



## A Solid Foundation to Build upon

Swim Strong Foundation is a 501c3, largely volunteer based not for profit in NYC that saves and changes lives through water safety and swim skill education.

We provide low to no cost instruction to beginner through competitive swimmers; ages 3 through seniors. We offer adaptive programs for children with autism and for anyone afraid of water. We have a partnership with the U.S. Coast Guard and Navy to teach prospective recruits the skills needed to pass the swim test given at bootcamp.

We educate our communities around water safety awareness with the goal of reducing drowning deaths and non fatal, but life altering injuries due to spinal chord and brain trauma.

**Total number of participants served since 2009**

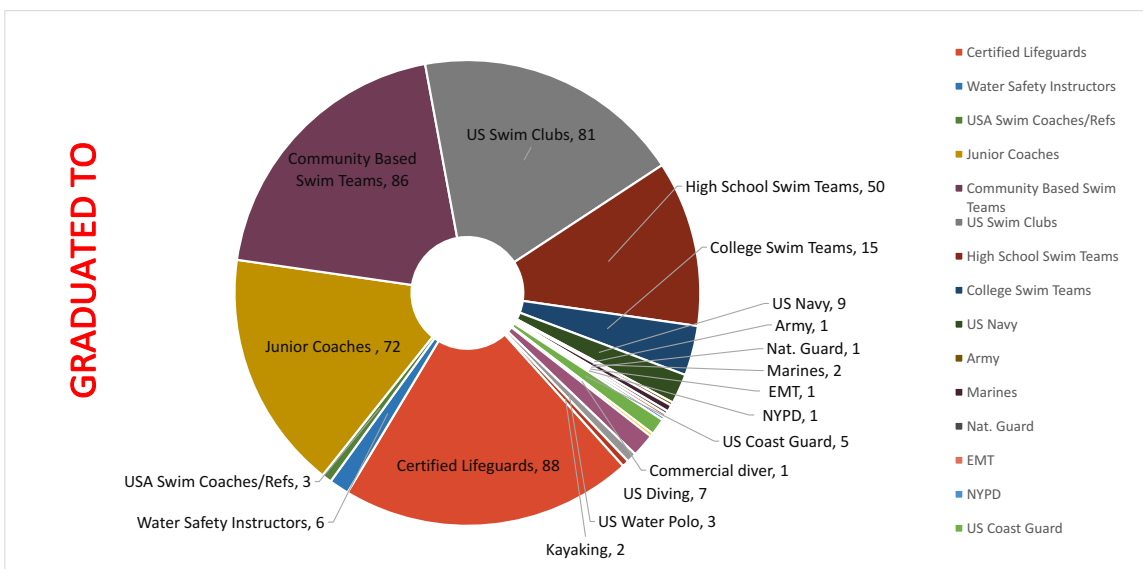
**7284**

**Total number of scholarships since 2009**

**2194**

**Total Investment of Swim Strong since 2009**

**\$526,560**



## WHAT MAKES US UNIQUE ?

**PARTNERSHIP WITH U.S. COAST GUARD AND U.S. NAVY**

**SAME SEX CLASSES FOR CONSERVATIVE COMMUNITIES**

**SWIM STRONG INSTRUCTOR CERTIFICATION**

**STROKE TECHNIQUE BOOTCAMPS**

**WATER SAFETY EDUCATION**

**INVITATIONAL SWIM MEETS**

**MENTORSHIP PROGRAM**

**WATER SPORT CLINICS**