

SALEM KROC CENTER FALL PROGRAMMING

There is something for everyone this Fall at the Kroc Center. Sign up online or at the Welcome Desk.

AQUATICS OPEN HOUSE | SEPT 12TH 6PM-8PM

Dive-in to fun and fitness. Drop-in to this open house where coaches and trainers from Aquatics will answer questions and help with signups for Kroc Swim Lessons, Swim Team, Group Exercise, and our Lifeguard program. Drop-in to learn all about our programs in the pools.

KROC SPORTS & COURTS: YOUTH 4-6YRS | OCT-NOV

An introduction to sports for kids ages 4-6yrs. In this eight-week program children will learn the basics of Basketball & Soccer while making friends, learning sportsmanship and fostering discipline. This is a fun way to keep moving and sample new activities. Eight weeks, 1-hour sessions, Saturdays 2pm. Members \$42.50, Non-members \$50.

FALL SOCCER AND BASKETBALL CLINICS: YOUTH 6-10YRS

Each clinic is an introduction to Soccer or Basketball for kids ages 6-10yrs. A great introduction or a refresher course for kids who have played before. In this program children will develop the basics and fundamentals of the sport. A great way to get your kids moving and to have fun while learning the game. Four weeks, 90min sessions, Basketball is Saturdays 12:15pm. Soccer is Saturdays 2pm. The cost of each clinic is: Members \$59.50, Non-members \$70.

YEAR-ROUND DAY CAMPS: YOUTH 4-12YRS

When schools are out, Kroc day camps are in session with days full of fun and friendship. Each camp offers swimming, rock wall, crafts, games, and tasty snacks. Our camps feature Christian values and a short but fun Bible lesson led by Kroc Camp Staff. Extended hours available with early drop-off and late pick-up. Lunch and snacks included.

KROC CHURCH

At Kroc Church Salem, we're about loving God and loving others. You're invited to join us for worship located in the Kroc Center Chapel. Kroc Church is open to the public — Kroc Center membership is not required. All our programs are offered in Spanish and English. Join us on Sunday mornings at 10am English or 12pm Spanish service. The ministry team would love to meet with you and get you plugged in. Everyone's welcome!

REBOUND TEEN PROGRAMS

\$5 Afterschool Special – every day after 3PM youth ages 10-17 are only \$5! Join us for a safe, friendly, and supportive place to chill, study, or play. The following REBOUND teen programs are FREE and include a free Kroc membership. **GED** – Earn your GED (General Educational Development) through Chemeketa at the Kroc. **Work Ready** – Students ages 14-21, a FREE 8-week program to help build your skills and prepare for your first job. Starts October 6th at 5PM. Includes meal. **Project PEACE** – A growth mindset program that helps 7th-12 graders build relationships. Starts October 7th at 4:30PM. Includes meal. SIGN UP for teen programs at KrocRebound.com

KROC PERSONAL TRAINING

Feel the benefits of having a coach and accountability partner on your team. Workouts with a trainer provide healthier, safer, more efficient fitness results. Inquire at the Fitness Desk to sign up. Members get a FREE 1-hour consultation.



SIGN UP NOW!