

KROC YOUTH SPORTS LEAGUES



WINTER DATES: JANUARY 14 - MARCH 8

COST: \$185 (10% DISCOUNT FOR MEMBERS)

The Kroc Youth Sports Developmental Leagues emphasize both fundamental skills and basic team play. Practice will maintain skill building drills to help your child's growth in the sport. The leagues are designed to provide a safe and low-pressure environment for every participant to both have fun and learn. **EVERYBODY** plays. Week one of our season will be evaluation week. Helping to ensure balanced and fair rosters during the season. We will host 7 practices and 7 games at the times listed below.

BASKETBALL:

<u>Ages</u>	<u>Practices</u>	<u>Games</u>
Ages 5-6:	Tues. 4:30-5:30PM	Sat. 10:15-11:15AM
Ages 7-8:	Tues. 5:45-6:45PM	Sat. 11:15AM - 12:15PM
Ages 9-10:	Thu. 4:30-5:30PM	Sat. 1:45-2:45PM
Ages 9-11:	Tues. 7:00-8:00PM	Sat. 12:15-1:15PM
Ages 11-12:	Thu. 5:45-6:45PM	Sat 2:45-3:45PM
Ages 13-14:	Thu. 7:00-8:00PM	Sat. 3:45-4:45PM



Basketball game day information and recommended equipment for kids: athletic shorts and high-top sneakers. All games will be 40 minutes in total with a 20 minute (always running clock) broken up into 2 halves. The 5-6 year old game will consist of two 18-minute halves and the clock will always run. Jerseys will be provided on game day.

SOCCER:

Ages 5-6:	Wed. 4:30-5:30PM	Sat. 9:00-10:00AM
Ages 7-9:	Wed. 5:45-6:45PM	Sat. 10:15-11:15AM
Ages 9-14:	Wed. 7:00-8:00PM	Sat. 11:30AM-12:30PM



Soccer game day information and equipment recommended for kids: Cleats and shin guards (Required). All games will be 50 minutes. The 5-6 year old game is broken up into 8-minute intervals to allow for extra water breaks.

VOLLEYBALL:

Ages 10-14: Fri. 5:00-7:00PM (First hour practice, Second hour gametime)

Equipment Recommended for kids: Knee pads. Games will be first to 25 with no game clock. Private 1 on 1 Basketball & Volleyball sessions are now available!

If interested, please email: liam.tabalon@usw.salvationarmy.org



Learn more at sd.kroccenter.org/athletics

Questions: liam.tabalon@usw.salvationarmy.org