

Reset your gut health.* NeoLife's 3-Day Detox offers a gentle and science-backed approach to cleansing your body and promoting optimal health—without extreme restrictions!† This easy-to-follow system works with your body's natural detox processes, helping you experience digestive balance, and restore gut health.* With convenient daily blister packs, staying on track is simple.



The Modern Health Challenge: Managing Toxins

In today's world, our bodies are exposed to a wide range of toxins from pollution, processed foods, medications, alcohol, and stress. Over time, these factors can impact digestion, energy levels, and overall vitality. Unlike other detox programs that offer temporary or extreme solutions, NeoLife's 3-Day Detox provides a supportive and sustainable approach that works with your body's natural processes.

Why It Works:

- **Kick Off Your Wellness Journey:** This detox program lays the foundation for achieving your health goals by supporting your body's natural ability to eliminate toxins and restore balance.
- **Simple and Effective:** The 3-day structure makes it easy to commit to your wellness without feeling overwhelmed, allowing you to focus on nourishing your body.
- **Convenient Packaging:** Each daily blister pack contains the right supplements to help you stay on track, making it simple to incorporate detoxing into your routine.
- **Gentle Ingredients:** With non-GMO supplements and gentle formulas, you can trust that you're cleansing your body without harsh chemicals.
- **Consistent Maintenance:** Recommended every 2-3 months, the 3-Day Detox supports ongoing balance and helps keep your body functioning at its best.

What's Inside?

- **Neo-Lax™:** A gentle, proprietary blend of herbs designed to support proper elimination and relieve occasional constipation or irregularity.*
- **Garlic Allium Complex™:** Contains the immune-supporting power of garlic, with the allicin equivalent of 1 clove of garlic per daily serving.* Supports healthy immune function and helps promotes normal cell renewal, especially in the digestive tract.*
- **Betagard®:** A powerful blend of antioxidant vitamins and minerals formulated by Dr. Arthur Furst, that helps your body neutralize environmental toxins and free radicals while also supporting natural detoxification and energy production processes.*
- **Acidophilus Plus™:** Provides 5 probiotic strains to promote a healthy gut microbiome, supporting colon health, digestive balance, and immune function.*



3-Day Detox

Your Detox Guide

Days 1 & 2: Cleanse

What to Eat: Fresh fruits and veggies; drink 12-16 oz of water every 2-3 hours.[†]

AM Supplements: Neo-Lax™[‡], Garlic Allium Complex™, Betagard®

PM Supplements: Neo-Lax™[‡], Garlic Allium Complex™

Day 3: Balance

What to Eat: Reintroduce lean proteins, healthy fats, and whole grains; continue drinking 12-16 oz of water every 2-3 hours.[†]

AM Supplements: Acidophilus Plus™ and Betagard®

PM Supplements: Acidophilus Plus™

Days 4-7: Revitalize

What to Eat: Continue enjoying whole, nutritious foods while avoiding processed items. Remember to stay hydrated with 12-16 oz of water every 2-3 hours.[†]

AM Supplements: Acidophilus Plus™

PM Supplements: Acidophilus Plus™

Day 1 and Day 2 Neolife Detox		
Supplement Facts		
Serving Size: 1 Card		
Amount Per Serving	AM	PM
	% Daily Value	% Daily Value
Vitamin A (as beta-carotene from carrot oleoresin (Daucus carota) (root))	2250 mcg (7500 IU)	250%
Vitamin C (as ascorbic acid)	24 mg	30%
Vitamin E (as d-alpha-tocopherol)	16.75 mg (25 IU)	110%
Riboflavin (as riboflavin and from yeast)	0.6 mg	50%
Niacin (as niacinamide)	8 mg	50%
Vitamin B ₆ (as pyridoxine hydrochloride and from yeast)	15 mg	880%
Magnesium (chelated)	100 mg	25%
Iodine (from kelp)	60 mcg	40%
Zinc (chelated)	10 mg	90%
Selenium (from yeast)	100 mcg	180%
Chromium (from yeast)	50 mcg	140%
Lemon pectin	9 mg	†
Mixed non-alpha-tocopherol	6.5 mg	†
Herbal Blend	856 mg	† 856 mg
Senna extract (Cassia senna) (leaf) (standardized to 16 mg total sennosides), Licorice powder (Glycyrrhiza glabra) (root), Prune powder (Prunus domestica) (fruit), Alfalfa powder (Medicago sativa) (leaf), Buckthorn extract (Rhamnus frangula) (bark) (10:1 for glucifragulins), Rhubarb powder (Rheum officinale) (root), Asparagus powder (Asparagus officinalis) (plant), Anise powder (Pimpinella anisum) (seed).		
Allium Blend	245 mg	† 245 mg
Garlic extract (Allium sativum) (bulb), Onion extract (Allium cepa) (bulb), Leek powder (Allium porrum) (plant), Chive extract (Allium schoenoprasum) (leaf), 2400 mcg of allium per tablet.		
† Daily Value not established.		
OTHER INGREDIENTS: Dicalcium phosphate, microcrystalline cellulose, stearic acid, sodium croscarmellose, silicon dioxide, hydroxypropyl methylcellulose, magnesium stearate, natural mint extract, ethyl cellulose, calcium carbonate, isomalt, glycerin, medium chain triglycerides, rosemary extract, sodium alginate and oleic acid.		

Day 3 Neolife Detox		
Supplement Facts		
Serving Size: 1 Card		
Amount Per Serving	AM	PM
	% Daily Value	% Daily Value
Vitamin A (as beta-carotene from carrot oleoresin (Daucus carota) (root))	2250 mcg (7500 IU)	250%
Vitamin C (as ascorbic acid)	24 mg	30%
Vitamin E (as d-alpha-tocopherol)	16.75 mg (25 IU)	110%
Riboflavin (as riboflavin and from yeast)	0.6 mg	50%
Niacin (as niacinamide)	8 mg	50%
Vitamin B ₆ (as pyridoxine hydrochloride and from yeast)	15 mg	880%
Magnesium (chelated)	100 mg	25%
Iodine (from kelp)	60 mcg	40%
Zinc (chelated)	10 mg	90%
Selenium (from yeast)	100 mcg	180%
Chromium (from yeast)	50 mcg	140%
Lemon pectin	9 mg	†
Mixed non-alpha-tocopherol	6.5 mg	†
Lactobacillus Plus Proprietary Blend	92 mg	† 92 mg
Lactobacillus acidophilus, Lactobacillus delbrueckii bulgaricus, Lactobacillus paracasei, Bifidobacterium animalis, Streptococcus thermophilus. 5 billion live microorganisms per capsule.*		
† Daily Value not established.		
OTHER INGREDIENTS: Microcrystalline cellulose, dicalcium phosphate, stearic acid, hydroxypropyl methylcellulose, maltodextrin, sodium croscarmellose, silicon dioxide, magnesium stearate, natural mint extract, calcium carbonate, glycerin, and nonfat milk. Contains milk.		
NOTICE: This product contains senna leaf, buckthorn bark and rhubarb root. Read and follow the directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because senna leaf, buckthorn bark and rhubarb root may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, or taking medications, or have a medical condition.		

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[†] Elevate, UpBeet, and/or Neolife Tea (sold separately) can be incorporated and count towards water intake.

[‡] Take 1 Neo-Lax tablet if you weigh less than 150 lbs. or 2 Neo-Lax tablets if you weigh 150 lbs. or more. Do not use Neo-Lax if you currently suffer from diarrhea, loose stools or abdominal pain because it may worsen these conditions.

Fast Facts | ShopNeolife.com | 11/24 US

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Restablece la salud de tu intestino.* 3-Day Detox de NeoLife ofrece un enfoque suave y respaldado por la ciencia para limpiar tu cuerpo y promover una salud óptima, ¡sin restricciones extremas!* Este sistema fácil de seguir trabaja con los procesos naturales de desintoxicación de tu cuerpo, ayudándote a experimentar un equilibrio digestivo y restaurar la salud intestinal.* Con prácticos paquetes diarios en blíster, mantenerse en el camino es sencillo.



NeoLife Scientific
Advisory Board

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El Desafío de la Salud Moderna: Manejo de Toxinas

En el mundo de hoy, nuestros cuerpos están expuestos a una amplia gama de toxinas provenientes de la contaminación, los alimentos procesados, los medicamentos, el alcohol y el estrés. Con el tiempo, estos factores pueden afectar la digestión, los niveles de energía y la vitalidad en general. A diferencia de otros programas de desintoxicación que ofrecen soluciones temporales o extremas, 3-Day Detox de NeoLife proporciona un enfoque de apoyo y sostenible que trabaja en armonía con los procesos naturales de tu cuerpo.

Por Qué Funciona:

- **Inicia Tu Viaje de Bienestar:** Este programa de desintoxicación establece la base para alcanzar tus objetivos de salud al apoyar la capacidad natural de tu cuerpo para eliminar toxinas y restaurar el equilibrio.
- **Sencillo y Eficaz:** La estructura de 3 días facilita el compromiso con tu bienestar sin sentirte abrumado, permitiéndote concentrarte en nutrir tu cuerpo.
- **Empaque Conveniente:** Cada paquete diario en blíster contiene los suplementos adecuados para ayudarte a mantenerte en el camino, haciendo que la desintoxicación sea fácil de incorporar en tu rutina.
- **Ingredientes Suaves:** Con suplementos no transgénicos y fórmulas delicadas, puedes confiar en que estás limpiando tu cuerpo sin químicos agresivos.
- **Mantenimiento Constante:** Recomendado cada 2-3 meses, el Detox de 3 días apoya el equilibrio continuo y ayuda a que tu cuerpo funcione de la mejor manera.

¿Qué Contiene?

- **Neo-Lax™:** Una mezcla suave y patentada de hierbas diseñada para apoyar la correcta eliminación y aliviar el estreñimiento ocasional o la irregularidad.*
- **Garlic Allium Complex™:** Contiene el poder de apoyo inmunológico del ajo, con el equivalente de alicina de 1 diente de ajo por porción diaria.* Apoya la función inmunológica saludable y ayuda a promover la renovación celular normal, especialmente en el tracto digestivo.*
- **Betagard®:** Una poderosa mezcla de vitaminas y minerales antioxidantes formulada por el Dr. Arthur Furst, que ayuda a tu cuerpo a neutralizar las toxinas ambientales y los radicales libres, al mismo tiempo que apoya los procesos naturales de desintoxicación y producción de energía.*
- **Acidophilus Plus™:** Proporciona 5 cepas probióticas para promover un microbioma intestinal saludable, apoyando la salud del colon, el equilibrio digestivo y la función inmunológica.*

Tu Guía de Desintoxicación

Días 1 y 2: Limpiar

Qué Comer: Frutas y verduras frescas; bebe de 12 a 16 oz de agua cada 2-3 horas.†

Suplementos de la Mañana: Neo-Lax™‡, Garlic Allium Complex™, Betagard®

Suplementos de la Noche: Neo-Lax™‡, Garlic Allium Complex™

Día 3: Equilibrio

Qué Comer: Reintroduce proteínas magras, grasas saludables y granos enteros; continúa bebiendo de 12 a 16 oz de agua cada 2-3 horas.†

Suplementos de la Mañana: Acidophilus Plus™ and Betagard®

Suplementos de la Noche: Acidophilus Plus™

Días 4-7: Revitaliza

Qué Comer: Continúa disfrutando de alimentos integrales y nutritivos mientras evitas los productos procesados. Recuerda mantenerte hidratado con 12 a 16 oz de agua cada 2-3 horas.†

Suplementos de la Mañana: Acidophilus Plus™

Suplementos de la Noche: Acidophilus Plus™

Day 1 and Day 2 NeoLife Detox

Supplement Facts

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Vitamin E (as d-alpha-tocopherol)	16.75 mg (25 IU)	110%
Riboflavin (as riboflavin and from yeast)	0.6 mg	50%
Niacin (as niacinamide)	8 mg	50%
Vitamin B6 (as pyridoxine hydrochloride and from yeast)	15 mg	880%
Magnesium (chelated)	100 mg	25%
Iodine (from kelp)	60 mcg	40%
Zinc (chelated)	10 mg	90%
Selenium (from yeast)	100 mcg	180%
Chromium (from yeast)	50 mcg	140%
Lemon pectin	9 mg	†
Mixed non-alpha-tocopherol	6.5 mg	†

Herbal Blend 856 mg † 856 mg †
Senna extract (*Cassia senna*) (leaf) (standardized to 16 mg total sennosides), Licorice powder (*Glycyrrhiza glabra*) (root), Prune powder (*Prunus domestica*) (fruit), Alfalfa powder (*Medicago sativa*) (leaf), Buckthorn extract (*Rhamnus frangula*) (bark) (10:1 for glucofrangulins), Rhubarb powder (*Rheum officinale*) (root), Asparagus powder (*Asparagus officinalis*) (plant), Anise powder (*Pimpinella anisum*) (seed).

Allium Blend 245 mg † 245 mg †
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† Daily Value not established.

OTHER INGREDIENTS: Dicalcium phosphate, microcrystalline cellulose, stearic acid, sodium croscarmellose, silicon dioxide, hydroxypropyl methylcellulose, magnesium stearate, natural mint extract, ethyl cellulose, calcium carbonate, isomalt, glycerin, medium chain triglycerides, rosemary extract, sodium alginate and oleic acid.



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Day 3 NeoLife Detox

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Serving Size: 1 Card

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Selenium (from yeast)	100 mcg	180%
Chromium (from yeast)	50 mcg	140%
Lemon pectin	9 mg	†
Mixed non-alpha-tocopherol	6.5 mg	†

Lactobacillus Plus Proprietary Blend 92 mg † 92 mg †
Lactobacillus acidophilus, *Lactobacillus delbrueckii bulgaricus*, *Lactobacillus paracasei*, *Bifidobacterium animalis*, *Streptococcus thermophilus*. 5 billion live microorganisms per capsule.*

† Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, dicalcium phosphate, stearic acid, hydroxypropyl methylcellulose, maltodextrin, sodium croscarmellose, silicon dioxide, magnesium stearate, natural mint extract, calcium carbonate, glycerin, and nonfat milk. Contains milk.

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† Elevate, UpBeet y/o NeoLife Tea (vendidos por separado) se pueden incorporar y contar para el consumo de agua.

‡ Toma 1 tableta de Neo-Lax si pesas menos de 150 lbs. o 2 tabletas de Neo-Lax si pesas 150 lbs. o más. No uses Neo-Lax si actualmente sufres de diarrea, heces sueltas o dolor abdominal, ya que puede agravar estas condiciones.

Datos Rápidos | ShopNeoLife.com | 11/24 EE.UU.

*Estas afirmaciones no han sido evaluadas por la Administración de Alimentos y Fármacos (FDA). Este producto no pretende diagnosticar, tratar, curar o prevenir ninguna enfermedad.