



JOIN US

AT THE KROC CENTER!

FALL 2025



SWIM • ICE SKATE • PLAY • CREATE • WORSHIP • LEARN • GET FIT



www.sd.kroccenter.org | 619.287.5762

 RAY & JOAN
KROC CENTER
SAN DIEGO, CA

FITNESS & AQUATICS CENTER HOLIDAY HOURS

| | |
|--------------------------------|--------|
| September 1 (Labor Day) | Closed |
| November 27 (Thanksgiving Day) | Closed |
| November 28 (Black Friday) | Closed |

FITNESS CENTER/POOL HOURS

| | |
|-----------------|-----------------------|
| Monday-Friday | 5:30 a.m. - 8:00 p.m. |
| Saturday/Sunday | 8:00 a.m. - 4:00 p.m. |

ARTS & EDUCATION BUILDING HOURS

| | |
|----------------------------|--|
| Monday | 10:00 a.m. - 12:00 p.m., 3:00 - 7:00 p.m. |
| Tuesday/Wednesday/Thursday | 3:00 - 7:00 p.m. |
| Friday | 3:30 - 7:00 p.m. |
| Saturday | 10:00 a.m. - Noon |
| Sunday | CLOSED |

OPEN PICKLEBALL

| | |
|-------------------------------|-------------------|
| Tuesday-Friday | 10:00 - Noon |
| Sunday(Intermediate/Advanced) | 8:00 - 10:00 a.m. |
| Sunday | 10:00 - Noon |

OPEN BASKETBALL

| | |
|------------------|------------------|
| Monday | 2:30 - 6:00 p.m. |
| Wednesday/Friday | 7:00 - 8:30 p.m. |
| Sunday | 2:00 - 4:00 p.m. |

Court available for open use when not otherwise booked.

OPEN VOLLEYBALL

| | |
|------------------|------------------|
| Wednesday/Friday | 7:00 - 8:30 p.m. |
| Sunday Pickup | 2:00 - 4:00 p.m. |

CLIMBING TOWER

| | |
|----------|-------------------|
| Thursday | 3:30 - 5:30 p.m. |
| Saturday | 10:00 a.m. - Noon |

PLAYCARE (Ages 6 months – 11 years)

| | |
|-----------------|-------------------|
| Monday-Saturday | 9:00 - 11:30 a.m. |
| Monday-Friday | 4:30 - 7:00 p.m. |

REC SWIM

| | |
|---------------|-------------------|
| Monday-Friday | 2:30 - 5:00 p.m. |
| Monday | 6:30 - 8:00 p.m. |
| Saturday | 12:45 - 4:00 p.m. |
| Sunday | 1:15 - 4:00 p.m. |

REC FIELD

| | |
|---------------|------------------------|
| Monday/Friday | 5:30 a.m. - 12:00 p.m. |
| Saturday | 1:00 - 4:00 p.m. |
| Sunday | 8:00 a.m. - 4:00 p.m. |

CORNER ZONE*

| | |
|--------|------------------|
| Monday | 4:00 - 5:30 p.m. |
| Friday | 4:00 - 5:30 p.m. |

FAMILY RESOURCE CENTER

| | |
|---|--------------------------------------|
| Monday-Thursday | 8:30 a.m. - Noon 1:00 - 4:30 p.m. |
| Friday Food Distribution (registered clients) | |

CONTACT THE KROC

MAIN LINE: 619-287-KROC (5762)

| | |
|--------------------------|--------------|
| ARTS & EDUCATION | 619-269-1540 |
| ATHLETICS & AQUATICS | 619-269-1472 |
| BIRTHDAY PARTIES | 619-269-1414 |
| DAY CAMP | 619-269-1470 |
| DONATIONS & SPONSORSHIPS | 619-269-1428 |
| FAMILY RESOURCE CENTER | 619-269-1430 |
| ICE ARENA | 619-269-1504 |
| CHURCH AT THE KROC | 619-269-1536 |
| MEMBERSHIP | 619-269-1472 |
| SPECIAL EVENTS | 619-269-1551 |
| THEATRE | 619-269-1551 |
| VOLUNTEER SERVICES | 619-269-1424 |
| YOUTH SPORTS LEAGUES | 619-269-1461 |
| YOUTH SCHOLARSHIPS | 619-269-1430 |



***BE SURE TO CHECK OUR HOURS PAGE FOR SEASONAL UPDATES**

Did you know the Family Resource Center provides a food pantry, diapers, Christmas assistance, plus special events for our registered clients?

For more information



THE SALVATION ARMY KROC CENTER
**FAMILY
RESOURCE
CENTER**



BECOME A KROC MEMBER

| | |
|----------------------------|---|
| TEEN | \$30 per month / Ages 12-17 |
| YOUNG ADULT | \$35 per month / Ages 18-25 |
| ADULT | \$50 per month / Ages 26-61 |
| SENIOR | \$45 per month / Ages 62+ |
| FAMILY | \$100 per month / 2 adults, up to 6 children (same household) |
| DUAL ADULT | \$90 per month / Ages 18-61 (same household) |
| SINGLE ADULT FAMILY | \$80 per month / 1 adult, up to 6 children (same household) |

DAY PASSES

\$15 per day, per person / Ages 3-11

\$20 per day, per person / Ages 12+

Get access to the gymnasium, fitness center, public swimming, recreation field, and climbing tower. Day passes are available for purchase online or at the front desk. Please bring a photo ID when purchasing a day pass. This pass does not include ice skating.

MEMBERSHIP SCHOLARSHIPS

Individuals, families, seniors who cannot afford Kroc Center memberships may apply for a membership scholarship online.

For questions, please email membership.scholarship@usw.salvationarmy.org

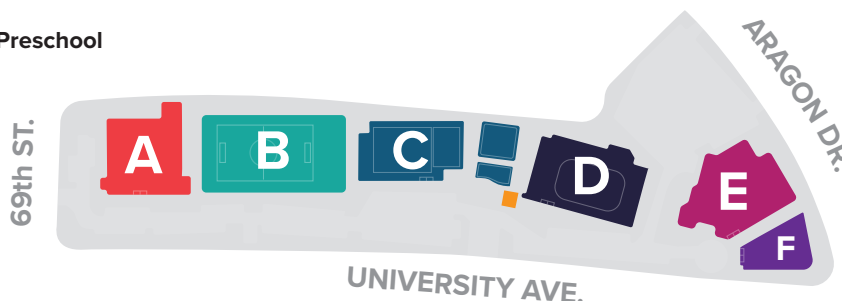
Building A

Corner Zone
Family Resource Center
Community Room
Administration
Children of the Rainbow Preschool

Recreation Field (B)

Building C

Wellness Center
Membership
Aquatics Center
Gymnasium
Playcare
Day Camp Office
Recreation Field Access



Mission Brew Coffee/Tower

Building D
Ice Arena

Building E

Joan B. Kroc Theatre
Rolando Room
Band Room

Building F

Performing Arts Center
Fireside Room
Garden
Library
San Diego Regional Office
Crescent Learning Program

PLAYCARE AT THE KROC CENTER

Ages 6 months – 11 years

The Kroc Center provides a safe environment for your child while you exercise. Playcare is first-come, first-served for children – space is limited and each session is a maximum of 2 hours. Adult must remain onsite.

Monday-Saturday 9:00 - 11:30 a.m.

Monday-Friday 4:30 - 7:00 p.m.

CHURCH AT THE KROC

Church at the Kroc offers a vibrant and inclusive community where individuals can grow spiritually and connect with others.



CHURCH
AT THE KROC
THE SALVATION ARMY KROC CENTER SAN DIEGO

WORSHIP SERVICE

Sundays 10:00-11:00 a.m. / Rolando Room

COOKIES & FELLOWSHIP

Sundays 11:00 - 11:30 a.m. / Courtyard

WOMEN'S MINISTRIES

Sundays 11:30 a.m. - 12:30 p.m. / Rolando Room

THE OPEN TABLE

Tuesdays 6:00-7:00 p.m.

Rolando Room

January-March, May-July, September-November

BIBLE STUDY

Thursdays 6:00-7:00 p.m.

Fireside Room



CONNECT WITH US!
[@KrocCenterSD](https://www.instagram.com/KrocCenterSD)



STAY CONNECTED

Text SDKROC to 844-947-6154 for mobile text alerts.

LEARN TO SWIM

GROUP & PRIVATE LESSONS AVAILABLE

Swim lessons will be changing times to accommodate working parents and district school schedules

PARENT & CHILD SWIM LESSONS

Ages 6-36 months



PRESCHOOL & YOUTH SWIM LESSONS

Ages 3-15

Intermediate/Advanced

ADULT SWIM LESSONS

Ages 16+

Beginning/Intermediate/Advanced



WATER POLO DROP-IN CLINIC (AGES 8-15)

Mondays & Thursdays 6:00 - 7:00 p.m.

Single/Monthly Sessions Available

For individuals who are wanting to build swim endurance and are new to the sport.



Pre-water polo program that introduces kids to basic skills, teamwork, and confidence in the water through engaging activities and games.

YOUTH SPRING BOARD DIVE (AGES 8-15)

Sundays 11:00 a.m.- 1:00 p.m.

*See online calendar to confirm

Participants will learn core dryland and in-water fundamental skills. Available monthly or as single sessions.



SPLASH PALS

Sundays 11:45 - 12:45 p.m.
Thursdays 5:00 - 6:00 p.m.

A fun, beginner-friendly introduction to water polo that helps kids build confidence in the pool while learning basic game skills and teamwork!

AQUA CLIMB AND DIVE

Open Session Dive for Members and Public
Saturday/Sunday* 1:15 - 4:00 p.m.

*Members only

YOUTH SPORTS LEAGUES



The Kroc youth sports instructional leagues teach and drill the fundamental (foundational) skills, and basic team play. Each practice will be a mini-camp emphasizing skill building and how to play the game the right way.

The leagues are designed for the players to have fun, and more importantly, take away impactful character development traits.



BASKETBALL (AGES 5-15)

Recommended equipment: athletic shorts and high-top sneakers.

All games will be 40 minutes in total with a 20 minute (always running clock) broken up into 2 halves. The 5-6 year old game will consist of two 18-minute halves and the clock will always run. Jerseys will be provided on game day.

SOCCER (AGES 5-15)

Recommended equipment: cleats and shin guards (Required).

All games will be 50 minutes. The 5-6 year old game is broken up into 8-minute intervals to allow for extra water breaks.

VOLLEYBALL (AGES 10-14)

Recommended equipment for kids: knee pads.

Games will be first to 25 with no game clock.

FLAG FOOTBALL CLINIC (AGES 8-15)

Fridays, September 5-26
5:00 - 6:30 p.m. | 8-15 years

Private 1 on 1 Basketball & Volleyball sessions are available!

If interested in private lessons, please email:
liam.tabalon@usw.salvationarmy.org

ACTIVITIES FOR EVERYONE!

KROC CENTER ACTIVITIES BY AGE

| ACTIVITY | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18+ | Senior | | |
|----------------------|----------------------------|-------------------|------------|-------|------------|------------|---|---|------------|--------|---|-----|----|----|----------|----|---------|-------------|----|-------------|-------------|--|--|
| ARTS & EDUCATION | Church at the Kroc | 0 - SENIOR | | | | | | | | | | | | | | | | | | | | | |
| | Dance & Gymnastics Classes | | 1 - SENIOR | | | | | | | | | | | | | | | | | | | | |
| | Visual Arts | | | | | | | | | 8 - 14 | | | | | | | | | | | | | |
| | Music Classes | | | | | | | | 6 - SENIOR | | | | | | | | | | | | | | |
| | Theatre Programs | | | | | | | | | 8 - 18 | | | | | | | | | | | | | |
| | STEAM Enrichment | | | | | | | | | 8 - 14 | | | | | | | | | | | | | |
| CAMP | Junior Leaders | | | | | | | | | | | | | | | | 15 - 17 | | | | | | |
| | Day Camp | | | | | 4 - 14 | | | | | | | | | | | | | | | | | |
| ATHLETICS & AQUATICS | Climbing Tower | | | | | 5 - SENIOR | | | | | | | | | | | | | | | | | |
| | Fitness Center and Weights | | | | | | | | | | | | | | 12 - 17* | | | | | | 18 - SENIOR | | |
| | Fitness Classes | | | | | | | | | | | | | | | | | 16 - SENIOR | | | | | |
| | Kroc Youth Sports Leagues | | | | | 5 - 15 | | | | | | | | | | | | | | | | | |
| | Fitness Specialty Classes | | | | | | | | | | | | | | | | | 16 - SENIOR | | | | | |
| | Personal Training | | | | | | | | | | | | | | | | | 16 - SENIOR | | | | | |
| | Recreation Swimming | 0 - SENIOR | | | | | | | | | | | | | | | | | | | | | |
| | Swim Lessons | 6 MONTHS - SENIOR | | | | | | | | | | | | | | | | | | | | | |
| | Tiny Tikes | | | 2 - 5 | | | | | | | | | | | | | | | | | | | |
| | Pickleball | | | | | | | | | | | | | | | | | 15+ | | | | | |
| Volleyball | | | | | | | | | | | | 10+ | | | | | | | | | | | |
| Playcare | 6 MONTHS - 11 | | | | | | | | | | | | | | | | | | | | | | |
| ICE | Drop-In Hockey | | | | | | | | | | | | | | | | | | | 18 - SENIOR | | | |
| | Ice Hockey Classes | | | | 3 - 14 | | | | | | | | | | | | | | | | | | |
| | Ice Skating Classes | | | | 3 - SENIOR | | | | | | | | | | | | | | | | | | |
| | Public Ice Skating | | | | 3 - SENIOR | | | | | | | | | | | | | | | | | | |
| | Volunteer | | | | | | | | | | | | | | | | | 16+ | | | | | |

(*TEEN FITNESS ORIENTATION REQUIRED)

OPEN SWIM
SCHEDULE



GROUPX
SCHEDULE

*Including Youth Sports &
Adult Drop-In



CONNECT WITH US!
@KrocCenterSD



STAY CONNECTED

Text SDKROC to 844-947-6154 for mobile text alerts.

PERFORMING ARTS

Whether you are looking for beginning classes or a continuation into more advanced instruction, the Kroc Center Performing Arts Program is the right solution for you. Our instructors are professional dancers, illustrators and musicians with years of experience teaching and performing. Kroc Performing Arts programs participate in various recitals throughout the year.

SESSION DATES:

September 29 - November 22
November 24 - January 31



DANCE: Ballet, Cheer, Hip-Hop, Gymnastics, Tumbling, Tap

MUSIC: Piano, Guitar, Voice & Ukelele

ACTING: Adult Improv

VISUAL ARTS: Artsycrafts, Drawing, Clay & Paint, Weave & Sculpt

FAMILY ARTS & LITERACY NIGHT

Select Thursdays | 6:30 - 8:00 p.m.

October 16

Mariachi Rodriguez with Sazonadas Folklorico Dance in the Joan B. Kroc Theatre

November 13

Drummers Without Borders in Rolando Room

THEATRE CALENDAR OF EVENTS



SUPPORT OUR CENTER!

Every donation helps your community. Thank you!



KROC CENTER ICE ARENA

As the only year-round ice arena centrally located in the heart of San Diego, Kroc Center Ice offers learn to skate and learn to play hockey classes, youth and adult hockey leagues, figure skating, and more.

KROC CENTER ICE – OPEN PUBLIC SKATING

Admission & Skate Rental - \$24 // No checks.

Purchase Skating admission tickets online 48 hours in advance and save \$4.

Kroc Members - \$20 w/ Membership card - save \$4

Group Rate - \$17 for 20 or more skaters

**Skates are included.*

PUBLIC SKATE CALENDAR



“TRY IT” ICE SKATING

This is the perfect experience for first-time skaters! Our “Try It” Beginning Skate class is a “drop-in” chance to try ice skating and learn more about Kroc Center Ice programs. Learn how to put skates on, get comfortable walking in skates, and take the ice for the first time. Our Skating School staff will be there to assist you! We encourage you to join our Skating School to continue lessons and further your skills in figure skating or hockey.

“Try It” Beginning Skate class: \$25

Saturdays 11:15 a.m.

Wednesdays 6:00 p.m.



TINY TIKES

Parents are welcomed as participants, and each day focuses on creating a safe, fun environment where children can learn vital developmental skills.

TINY TIKES SPLASH (AGES 6 months – 5 years)

Monday 10:00 - 11:00 a.m. Recreation Pool

Wednesday 10:15 a.m. - Noon Recreation Pool

Friday 10:00 - 11:00 a.m. Corner Zone

DROP-IN: \$5 Members | \$10 Guest

MONTH: \$45 Members | \$75 Guest

VOLUNTEER (AGES 16+)

Becoming a volunteer is easy—start by filling out a form with your interests. Staff will provide volunteer assignment details and any additional training to all active volunteers, as necessary. Please note, the intake process can take up to one month.

We are currently unable to accept any court-appointed Community Service volunteers.



KROC AFFINITY GROUPS

At the Kroc Center, we celebrate diversity, inclusion, and community by offering a range of affinity groups designed to bring people together.

Contact TK Nguyen at TK.Nguyen@usw.salvationarmy.org to learn more.



OPEN PLAY IN THE GYM!

PICKLEBALL

Drop-in for this highly popular activity! Please bring your own paddle and balls. Standard open play structure will be adhered to with paddle system to note next players.

| | |
|------------------|-------------------------|
| Tuesday - Friday | 10:00 a.m. - 12:00 p.m. |
| Sunday | 3:00 - 4:00 p.m. |

Intermediate/ Advanced Play

| | |
|---------|-------------------|
| Sundays | 8:00 - 10:00 a.m. |
|---------|-------------------|

Beginner Play

| | |
|------------|------------------|
| Wednesdays | Noon - 2:00 p.m. |
|------------|------------------|

PICK UP BASKETBALL

| | |
|--------------------|------------------|
| Sundays | 2:00 - 4:00 p.m. |
| Mondays | 3:30 - 5:30 p.m. |
| Wednesdays/Fridays | 7:00 - 8:30 p.m. |

OPEN VOLLEYBALL

| | |
|--------------------|------------------|
| Sundays | 2:00 - 4:00 p.m. |
| Wednesdays/Fridays | 7:00 - 8:30 p.m. |

WE'RE HIRING AWESOME PEOPLE

Our dedicated staff and volunteers are part of what makes The Kroc Center so special. Their commitment to serving others and creating a welcoming environment helps create a community.



Applying for a position here is easy!



Looking for an action-packed, safe, and fun-filled way for your kids to spend school breaks?

Look no further than Camp Kroc, where campers ages 5-14 can rock climb, swim, create arts and crafts, participate in team building and STEAM activities, and more — all in one day!

PLAN AHEAD FOR YOUR SCHOOL BREAKS!

- **Fall Camp**
Week 1: October 6-10
Week 2: October 13-17
- **Veterans' Day Camp:**
November 10 & 11
- **Thanksgiving:** November 24-26



SCHOLARSHIPS ARE AVAILABLE

Families who cannot afford Kroc Center youth class/ programs may apply for a scholarship through our Family Resource Center.

For questions, please email sdkroc.frc@usw.salvationarmy.org



CONNECT WITH US!
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STAY CONNECTED

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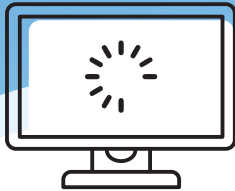
Pumpkin Poolooza

Sunday, October 26 • 1 - 4 p.m.

Child Admission: 6 months - 15 years

Cost: \$10/Kroc Members & \$20/Community

Pre-registration is required. Tickets on sale 10/1/25.



**GET READY FOR A
NEW ONLINE
EXPERIENCE!**

The Kroc team is working behind the scenes to prep new membership software and a new online customer platform.

Here's a sneak peek of some of the features:

- New and improved search functionality
- Use the Kroc Connect App to scan into The Kroc Center, reserve group exercise classes, view your schedule, and more!

Building
CONNECTIONS



THE SALVATION ARMY KROC CENTER SAN DIEGO

OUR VALUES



SAFETY



INTEGRITY



QUALITY



COURTESY



FUN



RAY & JOAN
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