



All Natural Fiber

Food & Drink Mix

Boost Your Fiber, Naturally— With 11 Whole-Food Sources!

- A beneficial blend of soluble and insoluble fiber, with 6g per serving
- Supports digestion, heart health & regularity
- Versatile and easily mixes into drinks and recipes



Neolife Scientific
Advisory Board

#3707 - 22.2 oz.
(30 servings)



Support heart, gut health, and digestion with All Natural Fiber Food & Drink Mix. This versatile blend of 11 natural, whole-food sources delivers 6g of fiber per serving—equal to 2 cups of sliced apples. With 5g insoluble and 1g soluble fiber, it promotes regularity and mixes seamlessly into drinks and recipes for an easy, delicious fiber boost.

- **Complete Fiber:** 11 natural, whole-food sources, including oats, fruits, and legumes, delivering both soluble and insoluble fiber.
- **Nutrient-Rich:** Provides cellulose, hemicellulose, gum, lignin, and pectin—5 key types of dietary fiber.
- **Concentrated & Delicious:** Each serving delivers 6g of fiber, plus added protein, fructose, and complex carbs for taste and smooth texture.
- **Exclusive Neo-Polyfibe:** Features soy polysaccharide (the 'cellular matrix' of the soybean heart), specially selected oat, and acerola cherry fiber to help absorb cholesterol and carry it out of the body without depleting nutrients.
- **Versatile & Convenient:** Enjoy alone, with water, or mixed into your favorite recipes for a fiber boost, including Neolife smoothies, oatmeal, soup, baked goods, and more.
- **No Added Sucrose.** Wholesome taste that blends well with other foods and beverages. Contains naturally derived flavors from fruits and nuts, sweetened with fructose.
- **Simply Great:** Less than 1g of fat per serving, no cholesterol, and no added salt.
- **Every batch tested for purity and potency.**
- **Gluten-Free.**
- **Lacto-Vegetarian.**

Why Supplement with Fiber?

Most people consume only HALF the recommended daily fiber for long-term good health. Boosting intake can:

- **Support Gut Health and Regularity:** Boosting fiber intake can help maintain regularity naturally, without habit-forming solutions.
- **Promote Heart Health:** Diets high in fiber support heart health.
- **Help Curb Hunger:** Increased fiber intake with a large glass of water before meals can help you feel fuller, naturally supporting safe and healthy weight management.



All Natural Fiber

Food & Drink Mix

Nutrition Facts

30 servings per container

Serving Size: 1 scoop or 3 tablespoons (21 g)

Amount Per Serving

Calories

60

% Daily Value**

Total Fat	1 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	60 mg	3%
Total Carbohydrate	17 g	6%
Dietary Fiber	6 g	21%
Soluble Fiber	1 g	
Insoluble Fiber	5 g	
Total Sugars	5 g	
Includes 2.5 g Added Sugars		5%
Protein	1 g	
Vitamin D ₃	0 mcg (0 IU)	0%
Calcium	70 mg	6%
Iron	0 mg	0%
Potassium	120 mg	4%

** The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whey powder, Neo-Polyfibe (soy fiber, whole oat fiber, acerola), maltodextrin, pea fiber, psyllium husks, fructose, apple fiber, banana powder, guar gum, soy lecithin, almond powder, prune powder, soy oil, natural flavors, apricot powder.

Contains milk, soy and tree nuts (almond, hazelnut).

Distributed by:

NeoLife International, LLC, Santa Clara, CA 95054 U.S.A.

Not sold in retail stores. Available exclusively from NeoLife Promoters.

Leading edge nutrition since 1958. Based in nature, backed by science.

NeoLife.com | Made in the U.S.A. with globally sourced ingredients.

BASED IN NATURE • GMO FREE • GLUTEN FREE •

EVERY BATCH TESTED FOR PURITY AND POTENCY

Directions: Mix 1 scoop (3 tablespoons) in 8 fl. oz. of milk (of your choice), water, or your favorite juice and blend well. You can also add it to NeoLife protein drinks as directed. For a fiber boost in recipes like baked goods, sauces, and casseroles, add 2 or more tablespoons.

Unlimited Possibilities!

Try adding All Natural Fiber to:



SMOOTHIES



WATER



YOGURT



OATMEAL



SOUP



JUICES



SAUCES



BAKED GOODS

#1124

¡Aumenta tu fibra de manera natural—con 11 fuentes de alimentos integrales!

- Una mezcla beneficiosa de fibra soluble e insoluble, con 6g por porción
- Apoya la digestión, la salud del corazón y la regularidad
- Versátil y se mezcla fácilmente en bebidas y recetas



Apoya la salud del corazón, el intestino y la digestión con la Mezcla de Alimentos y Bebidas de Fibra 100% Natural. Esta mezcla versátil de 11 fuentes naturales de alimentos integrales proporciona 6g de fibra por porción—equivalente a 2 tazas de manzanas rebanadas. Con 5g de fibra insoluble y 1g de fibra soluble, promueve la regularidad y se mezcla perfectamente en bebidas y recetas para un impulso de fibra fácil y delicioso.

- **Fibra Completa:** 11 fuentes naturales de alimentos integrales, incluyendo avena, frutas y legumbres, que proporcionan tanto fibra soluble como insoluble.
- **Rica en Nutrientes:** Proporciona celulosa, hemicelulosa, goma, lignina y pectina—5 tipos clave de fibra dietética.
- **Concentrada y Deliciosa:** Cada porción ofrece 6g de fibra, además de proteína añadida, fructosa y carbohidratos complejos para un sabor delicioso y una textura suave.
- **Exclusivo Neo-Polyfibe:** Contiene polisacárido de soja (la matriz celular del corazón de la soja), avena especialmente seleccionada y fibra de cereza acerola para ayudar a absorber el colesterol y eliminarlo del cuerpo sin agotar los nutrientes.
- **Versátil y Conveniente:** Disfrútalo solo, con agua o mezclado en tus recetas favoritas para un impulso de fibra, incluyendo batidos Neolife, avena, sopas, productos horneados y más.
- **Sin Sacarosa Añadida.** Sabor natural que se mezcla bien con otros alimentos y bebidas. Contiene sabores derivados naturalmente de frutas y nueces, endulzado con fructosa.
- **Simplemente Excelente:** Menos de 1 g de grasa por porción, sin colesterol y sin sal añadida.
- **Cada lote es analizado para garantizar su pureza y potencia.**
- **Libre de Gluten.**
- **Lacto-Vegetariano.**

¿Por qué Suplementar con Fibra?

La mayoría de las personas consumen solo LA MITAD de la fibra diaria recomendada para una buena salud a largo plazo. Aumentar la ingesta puede:

- **Apoyar la Salud Digestiva y la Regularidad:** Aumentar la ingesta de fibra puede ayudar a mantener la regularidad de manera natural, sin soluciones que creen dependencia.
- **Promover la Salud del Corazón:** Las dietas ricas en fibra apoyan la salud cardiovascular.
- **Ayudar a Controlar el Hambre:** Aumentar la ingesta de fibra con un vaso grande de agua antes de las comidas puede ayudarte a sentirte más lleno, apoyando de manera natural un manejo de peso seguro y saludable.



All Natural Fiber

Food & Drink Mix

Nutrition Facts

30 servings per container

Serving Size: 1 scoop or 3 tablespoons (21 g)

Amount Per Serving

Calories

60

% Daily Value**

Total Fat	1 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	60 mg	3%
Total Carbohydrate	17 g	6%
Dietary Fiber	6 g	21%
Soluble Fiber	1 g	
Insoluble Fiber	5 g	
Total Sugars	5 g	
Includes 2.5 g Added Sugars		5%
Protein	1 g	
Vitamin D ₃	0 mcg (0 IU)	0%
Calcium	70 mg	6%
Iron	0 mg	0%
Potassium	120 mg	4%

** The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Whey powder, Neo-Polyfibe (soy fiber, whole oat fiber, acerola), maltodextrin, pea fiber, psyllium husks, fructose, apple fiber, banana powder, guar gum, soy lecithin, almond powder, prune powder, soy oil, natural flavors, apricot powder.

Contains milk, soy and tree nuts (almond, hazelnut).

Distributed by:

NeoLife International, LLC, Santa Clara, CA 95054 U.S.A.

Not sold in retail stores. Available exclusively from NeoLife Promoters.

Leading edge nutrition since 1958. Based in nature, backed by science.

NeoLife.com | Made in the U.S.A. with globally sourced ingredients.

BASED IN NATURE • GMO FREE • GLUTEN FREE •

EVERY BATCH TESTED FOR PURITY AND POTENCY

Directions: Mix 1 scoop (3 tablespoons) in 8 fl. oz. of milk (of your choice), water, or your favorite juice and blend well. You can also add it to NeoLife protein drinks as directed. For a fiber boost in recipes like baked goods, sauces, and casseroles, add 2 or more tablespoons.

Unlimited Possibilities!

Try adding All Natural Fiber to:



SMOOTHIES



WATER



YOGURT



OATMEAL



SOUP



JUICES



SAUCES



BAKED GOODS

#1124