



FEMININE HERBAL COMPLEX

Women everywhere know that even though you might be healthy in all other respects, monthly complaints and mood swings can challenge your feelings of wellness. For centuries, master herbalists have known that women have unique cyclical needs, and that certain herbs work to balance the feminine cycle. Because a woman's menstrual cycle places her body in a constant state of flux, specific formulations have been carefully selected to assist women in achieving balance and wellness by addressing needs that are specific to the female system. NeoLife's Feminine Herbal Complex addresses those needs with a unique blend of herbs that supports normal female physiology and function.

Why Choose Herbs For My Female Concerns?

- Herbs have been proven effective from centuries of use.
- Herbs have a long history of safe use, without the side effects associated with chemical drugs.
- Herbs are nature's solutions to wellness challenges.
- Herbs are non-habit-forming.
- Herbs work naturally and gently to support normal female function.
- Herbs have been shown to restore the body's balance and help the female body perform at its vital best.
- Herbs have been shown to relieve menstrual and premenstrual symptoms including: swelling and bloating, inflammation, breast tenderness, irritability, cramping, and mild anxiety.

Why NeoLife Feminine Herbal Complex?

- **Comprehensive formula.** Our unique "complete family" approach to the formula provides broad, synergistic effects of the herbal constituents, which optimise their ability to support a woman's unique cyclical needs.
- **Herbs are selected from many global traditions,** bringing you the best herbal knowledge from around the world.
- **Contains St. John's Wort,** which has been shown to help support calmness, relieve low mood, and support positive mental attitude.
- **Contains Vitex and Red Sage,** which have been shown to support normal female physiology and function.
- **Guaranteed purity, potency, and consistency.**
- **100% natural herbal formula** contains no chemical or animal products.



FEMININE HERBAL COMPLEX

The following benefits have been attributed to the herbs contained in NeoLife's Feminine Herbal Complex by master herbalists:

HERB	ACTIONS AND BENEFITS
Wild Yam - root (<i>Dioscorea villosa</i>)	Calms and relaxes muscles and nervous system. Normalises distressed tissues. Supports a healthy liver and assists with cleansing of blood.
Red Sage - leaf (<i>Salvia officinalis</i>)	Normalises body temperature. Reduces excess sweating and abdominal bloating. Assists in regulation of menstrual cycle. Restores vitality.
St. John's Wort - flower (<i>Hypericum perforatum</i>)	Relieves irritability and anxiety; helps elevate low moods. Normalises body temperature and distressed tissue. Calms the nervous system.
Vitex - fruit (<i>Vitex agnus-castus</i>)	Helps regulate menstrual cycle. Supports normal female physiology and function.
Lady's Mantle - herb (<i>Alchemilla vulgaris</i>)	Diminishes heavy menstrual flow. Normalises distressed tissues. Helps regulate menstrual cycle.
Chinese Angelica - root (<i>Angelica polymorpha</i>)	Restores vitality. Calms and relaxes muscles and nervous system. Normalises distressed tissues. Helps regulate menstrual cycle.
Skullcap - herb (<i>Scutellaria lateriflora</i>)	Relieves irritability and anxiety. Calms and soothes muscles and nervous system.
Ginger - root (<i>Zingiber officinale</i>)	Reduces swelling in fingers and ankles. Calms and relaxes muscles. Normalises distressed tissues.
Dandelion - root (<i>Taraxacum officinale</i>)	Assists with cleansing of blood, promoting healthy kidney and liver function. Reduces abdominal bloating and fluid retention.
Licorice - root (<i>Glycyrrhiza glabra</i>)	Normalises distressed tissues. Assists with cleansing of blood. Supports healthy stress responses.

Chevallier, A., Encyclopedia of Medicinal Plants, Dorling & Kindersley Ltd., London, 1996.

Hoffman, D., The Complete Illustrated Holistic Herbal, London, 1996.

Hsu, Hong-Yen, Oriental Materia Medica, Keats Publishing Company, New Canaan, CT, 1986.

McIntyre, A., The Complete Woman's Herbal, Gala Books, Ltd., London, 1994.

DIRECTIONS FOR USE:

ADULTS: 1 tablet each morning and night, or as directed by a physician.

CHILDREN: (under twelve) as directed by a physician.

CONSUMER INFORMATION PANEL

Each tablet contains extracts equiv. to dry:
Dioscorea villosa (wild yam) root 761 mg
Salvia officinalis (red sage) leaf 319 mg
Hypericum perforatum
 (St. John's wort) flower 274 mg
Vitex agnus-castus (vitex) fruit 228 mg
Alchemilla vulgaris
 (Lady's mantle) herb 213 mg
Angelica polymorpha
 (Chinese angelica) root 152 mg
Scutellaria lateriflora
 (skullcap) herb 152 mg
Zingiber officinale (ginger) root 91 mg
Taraxacum officinale
 (dandelion) root 76 mg
Glycyrrhiza glabra (liquorice) root 76 mg
 Tableting aids.



NEOLIFE®
Feminine Herbal
COMPLEX

For centuries, herbalists have known that women have unique cyclical needs.

Feminine Herbal Complex has been developed using ancient herbal knowledge and leading edge science to support the needs unique to the female system for healthy menstrual cycle.

St. John's Wort affects the way many prescription medicines work, including oral contraceptives. Consult your doctor.

Do not use if blister seal is broken.

Store below 30°C in a dry area away from direct heat and light.

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