



AWAKEN YOUR INNER GODDESSES AFFIRMATIONS

My Beloved Flourishing Goddess,

These affirmations were gifted to me from the Goddesses, to awaken their power within you. To amplify their sacred feminine magic, get comfortable and breathe their essence into each corresponding chakra (energy center) as you affirm them silently or aloud.

All my love, Syma.

Focus on the base of your spine (root chakra) and affirm:

I awaken my stability, support and sustenance through Gaia within.
I awaken the primal life force energy, my divine creative power, of Shakti within.

Focus on your womb (sacral chakra) and affirm:

I awaken my beauty, love and bliss through Aphrodite within.
I awaken the abundance, creativity and fertility of Lakshmi within.

Focus on your belly (solar plexus chakra) and affirm:

I awaken the warrior goddess power and sacred fire of Brigit within.
I awaken the light and radiance of a thousand suns through Amaterasu within.

Focus on your chest (heart chakra) and affirm:

I awaken the boundless love and compassion of Kuan Yin within.
I awaken the regal self-honoring of my inner queen through Hera within.

Focus on your throat (throat chakra) and affirm:

I awaken the purest expression of my truth and self through Athena within.
I awaken the voice of love, grace and beauty through Sarasvati within.

Focus on the center of your forehead (third eye chakra) and affirm:

I awaken my high priestess, magician and wise woman through Isis within.
I awaken the fierce focus of a huntress through Artemis within.

Focus on the crown of your head (crown chakra) and affirm:

I awaken my divine connection to the infinite source of all through Aditi within.
I awaken enlightenment and eternal life through White Tara within.

Bring your hands in prayer pose in front of your heart and affirm:

I awaken the guidance, gifts and graces of all Goddesses within, that I may rise up and flourish into the Goddess that I truly am.

I AM WOMAN. I AM GODDESS.

www.FlourishingGoddess.com