

The Lanier Practice

Clinical | Consultation | Research | Human-Centered Design

Essential Agile & Scrum Resources

A curated guide to foundational readings for agile teams

01

The Agile Manifesto

agilemanifesto.org

The founding document of agile — four values and twelve principles on a single page. This is where every agile journey begins. Takes two minutes to read and sets the philosophical foundation for everything else.

02

The Scrum Guide

scrumguides.org

The official, definitive guide to Scrum by co-creators Jeff Sutherland and Ken Schwaber. Only 13 pages and free to download. Covers all the roles, events, and artifacts. The most referenced document in the Scrum world.

03

The Scrum Primer

scrumprimer.org

A short, readable, and concrete introduction that goes one level deeper than the Scrum Guide with practical detail and real-world examples. Free and available in multiple languages.

04

Scrum and XP from the Trenches

infoq.com/minibooks/scrum-xp-from-the-trenches-2

A beloved free mini-book by Henrik Kniberg, written from a practitioner's perspective — how Scrum actually works in real life. Conversational, honest about what's hard, and full of practical tips.

05

Atlassian Agile Coach

atlassian.com/agile

The most popular free web-based agile learning hub. Covers agile, scrum, kanban, sprints, retrospectives, and more in short, visual, well-organized articles. Great for exploring topics at your own pace.