

Of all the nutrients, calcium is most often the deficient mineral in our diet. Only 50% of Australian and New Zealand men and women meet the Recommended Dietary Intake (RDI) for calcium. Although milk and dairy products are dependable sources of calcium, they are usually high in calories, fats and cholesterol, the very things most of us are trying to avoid. It is well known that calcium is critical for the development and maintenance of strong bones and teeth but emerging science shows that we need more than just calcium to optimise bone health. Calcium, magnesium and vitamin D combined have many benefits beyond bone health as they are also critical for cardiovascular health, normal blood pressure, nerve and muscle function and immune health.



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Why Calcium and Magnesium?

- Research shows that adequate calcium and vitamin D as part of a healthy diet, along with physical activity, may reduce the risk of osteoporosis in later life.
- Magnesium helps build strong bones and stimulates calcium uptake.
- Calcium and magnesium, necessary for strong bones and teeth, are also critical for cardiovascular health, normal blood pressure, nerve and muscle function, reduction of symptoms of PMS and many enzyme reactions.
- Vitamin D promotes calcium absorption and has also been shown to support breast, bone, heart and immune health in recent research.
- Daily supplementation of calcium and vitamin D combined may reduce the risk of bone fractures in all adults, regardless of age or gender.

Why NeoLife Cal-Mag Chelate with Vitamin D?

- **Supports stronger bones and more.** Perfect blend of chelated calcium and magnesium with high potency vitamin D3, to support a broad range of health benefits.
- **High potency and bioavailability** with 333 IU per tablet of readily absorbable and highly bioavailable vitamin D3.
- **Cal-Mag contains double amino acid chelated calcium, calcium glycinate**, which is an organic form of calcium and has very high bioavailability. Some supplements on the market today include dolomite or bone meal as sources of calcium. These sources do not provide a readily soluble form of calcium and may contain an excess of phosphorous which can inhibit the utilisation of both calcium and magnesium.
- **Calcium is instrumental in the blood clotting process**, the activation of several enzymes and in the passage of nutrients and waste through the cell membrane. NeoLife's natural amino acid chelate substantially enhances the absorption of calcium so the benefits are received into the body more efficiently.
- **Pure & natural.** Pharmaceutically pure, seashell sourced calcium.
- **Supplies no phosphorous**, a mineral Australians and New Zealanders have an overabundance of.

The delivery and absorption of calcium is essential to the maintenance and formation of healthy bones, healthy muscle growth & activity, breathing and healthy heart function. A lack of calcium in children can result in malformation of bones and impaired growth. Additional signs of deficiency in children and adults include joint pains, heart palpitation, a slow pulse, tooth decay and eventually osteoporosis.

Scientific evidence suggests that magnesium plays an important role in circulation and muscle & nervous system relaxation. Additionally it is known that stress depletes the body's supply of magnesium. NeoLife's Cal-Mag Chelate provides highly bioavailable calcium and magnesium that can bring your dietary intake to an optimal level.

Recent studies have suggested that over 60% of us do not get the recommended 400 IU (RDI) of vitamin D. The latest scientific studies show that we need even more vitamin D than previously recommended for optimal heart health, immune function and long term breast health. These roles are in addition to the critical contribution vitamin D provides towards bone health.

Special Features

- Delivers magnesium which may assist in blood circulation and muscle and nervous system relaxation.
- High potency and bioavailability with readily absorbable and highly bioavailable vitamin D3.
- Formulated as a natural amino acid chelate for better absorption in the body.
- Offers the benefits of a 2 to 1 ratio of calcium to magnesium.
- Encourages a proper calcium/phosphorous balance in the body.
- 100% natural. Contains no artificial colours, flavours, preservatives or sweeteners. Convenient serving with each tablet containing 100mg of calcium, 50mg of magnesium and 333 IU of vitamin D3.

Vitamin D assists in the absorption of calcium, which when taken in conjunction with magnesium, support the development and maintenance of bones and teeth. A diet deficient in calcium can lead to osteoporosis in later life.

A nutritional supplement for calcium, magnesium, and vitamin D deficiencies.

Vitamins can only be of assistance if the dietary vitamin intake is inadequate.

THIS PRODUCT IS CERTIFIED TO CONTAIN NO:

Artificial Flavours • Artificial Colours
Artificial Sweeteners • Preservatives

Bottle sealed under cap for protection, do not use if seal is missing or broken.

BASED IN NATURE • GMO FREE
EVERY BATCH TESTED FOR PURITY AND POTENCY



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Cal-Mag Chelate

A source of calcium, magnesium and vitamin D

DIETARY SUPPLEMENT
AUST L 169717
150 TABLETS

DIRECTIONS FOR USE:
Adults take 1 tablet three times daily with meals, or as directed by a physician.
Children (over six years) take 1 tablet per day with the main meal, or as directed by a physician.

CONSUMER INFORMATION PANEL

Each Tablet Contains:

Calcium (as amino acid chelate) 100 mg

Cholecalciferol 8.3 µg
(equiv. to 333 IU Vitamin D₃)

Magnesium (as amino acid chelate) 50 mg

Natural colour and tableting aids.

Store below 30°C in a dry area away from direct heat and light.

DISTRIBUTED BY:
NeoLife International Pty. Ltd.
Unit 1
3974 Pacific Highway
Loganholme QLD 4129
Australia

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 Use By

Always read the label. Use only as directed.