

Elevate is a delicious energy drink carefully formulated with amino acids, naturally-derived caffeine, vitamins and minerals to boost energy, mental sharpness and alertness.



NeoLife Scientific
Advisory Board

#3865 - 30 sticks



- **200 mg Patented, Pure L-Theanine.** Branded, pure Suntheanine® † is supported by over 40 human clinical trials.
- **120 mg naturally sourced Caffeine from Green Tea.** Caffeine helps to:
 - Support working memory and alertness
 - Enhance physical energy
- Carefully selected **Vitamins.**
 - **Vitamin B₆** helps convert food into energy and synthesize neurotransmitters involved in regulating mood and emotion.
 - **Vitamin B₁₂** is involved in the formation of red blood cells, which carry oxygen throughout the body.
 - **Folic Acid** is essential for brain development and healthy brain function.
 - **Vitamin C** plays important roles in energy production and immune function.
 - **Vitamin D** is critical for normal muscle function, a healthy immune system and helps in muscle regeneration, repair, strength, and power.
- **Glycine** – Helps protect muscle mass and supports healthy immune function and inflammatory responses.
- **Choline** – Precursor to acetylcholine which is important for learning, memory, mood, and muscle control.
- **Inositol** – Involved in energy production and helps support normal neurotransmitter function.
- **Naturally flavoured and sweetened.** Delicious fruit flavours.
- **Convenient single-serve packaging.** Each box contains 30 on-the-go sticks of pre-measured powder that dissolves in water. These stick packs can fit in your bags, purses and even your pockets. More environmentally friendly than standard plastic packaging.
- **No added sugar.**
- **Only 10 calories and 2g of carbohydrates per serving.**
- **No artificial colours, flavours, sweeteners, or preservatives added**
- **GMO Free, Gluten Free, Vegetarian**

†Suntheanine® is a registered trademark of Taiyo International, Inc.

In the simplest terms, energy is the ability to do work. Our bodies need a constant supply of energy for both the physical and mental work our daily lives require. When we're low on energy, we feel tired and fatigued and may experience slowed reaction times and trouble concentrating. Sometimes we just need a pick-me-up to boost our energy levels. Energy drinks are a popular way to stimulate energy and power through the rest of the day.

Go Beyond a Simple Energy Drink

- Energy drinks contain stimulants, like caffeine, which boost energy. Many energy drinks only target physical energy, but a well formulated energy drink can also enhance mental alertness and cognitive function.
- Nootropics are substances that heighten mental energy and focus while supporting overall cognitive health. L-theanine is a nootropic ingredient that is found in tea, especially green tea. Clinical studies have found that L-theanine and caffeine together have a synergistic effect and improve scores on tests of attention, accuracy, reaction time, and memory. This suggests that caffeine and L-theanine work together to support healthy cognitive function.
- L-theanine has been clinically shown to promote calmness and a relaxed state of mind. Preliminary research suggests that L-theanine may help ease some psychological and physical aspects of everyday stress, including occasional anxiety and tension.
- Electrolyte minerals, like magnesium, potassium, and sodium, play key roles in maintaining fluid balance, blood pH, muscle function, and more. Our bodies constantly lose fluid and electrolytes through sweat, respiration, urination, and excretion. Fluids and electrolyte minerals need to be frequently replenished to make up for losses and maintain a healthy fluid balance.

SUGGESTED USE: Adults: Mix contents of 1 stick pack (5 g) in 240 mL water. Take with food, a few hours before or after taking other medications or natural health products. For best results, drink immediately.

POSOLOGIE SUGGÉRÉE: Adultes : Mélanger le contenu d'un sachet tube (5 g) dans 240 mL d'eau. Prendre avec de la nourriture, quelques heures avant ou après la prise d'autres médicaments ou produits de santé naturels. Pour de meilleurs résultats, boire immédiatement.

Medicinal ingredients: Each stick pack contains / **Ingrédients médicinaux:** Chaque emballage de sachets tubes contient

Vitamin D ₃ (cholecalciferol) / Vitamine D ₃ (cholécalférol)	20 µg
Vitamin C (ascorbate de calcium, ascorbate de magnésium, acide ascorbique)	270 mg
Folate (folic acid) / Folate (acide folique)	400 µg
Vitamin B ₆ (pyridoxine hydrochloride) / Vitamine B ₆ (chlorhydrate de pyridoxine)	1.7 mg
Vitamin B ₁₂ (methylcobalamin) / Vitamine B ₁₂ (méthylcobalamine)	2.4 µg
Calcium (calcium ascorbate) / Calcium (ascorbate de calcium)	26 mg
Magnesium (magnesium ascorbate) / Magnésium (ascorbate de magnésium)	8 mg
Taurine	500 mg
L-Theanine / L-Théanine	200 mg
Caffeine / Caféine	120 mg
Glycine	100 mg

Lipotropic factors / Facteurs lipotropes :

Choline (choline bitartrate) / Choline (bitartrate de choline)	200 mg
Inositol	10 mg

Non-medical ingredients: Fruit punch flavour, potassium citrate monohydrate, citric acid, L-malic acid, beet root powder, carrot root powder, sodium chloride, rebaudioside M and rebaudioside A.

Ingrédients non médicinaux : Saveur de punch aux fruits, citrate de potassium, monohydraté, acide citrique, acide L-malique, poudre de racine de betterave, poudre de racine de carotte, chlorure de sodium, rébaudioside M et rébaudioside A.

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