

# APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 • Open Pickleball • Goal Coaching	2 • Open Pickleball • Cove Swim • Water Flow • Extra Gentle Yoga	3 • Senior Fit • Goal Coaching • Good Friday Service	4
5 • Easter Potluck • Worship Service	6 • Open Pickleball • Aqua Med • Balance and Mobility • Extra Gentle Yoga	7 • Open Pickleball • Yarn Connection • Cove Swim • Water Flow • Extra Gentle Yoga • Zumba Gold • Chair Yoga • Grief Release	8 • Open Pickleball • Goal Coaching • Aqua Med • Balance and Mobility • Senior Fit	9 • Open Pickleball • Cove Swim • Women's Refresh • Men's Bible Study • Water Flow • Extra Gentle Yoga	10 • Senior Fit	11
12 • Prayer Meeting • Worship Service	13 • Open Pickleball • Aqua Med • Balance and Mobility • Extra Gentle Yoga	14 • Open Pickleball • Yarn Connection • Cove Swim • Water Flow • Extra Gentle Yoga • Zumba Gold • Chair Yoga • Grief Release	15 • Open Pickleball • Goal Coaching • Aqua Med • Balance and Mobility • Senior Fit	16 • Open Pickleball • Cove Swim • Women's Refresh • Men's Bible Study • Water Flow • Extra Gentle Yoga • Strategic Financial Planning	17 • Senior Fit • Senior Field Trip: North Idaho Museum	18
19 • Prayer Meeting • Worship Service	20 • Open Pickleball • Aqua Med • Balance and Mobility • Extra Gentle Yoga	21 • Open Pickleball • Yarn Connection • Cove Swim • Water Flow • Extra Gentle Yoga • Zumba Gold • Chair Yoga • Grief Release	22 • Open Pickleball • Goal Coaching • Aqua Med • Balance and Mobility • Senior Fit	23 • Open Pickleball • Cove Swim • Women's Refresh • Men's Bible Study • Water Flow • Extra Gentle Yoga • Family Game Night	24 • Senior Fit	25
26 • Prayer Meeting • Worship Service	27 • Open Pickleball • Aqua Med • Balance and Mobility • Extra Gentle Yoga	28 • Open Pickleball • Yarn Connection • Cove Swim • Water Flow • Extra Gentle Yoga • Zumba Gold • Chair Yoga • Grief Release	29 • Open Pickleball • Goal Coaching • Aqua Med • Balance and Mobility • Senior Fit	30 • Open Pickleball • Cove Swim • Women's Refresh • Men's Bible Study • Water Flow • Extra Gentle Yoga	• Activities • Classes • Community • Ministry • Special Events	

**COMING SOON!  
REGISTER NOW!**

Check [krocda.org/hours](http://krocda.org/hours) for more information



**FRIDAY, MAY 15**  
Senior Field Trip  
Bowl and Pitcher Hike  
10am–4pm  
Member/Public: \$10

**WEDNESDAY, MAY 6**  
Kroc Dance Recital  
6–8pm  
Member/Public: \$10  
Purchase tickets online  
or at the box office



# RECOMMENDED CLASSES

## LAND

### EXTRA GENTLE YOGA:

Fitness Studio  
Mondays 2:30–3:20pm  
Tuesdays 2:30–3:20pm  
Thursdays 2:30–3:20pm

### ZUMBA GOLD:

Fitness Studio  
Tuesdays: Noon–12:50pm

### CHAIR YOGA:

Fitness Studio  
Tuesdays 1:15–2:05pm

### SENIOR FIT:

Gym  
Wednesdays 7:45–8:35am  
Fridays 7:45–8:35am

## AQUATICS

### AQUA MED:

Competition Pool  
Mondays 11–11:50am  
Wednesdays 11–11:50am

### BALANCE AND MOBILITY:

Cove Pool  
Mondays 9–9:50am  
Wednesdays 9–9:50am

### WATER FLOW:

Cove Pool  
Tuesdays 8–8:50am  
Thursdays 8–8:50am

# SPECIAL EVENTS

## FRIDAY, APRIL 3

Good Friday Service  
10am–2pm  
Self-led, peaceful service  
Free

## SUNDAY, APRIL 5

Easter Sunday Worship & Potluck  
9–10am  
Free. join us for our worship service and a potluck! You may bring something to share if you are willing and able.

## SUNDAY, APRIL 12–MAY 30

Mission Gym Possible  
Free, Sign up by April 3

## THURSDAY, APRIL 16

Strategic Financial Planning  
1:30–3:30pm  
Free

## FRIDAY, APRIL 17

Senior Field Trip  
Museum of North Idaho  
10am–2pm  
Member/Public: \$10

## THURSDAY, APRIL 23 FAMILY GAME NIGHT

BINGO!  
5:30–7pm  
Free

## TUESDAYS

April 7–May 5  
Grief Release  
6–8pm

# EVENTS

## REGULARLY SCHEDULED

### SUNDAYS:

Prayer Meeting:  
9:15–9:40am\*  
Worship Service: 10am

### MONDAYS:

Open Pickleball: 11am–2pm

### TUESDAYS:

Open Pickleball: 7:30–11am  
Yarn Connection: Noon–2pm  
Cove Swim\*\*

### WEDNESDAYS:

Open Pickleball:  
12:30–3:30pm  
Goal Coaching: 7:30–8:30am

### THURSDAYS:

Open Pickleball: 7:30–11am  
Women's Refresh:  
10:30am–12:15pm\*\*\*  
Men's Bible Study:  
10:30am–12:15pm\*\*\*  
Cove Swim\*\*

### NOTES:

\*Prayer Meeting will not be meeting on April 5 due to Easter Sunday.

\*\*Cove Swim exact hours may vary, check [kroccda.org/hours](http://kroccda.org/hours) for more information on swim times.

\*\*\*Men and Women's Bible Study will not be meeting on April 2.

## CLOSURES & ADJUSTED HOURS:

### Spring Break:

Mar 30–Apr 3, hours may vary from regular schedule.  
**Easter Sunday:** April 5, the facility will be closed with the exception of church activities.

### Competition Pool Closed:

Apr 17–19, the Competition Pool will be closed.

## COVE POOL ADULT ONLY SCHEDULE

### SUNDAYS:

Adult River: 2–2:30pm  
Adult Lap Pool: 2–2:30pm

### MONDAYS:

Adult River: 7–8am,  
9am–Noon, 4–6:30pm  
Adult Lap Pool: 10–11am,  
Noon–2pm

### TUESDAYS:

Adult River: 7–10am,  
Noon–2pm  
Adult Lap Pool: 10–11am,  
Noon–2pm

### WEDNESDAYS:

Adult River: 7–8am,  
9am–Noon, 5:30–6:30pm  
Adult Lap Pool: 8–9am

### THURSDAYS:

Adult River: 7–11am,  
Noon–2pm, 6–7:30pm  
Adult Lap Pool: Noon–2pm,  
7–7:30pm

### FRIDAYS:

Adult River: 7–8am,  
9am–Noon, 5–5:30pm  
Adult Lap Pool: 8–9am,  
5–5:30pm

### SATURDAYS:

Adult River: 7–10am,  
Noon–12:30pm, 2:30–3pm,  
5–6pm  
Adult Lap Pool: 7–9am,  
Noon–12:30pm, 2:30–3pm,  
5–6pm