



Glossary

Joint Health

Osteo Arthritis – a degenerative joint disease, caused mainly by wear and tear and characterised by a breakdown of the joint’s cartilage.

Rheumatoid Arthritis - a usually chronic autoimmune disease that is characterised especially by pain, stiffness, inflammation, swelling, and sometimes destruction of joints.

Some of the products mentioned in these courses may not be available in every market.

*This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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