



JOIN US

AT THE **KROC CENTER!**

WINTER 2025-26



SWIM • ICE SKATE • PLAY • CREATE • WORSHIP • LEARN • GET FIT



www.sd.kroccenter.org | 619.287.5762



RAY & JOAN
KROC CENTER
SAN DIEGO, CA

FITNESS & AQUATICS CENTER HOLIDAY HOURS

December 22-23	6:00 a.m. - 6:00 p.m.
December 24 - January 1	Closed

FITNESS CENTER/POOL HOURS

Monday-Friday	5:30 a.m. - 8:00 p.m.
Saturday/Sunday	8:00 a.m. - 4:00 p.m.

ARTS & EDUCATION BUILDING HOURS

Monday	10:00 a.m. - 12:00 p.m., 3:00 - 7:00 p.m.
Tuesday/Wednesday/Thursday	3:00 - 7:00 p.m.
Friday	3:30 - 7:00 p.m.
Saturday	10:00 a.m. - Noon
Sunday	CLOSED

OPEN PICKLEBALL

Sunday-Friday	10:00 - Noon
Sunday(Intermediate/Advanced)	8:00 - 10:00 a.m.

OPEN BASKETBALL

Monday	2:30 - 6:00 p.m.
Wednesday/Friday	7:00 - 8:30 p.m.
Sunday	2:00 - 4:00 p.m.

Court available for open use when not otherwise booked.

OPEN VOLLEYBALL

Wednesday/Friday	7:00 - 8:30 p.m.
Sunday Pickup	2:00 - 4:00 p.m.

CLIMBING TOWER

Thursday	3:30 - 5:30 p.m.
Saturday	10:00 a.m. - Noon

PLAYCARE (Ages 6 months – 11 years)

Monday-Friday	7:45 - 10:30 a.m. 4:30 - 6:45 p.m.
Saturday	8:30 - 10:30 a.m.

REC SWIM

Monday-Friday	2:30 - 5:00 p.m.
Saturday	12:45 - 4:00 p.m.
Sunday	1:15 - 4:00 p.m.

REC FIELD

CLOSED UNTIL JANUARY 10 FOR ANNUAL RE-SEEDING

Monday/Friday	5:30 a.m. - 12:00 p.m.
Mon/Tues/Thurs/Friday	1:00 - 7:30 p.m.
Saturday	1:00 - 4:00 p.m.
Sunday	8:00 a.m. - 4:00 p.m.

CORNER ZONE*

Monday/Friday	4:00 - 5:30 p.m.
Wednesday/Friday	10:00 - 11:00 a.m.

FAMILY RESOURCE CENTER

Closed from 11/27 through Tuesday, January 6, 2026.

CONTACT THE KROC

MAIN LINE: 619-287-KROC (5762)

ARTS & EDUCATION	619-269-1540
ATHLETICS & AQUATICS	619-269-1472
BIRTHDAY PARTIES	619-269-1414
DAY CAMP	619-269-1470
DONATIONS & SPONSORSHIPS	619-269-1428
FAMILY RESOURCE CENTER	619-269-1430
ICE ARENA	619-269-1504
CHURCH AT THE KROC	619-269-1536
MEMBERSHIP	619-269-1472
SPECIAL EVENTS	619-269-1551
THEATRE	619-269-1551
VOLUNTEER SERVICES	619-269-1424
YOUTH SPORTS LEAGUES	619-269-1461
YOUTH SCHOLARSHIPS	619-269-1430



***BE SURE TO CHECK OUR HOURS PAGE FOR SEASONAL UPDATES**

Did you know the Family Resource Center provides a food pantry, diapers, Christmas assistance, plus special events for our registered clients?

For more information



THE SALVATION ARMY KROC CENTER

**FAMILY
RESOURCE
CENTER**



BECOME A KROC MEMBER

TEEN	\$32 per month / Ages 12-17
YOUNG ADULT	\$37 per month / Ages 18-25
ADULT	\$52 per month / Ages 26-61
DUAL ADULT	\$95 per month / Ages 18-61 (same household)
SENIOR	\$48 per month / Ages 62+
FAMILY	\$105 per month / 2 adults, up to 6 dependents (same household)
2-ADULT FAMILY PLAY	\$126 per month / Ages 18-61 2 adults, up to 6 dependents (same household)
SINGLE ADULT FAMILY	\$85 per month / 1 adult, up to 6 dependents (same household)
1-ADULT FAMILY PLAY	\$106 per month / Ages 18-61 1 adult, up to 6 dependents (same household)

DAY PASSES

\$15 per day, per person / Ages 3-11

\$30 per day, per person / Ages 12+

Get access to the gymnasium, fitness center, public swimming, recreation field, and climbing tower. Day passes are available for purchase online or at the front desk. Please bring a photo ID when purchasing a day pass. This pass does not include ice skating.

MEMBERSHIP SCHOLARSHIPS

Individuals, families, seniors who cannot afford Kroc Center memberships may apply for a membership scholarship online.

For questions, please email
membership.scholarship@usw.salvationarmy.org

CHURCH AT THE KROC

Church at the Kroc offers a vibrant and inclusive community where individuals can grow spiritually and connect with others.

WORSHIP SERVICE

Sundays 10:00-11:00 a.m. / Rolando Room

COOKIES & FELLOWSHIP

Sundays 11:00 - 11:30 a.m. / Courtyard



WOMEN'S MINISTRIES

Sundays 11:30 a.m. - 12:30 p.m. / Rolando Room

THE OPEN TABLE

Tuesdays 6:00-7:00 p.m.
Rolando Room

January-March, May-July, September-November



BIBLE STUDY

Thursdays 6:00-7:00 p.m., Fireside Room

FAMILY PLAY PLANS

Benefits

- Access for up to 2 hours of playcare per day
- Exclusive Therapy Pool sessions for children 6 months - 5 years
- Monthly Parent & Me Enrichment Sessions (Launching February 2026)
- 10% off Day Camp
- \$5 rate for monthly Parents' Night Out Events

PLAYCARE (Ages 6 months – 11 years)

Adjusted monthly based on trends, groupx classes and program offerings.

Monday-Friday	7:45 - 10:30 a.m. 4:30 - 6:45 p.m.
Saturday	8:30 - 10:30 a.m.

CORNER ZONE*

Monday/Friday	4:00 - 5:30 p.m.
Wednesday/Friday	10:00 - 11:00 a.m.

THERAPY POOL TOT TIME (Ages 6 months – 5 years)

See Monthly Drop-In Activity Guide for hours



CONNECT WITH US!
[@KrocCenterSD](https://www.instagram.com/KrocCenterSD)



STAY CONNECTED

Text KROC to 619-841-7520 for mobile text alerts.

LEARN TO SWIM

GROUP & PRIVATE LESSONS AVAILABLE

Swim lessons will be changing times to accommodate working parents and district school schedules

PARENT & CHILD SWIM LESSONS

Ages 6-36 months



PRESCHOOL & YOUTH SWIM LESSONS

Ages 3-15

Intermediate/Advanced

TEEN SWIM LESSONS

Ages 13-17 Beginner/Intermediate



ADULT SWIM LESSONS

Ages 18+

Beginning/Intermediate/Advanced

WATER POLO DROP-IN CLINIC (AGES 8-15)

Mondays & Thursdays 6:00 - 7:00 p.m.

Single/Monthly Sessions Available

For individuals who are wanting to build swim endurance and are new to the sport.



Pre-water polo program that introduces kids to basic skills, teamwork, and confidence in the water through engaging activities and games.

YOUTH SPRING BOARD DIVE (AGES 8-15)

Sundays 11:00 a.m.- 1:00 p.m.

*See online calendar to confirm

Participants will learn core dryland and in-water fundamental skills. Available monthly or as single sessions.



SPLASH PALS

Sundays 11:45 - 12:45 p.m.

Thursdays 5:00 - 6:00 p.m.

A fun, beginner-friendly introduction to water polo that helps kids build confidence in the pool while learning basic game skills and teamwork!



YOUTH SPORTS LEAGUES



The Kroc youth sports instructional leagues teach and drill the fundamental (foundational) skills, and basic team play. Each practice will be a mini-camp emphasizing skill building and how to play the game the right way.

The leagues are designed for the players to have fun, and more importantly, take away impactful character development traits.



WINTER (JANUARY - MARCH 2026)

Cost: \$175.50 Members, \$195 Non-Members

Dates of session: January 12 - March 7, 2026

BASKETBALL (AGES 5-15)

Recommended equipment: athletic shorts and high-top sneakers.

All games will be 40 minutes in total with a 20 minute (always running clock) broken up into 2 halves. The 5-6 year old game will consist of two 18-minute halves and the clock will always run. Jerseys will be provided on game day.

SOCCER (AGES 5-15)

Recommended equipment: cleats and shin guards (Required).

All games will be 50 minutes. The 5-6 year old game is broken up into 8-minute intervals to allow for extra water breaks.

VOLLEYBALL (AGES 10-15)

Recommended equipment for kids: knee pads.

Games will be first to 25 with no game clock.

Private 1 on 1 Basketball & Volleyball sessions are available!

If interested in private lessons, please email: liam.tabalon@usw.salvationarmy.org

ACTIVITIES FOR EVERYONE!

KROC CENTER ACTIVITIES BY AGE

ACTIVITY		0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18+	Senior		
ARTS & EDUCATION	Church at the Kroc	0 - SENIOR																					
	Dance & Gymnastics Classes		1 - SENIOR																				
	Visual Arts									8 - 14													
	Music Classes								6 - SENIOR														
	Theatre Programs									8 - 18													
	STEAM Enrichment									8 - 14													
CAMP	Junior Leaders																15 - 17						
	Day Camp					4 - 14																	
ATHLETICS & AQUATICS	Climbing Tower					5 - SENIOR																	
	Fitness Center and Weights														12 - 17*						18 - SENIOR		
	Fitness Classes																	16 - SENIOR					
	Kroc Youth Sports Leagues					5 - 15																	
	Fitness Specialty Classes																	16 - SENIOR					
	Personal Training																	16 - SENIOR					
	Recreation Swimming	0 - SENIOR																					
	Swim Lessons	6 MONTHS - SENIOR																					
	Tiny Tikes			2 - 5																			
	Pickleball																	15+					
Volleyball												10+											
Playcare	6 MONTHS - 11																						
ICE	Drop-In Hockey																			18 - SENIOR			
	Ice Hockey Classes				3 - 14																		
	Ice Skating Classes				3 - SENIOR																		
	Public Ice Skating				3 - SENIOR																		
	Volunteer																	16+					

(*TEEN FITNESS ORIENTATION REQUIRED)

OPEN SWIM
SCHEDULE



GROUPX
SCHEDULE

*Including Youth Sports &
Adult Drop-In



CONNECT WITH US!
@KrocCenterSD



STAY CONNECTED
Text KROC to 619-841-7520 for mobile text alerts.

PERFORMING ARTS

Whether you are looking for beginning classes or a continuation into more advanced instruction, the Kroc Center Performing Arts Program is the right solution for you.

Our instructors are professional dancers, illustrators and musicians with years of experience teaching and performing. Kroc Performing Arts programs participate in various recitals throughout the year.

SESSION DATES:

November 24 - January 31
February 2 - March 28



DANCE: Ballet, Cheer, Hip-Hop, Gymnastics & Tumbling

MUSIC: Piano, Ukelele, Guitar & Voice

ACTING: Adult Improv, Kroc Junior Theatre

VISUAL ARTS: Artsy Crafts & Paint, Drawing, Clay & Paint, Weave & Sculpt

FAMILY ARTS & LITERACY NIGHT

Select Thursdays | 6:30 - 8:00 p.m.

JANUARY 22, 2026

Winter Stories with Marilynn McPhie

FEBRUARY 26, 2026

An Evening in Brazil:

Claudia Lyra and Thiago Winterstein

THEATRE CALENDAR OF EVENTS



SUPPORT OUR CENTER!

Every donation helps your community. Thank you!



KROC CENTER ICE ARENA

As the only year-round ice arena centrally located in the heart of San Diego, Kroc Center Ice offers learn to skate and learn to play hockey classes, youth and adult hockey leagues, figure skating, and more.

KROC CENTER ICE – OPEN PUBLIC SKATING

Admission & Skate Rental - \$24

Purchase Skating admission tickets online 48 hours in advance and save \$4.

Kroc Members - \$20 w/ Membership card - save \$4

Group Rate - \$17 for 20 or more skaters

**Skates are included.*

PUBLIC SKATE CALENDAR



“TRY IT” ICE SKATING

This is the perfect experience for first-time

skaters! Our “Try It” Beginning Skate class is a “drop-in” chance to try ice skating and learn more about Kroc Center Ice programs. Learn how to put skates on, get comfortable walking in skates, and take the ice for the first time. Our Skating School staff will be there to assist you! We encourage you to join our Skating School to continue lessons and further your skills in figure skating or hockey.

“Try It” Beginning Skate class: \$25

Evening & Weekend Options



WE’RE HIRING AWESOME PEOPLE

Our dedicated staff and volunteers are part of what makes The Kroc Center so special. Their commitment to serving others and creating a welcoming environment helps create a community.

**Applying for a position
here is easy!**



VOLUNTEER (AGES 16+)

Becoming a volunteer is easy—start by filling out a form with your interests. Staff will provide volunteer assignment details and any additional training to all active volunteers, as necessary. Please note, the intake process can take up to one month.

We are currently unable to accept any court-appointed Community Service volunteers.



KROC AFFINITY GROUPS

At the Kroc Center, we celebrate diversity, inclusion, and community by offering a range of affinity groups designed to bring people together.

Contact TK Nguyen at TK.Nguyen@usw.salvationarmy.org to learn more.



PICKLEBALL

Drop-in for this highly popular activity! Please bring your own paddle and balls. Standard open play structure will be adhered to with paddle system to note next players.

Sunday-Friday	10:00 - Noon
Sunday (Intermediate/Advanced)	8:00 - 10:00 a.m.

KROC SENIORS PARTY

Discover the joy of Kroc Senior Parties every 3rd Thursday at 12pm in the Rolando Room

Thursday, January 15
New Year, Renew You!

Thursday, February 19*
Arts (*Located at Corner Zone)

Thursday, March 19
Resource Fair



Looking for an action-packed, safe, and fun-filled way for your kids to spend school breaks?

Look no further than Camp Kroc, where campers ages 5-14 can rock climb, swim, create arts and crafts, participate in team building and STEAM activities, and more — all in one day!

PLAN AHEAD FOR YOUR SCHOOL BREAKS!

- **Winter Camp**
Week 1: December 22-23
(no camp 24, 25 & 26)
Week 2: December 29 - January 2
(no camp on Jan 1)
- **Single Day Camp:** January 5
- **MLK Jr. Camp:** January 19



SCHOLARSHIPS ARE AVAILABLE

Families who cannot afford Kroc Center youth class/ programs may apply for a scholarship through our Family Resource Center.

For questions, please email sdkroc.frc@usw.salvationarmy.org



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MAKING SPIRITS

Bright

CHRISTMAS AT THE KROC



Visit sd.kroccenter.org/christmas

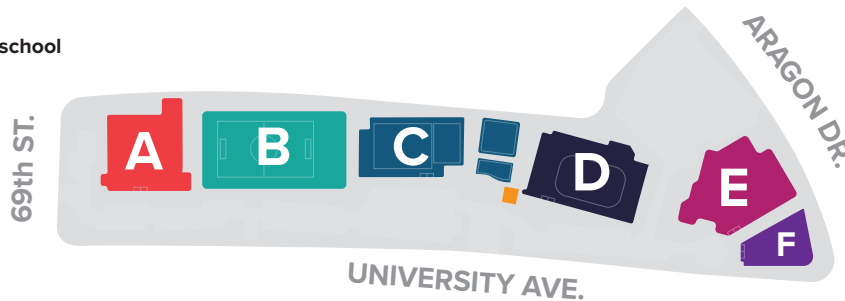
Building A

Corner Zone
Family Resource Center
Community Room
Administration
Children of the Rainbow Preschool

Recreation Field (B)

Building C

Wellness Center
Membership
Aquatics Center
Gymnasium
Playcare
Day Camp Office
Recreation Field Access



Mission Brew Coffee/Tower

Building D
Ice Arena

Building E

Joan B. Kroc Theatre
Rolando Room
Church at the Kroc
Band Room

Building F

Performing Arts Center
Fireside Room
Garden
Library

San Diego Regional Office
Crescent Learning Program

You're Invited

TO WORSHIP WITH US!

SUNDAYS | 10:00 A.M.

IN THE ROLANDO ROOM

TUESDAYS | 6:00 P.M.

THE OPEN TABLE IN ROLANDO ROOM
January-March, May-July, September-November

THURSDAYS | 6:00 P.M.

BIBLE STUDY IN FIRESIDE ROOM



CHURCH AT THE KROC

THE SALVATION ARMY KROC CENTER SAN DIEGO