

Monday

Tuesday

Wednesday

Thursday

Friday

August 2025

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Bingo
FITON Adaptive Exercise
When Am I?
Horseraces

Culinary Creations

4

Bingo
Tai Chi
Illuminated Mandela's
Hot Potato

AACC Visit

5

Bingo
Zumba
Giant Paper Dahlias
Alaskan Bean Bag Toss

Karaoke

6

August IQ
Morning Stretch
Sunflower Art
Volleyball

Beauty Time

7

Movie Mania
HAS Fit
Pictionary
Parachute Fun!

JAVA Club

8

Jeopardy Trivia
Workout with Weights
Oz-Bound Travelers
Skeeball

11

Who Am I?
Exercise on Down the Road
Grace in the Bible
Hoops

Project Gratitude

12

Bingo
Denise Austin Workout
The Wizard of Oz Trivia
Bad Minton

Culinary Creations

13

Bingo
Basketball Exercises
Movie and a Pizza
Summer Fruit Coasters

14

BOAT Categories
Seated Polka
Would You Rather...?
Darts

Sundae Social

15



18

Mixed-Up Adventure in Oz
Upper Body Strength
Dangerous Beauty
Newspaper "Races"

19

Can You Picture This?
Yoga
Golf Ball Art
Ball Toss

JAVA Club

20

Bingo
Fitness and Fashion
Lessons from a Cowardly Lion
Baseball

AACC Visit

21

Bingo
Belly Dancing
Faux Oil Painting
Bubble Party

22

PEACE Categories
Gentle Stretch
Armchair Travels: The Vatican
Trail Walk

Sing-a-long

25

Lucky Strike
Belly Dancing
Balloon Animals
Gardening

26

Movie and a Pizza
Leg Day
More Jeopardy Trivia
Bowling

27

Talking Tidbits
Fit and Fabulous
Metaphors in the Bible
Hockey

Culinary Creations

28

Bingo
Motown Silver Sneakers
August IQ
Outdoor Croquet

29

Bingo
Flow with Flexibility
Lions: The Kings of the Jungle
Velcro Golf

Project Gratitude



Serendipity Adult Day Services