



Where We Work

Marin City Health and Wellness Center provides services from San Rafael to San Francisco. Founded to provide affordable and accessible health care services to residents of public housing, we are uniquely located in the communities where our clients live.

Services We Provide

As a Federally Qualified Health Center (FQHC), we provide primary medical, dental and behavioral health care, as well as educational and leadership programs for healthy teens and adults. Our services include:

- State-of-the-art **medical** and **dental** care
- **Natural birth center** (Marin's first! Opens spring 2016 in San Rafael)
- Behavioral and **mental health** programs
- Healthy **lifestyle programs** for all ages
- **Youth leadership** programs for teen boys (The Defenders) and teen girls (Girl Power)

Individuals and Families We Serve

With the expansion of healthcare insurance through the Affordable Care Act, the need for our services grew tremendously in 2015. Last year we:

- Provided 9,527 patient visits
- Served **all ages**: 49% of patients are 35-65 years old, and patients range from infants to seniors
- **Multicultural**: 42% of patients are Caucasian, 27% African American, 11% Latino, 4% Asian

How You Can Participate

Visit our doctors or dentists. Make an appointment for a medical or dental exam. Call us at 415.339.8813. We accept all forms of insurance and provide service regardless of ability to pay.

Tour our new Family Birth Center. We will open Marin's first natural birth center in spring 2016. For more information, contact Kiki Jordan at Khailylah@marincityclinic.org.

Get a Parks Prescription. Nearby parks and nutritional guidance are paths to patient wellness, and can be alternatives to prescription medicine. Get your Rx today! Contact Remy@marincityclinic.org.

Refer a teen to our programs for girls and boys. The Defenders (teen boys) and Girl Power (teen girls) offer youth leadership activities. More information is online at marincityclinic.org.

Join our Board or Advisory Committee. We are looking for leaders who believe in the power of community healthcare. For more information, contact Nicole Johnson at Nicole@marincityclinic.org.

Support our work. Current medical services are supported by fees for service and agency funding, but expanding programs to meet community needs depends on private dollars. Please consider a tax-deductible donation today to support our capital campaign for new space! Give online at www.MarinCityClinic.org or contact Melanie Hamburger at Melanie@marincityclinic.org.