



Herbal Rest & Relax

Carefully selected herbs with lemon balm, skullcap, schisandra, and passion flower to promote calm relaxation.*



Herbal Rest & Relax



Promotes restful sleep and
refreshed awakening*

Promueve un sueño reparador y
un despertar renovado*



Dietary Supplement
60 TABLETS



Herbal Rest & Relax



NUTRITIONALS



NEOLIFE®

Herbal Rest & Relax

Rest • Relax • Renew*



NEOLIFE®

Herbal Rest & Relax

Rest* • Relax* • Renew*

SUGGESTED USE: 1 tablet at evening meal and 1 at bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving

Herbal Extract Blend

301 mg†

Damiana (*Turnera diffusa*) (leaf) (6:1); Lemon balm (*Melissa officinalis*) (leaf) (6:1); Skullcap (*Scutellaria laterifolia*) (herb) (5:1); Schisandra (*Schisandra chinensis*) (fruit) (4:1); St. John's wort (*Hypericum perforatum*) (flower) (6:1); Passion flower (*Passiflora incarnata*) (herb) (5:1); Vervain (*Verbena officinalis*) (herb) (5:1); German chamomile (*Matricaria recutita*) (flower) (5:1).

† Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, sodium croscarmellose and magnesium stearate.

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NEOLIFE®

Herbal Rest & Relax

The herbs lemon balm, skullcap, schisandra and passion flower promote calm relaxation. The herbs damiana and St. John's wort help lift mood to support healthy sleep patterns.*

To let the body truly relax, herbalists have long believed that you must first "calm the mind". Herbal Rest & Relax is formulated to support the natural state of calm wellness which precedes optimal rest.*

Store in a cool, dry place, away from direct sunlight.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.