



Traditional snack foods such as potato chips, cheese puffs and chocolate biscuits have lined the shelves of our neighbourhood supermarkets and grocery stores for decades. Although they are convenient, many snack products sold today are far from wholesome; they contain empty calories and unhealthy ingredients such as high fructose corn syrup and trans fats. Such foods may contribute to the obesity epidemic when they are not consumed in moderation, or as a small part of an overall nutritious and balanced diet. That's why it's important to have a healthy choice in snacks especially when striving to achieve or maintain a healthy weight.

Snacking Smarter

- The right combination of protein and fibre has been shown to curb hunger and promote satiety.
- Flaxseed, a plant source of omega-3 ALA (alpha-linolenic acid), also provides fibre and lignans that support digestive health, cardiovascular health and normal blood sugar.
- Fibre and flaxseed are associated with maintaining healthy total cholesterol and LDL cholesterol and maintaining normal blood pressure - important indicators of cardiovascular health.
- Antioxidants from berries have been associated with protecting cells from free radical oxidation.
- Healthy snacking twice a day can keep your appetite in check, increasing your chances for success while on a weight loss or weight management program.

Our Solution: NeoLifeBar

- The perfect snack for the whole family! NeoLifeBar is a delicious, nutritious, natural snack that satisfies your hunger between meals.
- Based on the science of Glycaemic Response Control Technology to help minimise fat storage and promote fat burning.
- Rich source of protein and fibre from the NeoLife proprietary protein and fibre blend to help you feel fuller longer.
- Whole grain goodness from soy crisps blended with rolled oats.
- Provides 320mg of omega-3s from flaxseed, with ALA which is an essential fatty acid that plays a role in managing normal inflammatory processes our bodies experience on a day-to-day basis. Also a good source of dietary fibre and beneficial lignans.
- Antioxidants abound in a fusion of dried blueberries, dried cranberries and raisins.
- Chunks of cashews and almonds, plus sunflower and pumpkin seeds – provide a boost of protein, fibre and delicious flavour.
- 17 essential vitamins and minerals.
- Fits perfectly in the NeoLife Weight Management Program as a healthy AM or PM snack.
- No artificial colours, flavours, sweeteners, or preservatives added.
- No genetically modified (GMO) ingredients.
- Gluten free.
- Dairy free.
- 100% Vegan.



#694 – 15 individually wrapped bars (15 servings)

- **10g Protein**
- **320mg Omega-3s**
- **5g Fibre**
- **173 Calories**



WHOLE GRAINS



FLAXSEED



MIXED BERRIES



ASSORTED NUTS

Nutrition Information: Serving Size: 1 Bar (45 g) Servings Per Container: 15

	Amount per serving	Amount per 100 g		Amount per serving	Amount per 100 g
Energy	720 kJ (173 cal)	1,600 kJ (384 cal)	Vitamin C	20 mg	44 mg
Protein	10 g	22 g	Calcium	265 mg	590 mg
Fat, total	6 g	13 g	Iron	4.1 mg	9.2 mg
Saturated	1 g	2 g	Vitamin D ₂	3.5 µg	7.8 µg
Polyunsaturated	2.5 g	5.6 g	Vitamin E	7 mg	16 mg
Monounsaturated	2.5 g	5.6 g	Thiamin	0.6 mg	1 mg
Trans	0 g	0 g	Riboflavin	0.6 mg	1 mg
Cholesterol	0 mg	0 mg	Niacin	7 mg	16 mg
Carbohydrates	18 g	39 g	Vitamin B ₆	0.7 mg	2 mg
Sugars	9 g	19 g	Folic Acid	140 µg	311 µg
Dietary Fibre	5 g	11 g	Vitamin B ₁₂	2 µg	4 µg
Soluble Fibre	3 g	7 g	Pantothenic Acid	4 mg	8 mg
Insoluble Fibre	2 g	4 g	Phosphorus	233 mg	518 mg
Sodium	110 mg	245 mg	Chromium	30 µg	66 µg
Potassium	120 mg	267 mg	Omega 3 fatty acids (from flax seeds)	320 mg	711 mg
Vitamin A	375 µg	833 µg			

INGREDIENTS: NeoLife proprietary protein and fibre blend
 [soy crisps (soy protein isolate, tapioca starch, salt), resistant maltodextrin, oat flakes, soy protein isolate, flaxseed], rice syrup, raisins, pumpkin seeds, cranberries (cranberries, sugar, sunflower oil), cashews, almonds, glycerine, vitamin and mineral blend [calcium phosphate, d-alpha tocopherol and mixed tocopherols (vitamin E), vitamin C, niacinamide, ferrous sulfate (iron), chromium hydrochloride, riboflavin, thiamin mononitrate, vitamin D₂, vitamin B₁₂ and folic acid], sunflower seeds, cane sugar, sunflower oil, gum arabic, natural flavours, blueberries, water, and tocopherols (tocopherols, sunflower oil).

Contains soya, tree nuts (almonds, cashews).

Produced in a facility that also processes peanuts, tree nuts, milk, egg, wheat, & sesame.

DISTRIBUTED BY:

NeoLife International Ltd.
 Level 1, 103 Carlton Gore Road
 Newmarket, Auckland 1023
 New Zealand

NOT SOLD IN RETAIL STORES.

Available Exclusively from
 NeoLife Promoters.

Leading edge nutrition since 1958.

Based in Nature. Backed by Science.

No artificial colours, flavours,
 sweeteners, or preservatives added.

Store in a cool, dry place,
 away from direct sunlight.

NeoLife.com

Made in the Netherlands



1432/104

Always read the label. Use only as directed.



NeoLife Scientific
 Advisory Board