the inside out.*

- ❶ Sometimes it's **spectacular** – most often it's **subtle**.  
1 Kings 19:11-13/ Philippians 2:13
- ❷ We're all **unique** – and so is our **relationship** with the Holy Spirit.  
Luke 7:31-35/ 1 Corinthians 12:1-27 & Romans 12:3-8
- ❸ To be **filled** with the Spirit, we need to **follow** the Spirit.  
Ephesians 5:18/ Galatians 5:16-23/ Proverbs 4:18
- ❹ To **hear** the Spirit, we need to **stop & listen** to the Spirit.  
2 Timothy 3:16-17 & Psalm 119:105/ Proverbs 8:34/ Proverbs 12:15

## Spirit-Filled

Food for Thought for the week of June 12, 2005  
(Questions and Scriptures for further study)

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1. This week we learned how the Holy Spirit guides and changes us from the inside out. Sometimes we may think the Holy Spirit isn't doing much because we aren't aware of the variety of ways He works in our lives and in the world. How do the following verses further describe what the Holy Spirit does for and through us?

### **John 14:16-17**

16 And I will ask the Father, and he will give you another advocate to help you and be with you forever—  
17 the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. [NIV]

### **John 16:11-17**

11 and about judgment, because the prince of this world now stands condemned.  
12 "I have much more to say to you, more than you can now bear. 13 But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. 14 He will glorify me because it is from me that he will receive what he will make known to you. 15 All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you."  
16 Jesus went on to say, "In a little while you will see me no more, and then after a little while you will see me."  
17 At this, some of his disciples said to one another, "What does he mean by saying, 'In a little while you will see me no more, and then after a little while you will see me,' and 'Because I am going to the Father?'" [NIV]

### **Luke 10:21**

21 At that time Jesus, full of joy through the Holy Spirit, said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this is what you were pleased to do. [NIV]

### **Acts 9:31**

31 Then the church throughout Judea, Galilee and Samaria enjoyed a time of peace and was strengthened. Living in the fear of the Lord and encouraged by the Holy Spirit, it increased in numbers. [NIV]

### **Romans 5:3-5**

3 Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; 4 perseverance, character; and character, hope. 5 And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us. [NIV]

### **II Corinthians 3:18**

18 And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit. [NIV]

### **Ephesians 3:16**

16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, [NIV]

### **II Thessalonians 2:7-14**

7 For the secret power of lawlessness is already at work; but the one who now holds it back will continue to do so till he is taken out of the way. 8 And then the lawless one will be revealed, whom the Lord Jesus will overthrow with the breath of his mouth and destroy by the splendor of his coming. 9 The coming of

the lawless one will be in accordance with how Satan works. He will use all sorts of displays of power through signs and wonders that serve the lie, 10 and all the ways that wickedness deceives those who are perishing. They perish because they refused to love the truth and so be saved. 11 For this reason God sends them a powerful delusion so that they will believe the lie 12 and so that all will be condemned who have not believed the truth but have delighted in wickedness.

13 But we ought always to thank God for you, brothers and sisters loved by the Lord, because God chose you as firstfruits to be saved through the sanctifying work of the Spirit and through belief in the truth. 14 He called you to this through our gospel, that you might share in the glory of our Lord Jesus Christ. [NIV]

How do these verses add to or confirm your understanding of how the Holy Spirit works in your life and in the world?

2. Keeping as much static off the line as possible is essential when it comes to being empowered by the Holy Spirit. What guidelines do the following verses give us regarding this?

**Psalms 139: 23, 24**

23 Search me, God, and know my heart;  
test me and know my anxious thoughts.  
24 See if there is any offensive way in me,  
and lead me in the way everlasting. [NIV]

**Isaiah 59:2**

2 But your iniquities have separated  
you from your God;  
your sins have hidden his face from you,  
so that he will not hear. [NIV]

**James 4:17**

17 If anyone, then, knows the good they ought to do and doesn't do it, it is sin for them. [NIV]

3. Learning to slow down enough to listen and hear the Spirit's leading is essential when it comes to hearing and knowing God's leading. How do you slow down and listen (take a walk, talk with a friend, journal, worship, a time of solitude, other)? Or is this something you need to start building into your life?