

The History of My Name

Name _____

Date _____

Interview a parent, grandparent, or another trusted adult about your name. Ask the questions below, listen carefully, and write their answers in complete sentences. It is fine if some answers are unknown; write down what you would still like to find out.

Person I interviewed: _____ **Relationship to me:** _____

1 Who chose my name, and how did they decide?

2 Was I named after someone? Who, and what do you remember about them? Was that person living when I was born?

3 What does my name mean, and what language does it come from? Do I have a Hebrew or other second name?

4 Where does our family name come from? Has anyone in our family ever changed their name, and why?

5 Do I have nicknames? Who uses them, and how did they start?

6 What else should I know about names in our family?

Another path: If you prefer, you may interview any trusted adult about their own name, or research the name of someone you admire, and answer these questions about that name instead.